

Minutes Tempe Family Justice Commission February 19, 2019

Minutes of the TEMPE FAMILY JUSTICE COMMISSION held on Tuesday, February 19, 6:00 p.m., at the Tempe Public Library – 2nd Floor Board Room, Tempe, Arizona.

(MEMBERS) Present:

Margaret "Peggy" Tinsley, Chair Angel Carbajal Patrick Foster Beatrice Kastenbaum Mary O'Grady Kristen Scharlau

(MEMBERS) Absent:

llene Dode, Vice-Chair William Graham Karyn Lathan Jill Oliver

City Staff Present:

Paul Bentley, Human Services Deputy Director

Guests:

Dana Cardenas, Tempe Fire Medical Rescue Lori Robinson, CARE7 Nitya Aggarwal, High School Student

Agenda Item 1 - Call to Order

Chair Margaret "Peggy" Tinsley called the meeting to order at 6:11 p.m.

Agenda Item 2 - Attendance

Agenda Item 3 - Public Appearances

Nitya Aggarwal

Agenda Item 4 - Review and Approval of January 15, 2019 Minutes

Commission Member Angel Carbajal noted he was not present at the January 15, 2019 meeting.

MOTION: Commission Member Kristen Scharlau moved to APPROVE the January 15, 2019 minutes as

SECOND: Motion Seconded by Commission Member Beatrice Kastenbaum; Motion passed on a 6-0 Vote AYES: Commission Members Angel Carbajal, Vice-Chair Ilene Dode, Patrick Foster, Beatrice Kastenbaum,

Mary O'Grady, and Kristen Scharlau

NAYS: None

ABSENT: Vice-Chair Ilene Dode, Commission Members William Graham, Karyn Lathan, and Jill Oliver

Agenda Item 5 - Chair Remarks

Chair Peggy Tinsley would like to review the Strategic Plan for the April meeting.

Agenda Item 6 – Trauma Informed Care Presentation – Lori Robinson, CARE7

- Trauma Awareness and Social Justice Presentation (attachment)
- From ACEs to Action Handout (attachment)

Agenda Item 7 – Review and Update Strategic Plan Accomplishments

1.0 Access to Justice/Safety

- 1.1 Family Justice Center (Tinsley) No update
- 1.2 Less Fear More Reporting (Scharlau)

2.0 Wrap Around Services

- ☑ 2.1 An EMS Liaison like A. Carbajal (Carbajal) COMPLETE
- 2.2 Supporting Next Steps: Re-Entry Program (Lathyn)
- 2.3 Trauma Informed Department Champions (Scharlau) No update
- 2.4 Better Use of Existing Resources/<u>Identify Partners/Identify Other Agencies Doing Trauma Informed Care in Tempe</u> [Combined Accomplishments] (Dode)

3.0 Training

- 3.1 Simulation Strategies (Kastenbaum)
- 3.2 Outreach and Training for Justice, Health Community, Public Officials (Oliver/O'Grady)
- 3.3 All Departments Use Organization Assessment Tool (Scharlau) No update
- 3.4 Supervisor Trained to Recognize and Respond to Traumatized Staff (Oliver) No update

4.0 Education & Opportunity

- 4.1 Education and Outreach No update
- 4.2 Outreach, Networking and Training Activities Community Member (Graham) No update
- 4.3 Identify the Populations that are Vulnerable (O'Grady)

Agenda Item 8 – Commission Member Updates

Agenda Item 9 – Confirmation and Tentative Attendance for March Meeting

Confirmed Absences:

- William Graham
- Kris Scharlau
- Peggy Tinsley

Agenda Item 10– Future Agenda Items – March 19, 2019

- Review and Update Strategic Plan Accomplishments
- Commission Member Updates
- Confirmation and Tentative Attendance for March Meeting

Agenda Item 11 – Adjournment

Meeting adjourned at 7:55 p.m

Next meeting will be on March 19, 2019

Minutes Prepared by: Melissa Placencia Reviewed by: Paul Bentley

Margaret Tinsley, Chair Tempe Family Justice Commission



Lori Robinson, MSW

City of Tempe Human Services Department

CARE 7



CARE 7





- Crisis Response Team
- **Tempe.** Victim Advocacy
 - YEMPS A
- Veterans Services
- Counseling Department



- High School Youth Specialists
- Trauma-Informed Care

Trauma-Aware Systems

• Realize the widespread impact of trauma

Recognize the signs and symptoms of trauma

 Respond by fully integrating knowledge about trauma into policies, procedures, and practices

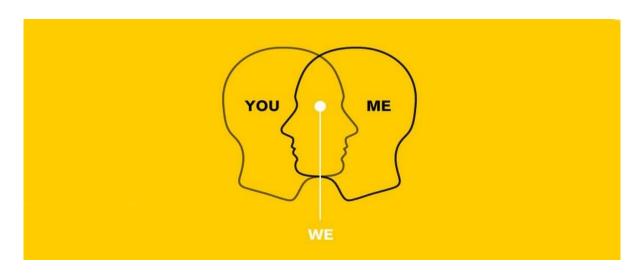


"In the beginner's mind there are many possibilities, but in the expert's mind there are few."

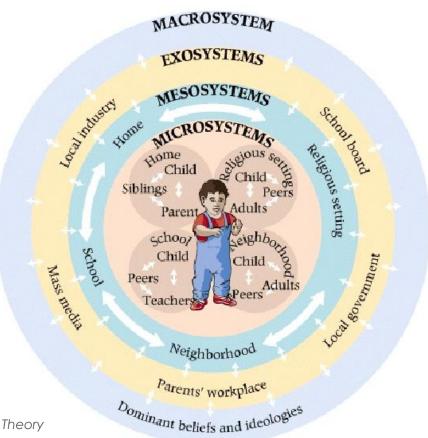
-Shunryu Suzuki

Ubuntu

"Humanity"
"I am because we are"



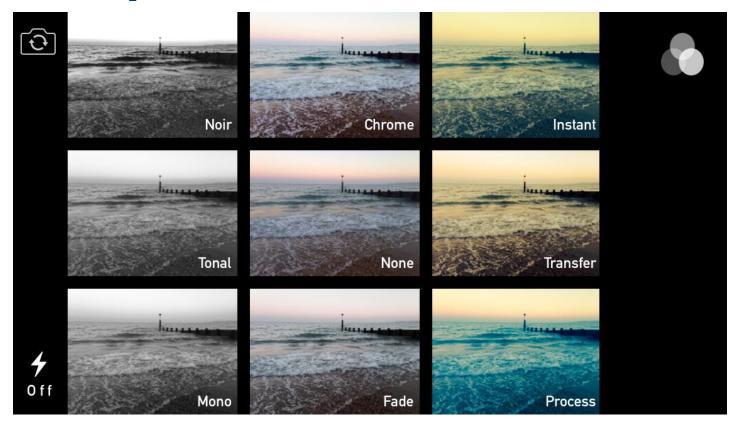
Ecological Perspective



Bronfenbrenner Ecological Systems Theory

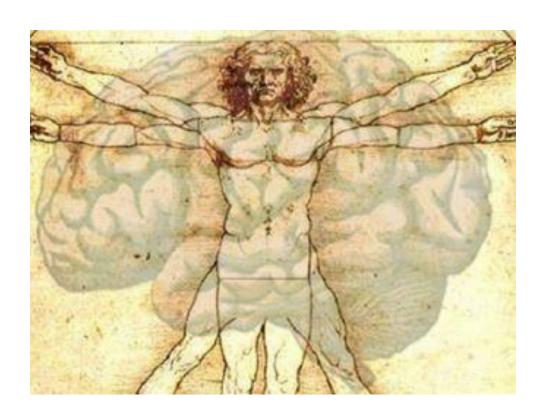
Experiences Shape Perspective

(Identity, Values, Beliefs, Safety, Trust)



Scientific Advances

are shifting the way that we understand human health and behavior



For Better or Worse

- Early experiences build brain architecture
- Serve and return interactions shape brain circuitry





Toxic Stress Derails Healthy Development

Prolonged activation of the stress response system in the absence of protective relationships.



Art: Keith Negley

Still Face Experiment



https://www.youtube.com/watch?v=apzXGEbZht0

HOPE = Relationships Heal



12

The Adverse Childhood Experiences (ACE) Study

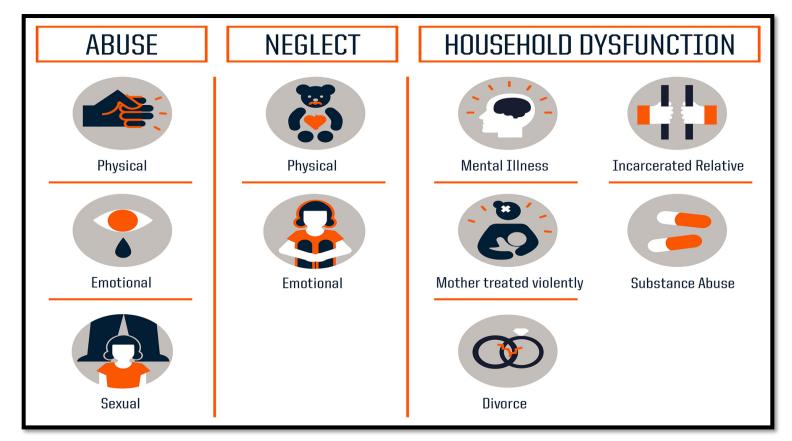




Adverse Childhood Experiences (ACE) Study

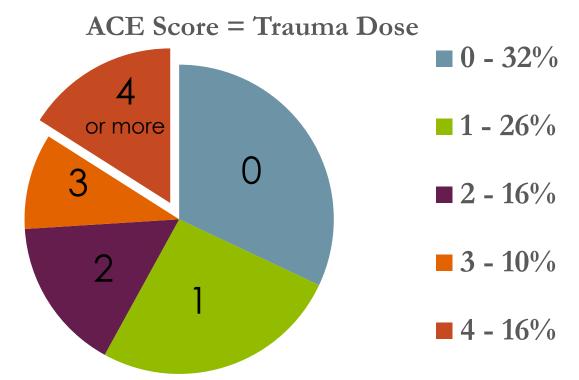
- 1995-1997, published in 1998
- CDC/Kaiser Permanente (Dr. Felitti and Dr. Anda)
- 17,421 participants
- Middle Class, predominately white, college educated

Adverse Childhood Experiences



Robert Wood Johnson Foundation

ACEs are Extremely Common



68 % of participants reported having at least one ACE

ACEs are Interrelated and have a Cumulative Stressor Effect



It is the number of different categories or the DOSE of stress, not the intensity of the event that impacts health outcomes.

Dong, M., Anda, R. F., Felitti, V. J., Dube, S. R., Williamson, D. F., Thompson, T. J., . . . Giles, W. H. (2004). The interrelatedness of multiple forms of childhood abuse, neglect, and household dysfunction. *Child Abuse & Neglect*, 28(7), 771-784.

Relentless Stress Increases:







Lack of physical activity



Smoking



Alcoholism



Drug use



Missed work

PHYSICAL & MENTAL HEALTH



Severe obesity



Diabetes



Depression



Suicide attempts



STDs



Heart disease



Cancer



Stroke



COPD



Broken bones

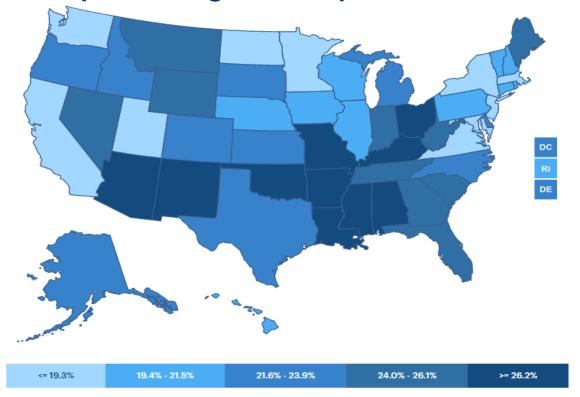
Original ACE Study Data

33% report no ACEs	51% report 1-3 ACEs	16% report 4-10 ACEs
With 0 ACEs	With 3 ACEs	With 7+ ACEs
1 in 16 smokes	1 in 9 smokes	1 in 6 smokes
1 in 69 is alcoholic	1 in 9 is alcoholic	1 in 6 is alcoholic
1 in 480 uses IV drugs	1 in 43 uses IV drugs	1 in 30 uses IV drugs
1 in 14 has heart disease	1 in 7 has heart disease	1 in 6 has heart disease
1 in 96 attempts suicide	1 in 10 attempts suicide	1 in 5 attempts suicide





Arizona ranks last as the state with the highest proportion of children 0-17 years of age that experienced 2 or more ACEs



Source:

. Child and Adolescent Health Measurement Initiative, National Survey of Children's Health, Data Resource Center for Child and Adolescent Health

1 in 5 children in Arizona have experienced 3 or more ACEs

National Survey of Children's Health, 2016



AZ Kids with 5+ ACES Would Fill State Farm Stadium



Why is the ACE Study Important?

ACEs are very common

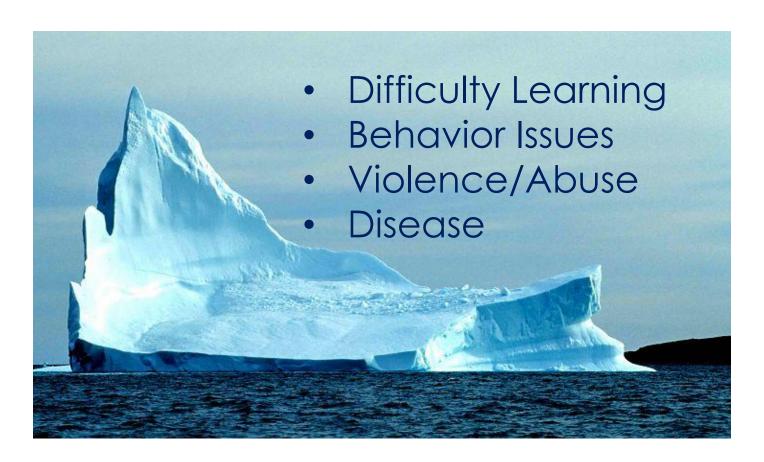
 ACEs are strong predictors of future health

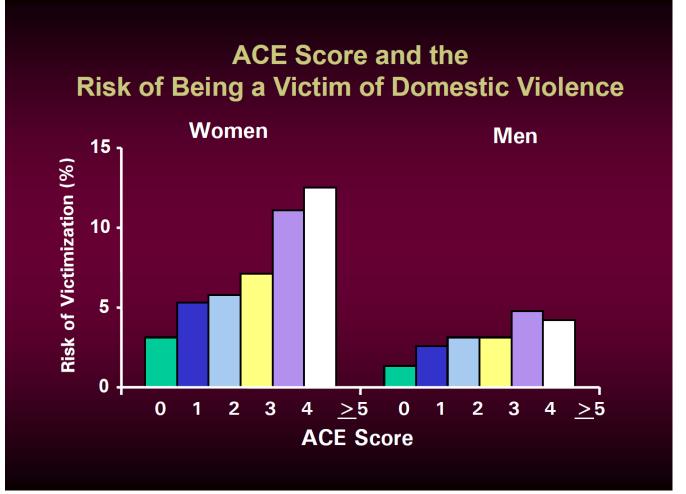


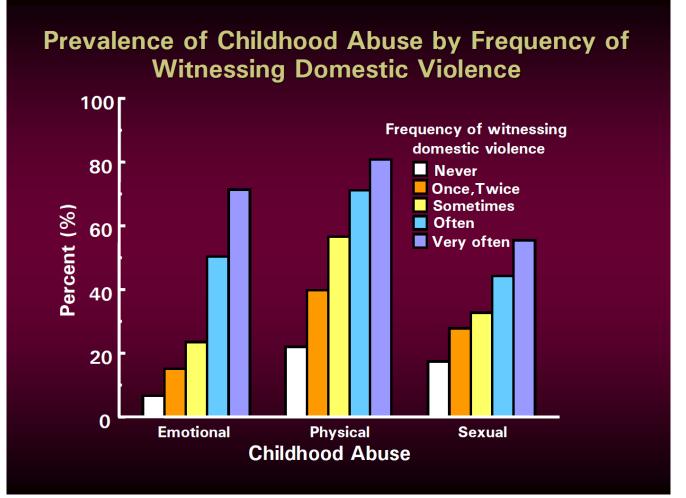
 Research gives us context – a framework for understanding behavior and health

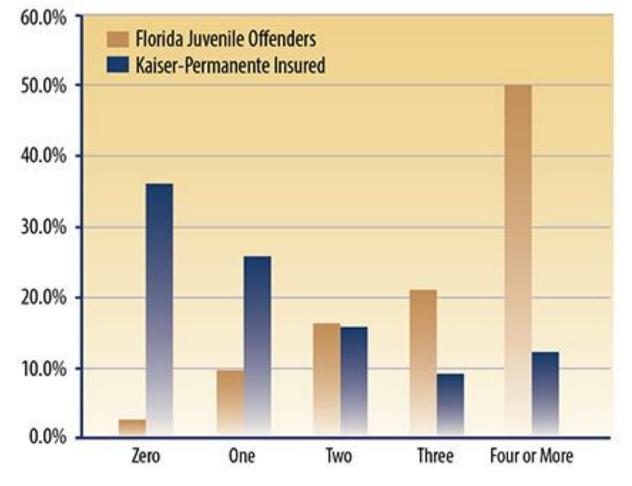
Science reduces stigma, shame and social taboo

What We See...



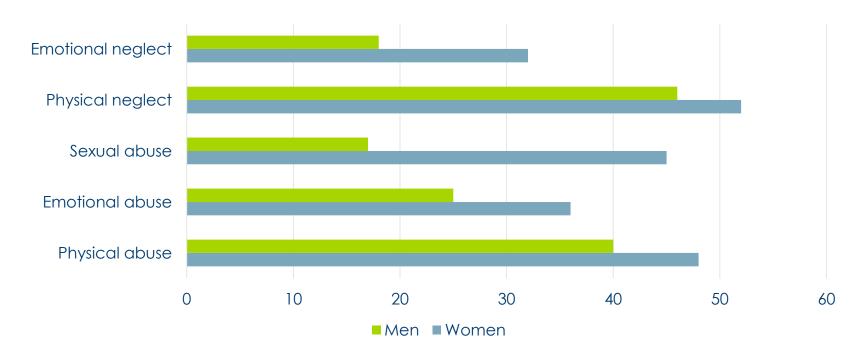






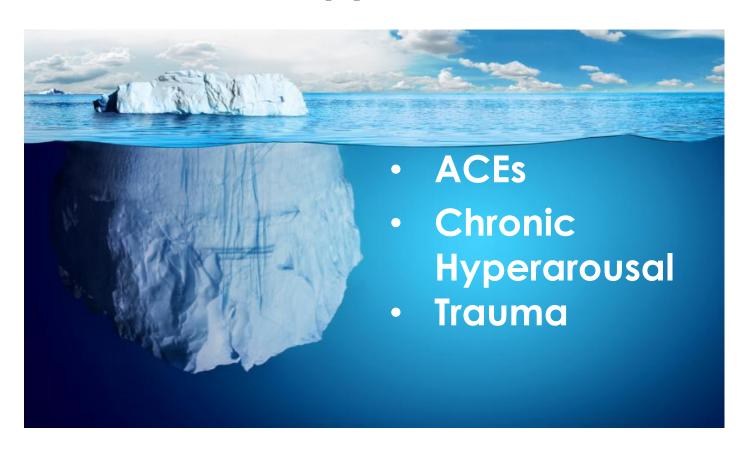
Baglivio, M. T., & Epps, N. (2015). The Interrelatedness of Adverse Childhood Experiences Among High-Risk Juvenile Offenders. Youth Violence and Juvenile Justice, 14(3), 179-198. doi:10.1177/1541204014566286

ACEs and Homelessness

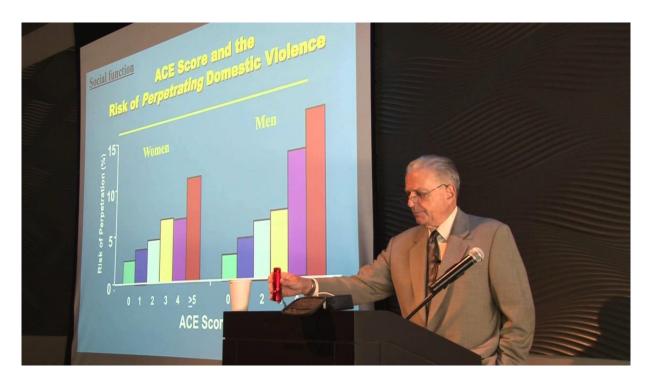


American Public Health Association: National Epidemiologic Survey of Alcohol and Related Conditions, United States, 2001-2002 and 2004-2005

What Happened First?



Not an excuse, rather an explanation...



Why? What is going on here?

 Impact of unhealthy coping mechanisms played out over time

 Impact of chronic, unrelieved stress on the brain and the central nervous system



Brief increases in heart rate, mild elevations in stress hormone levels.

Serious, temporary stress responses, buffered by supportive relationships.

Prolonged activation of stress response systems in the absence of protective relationships.

Body's Balancing System

(Autonomic Nervous System)

Regulates body processes automatically, without conscious effort



Fight, Flight, Freeze



Stress Cocktail

Cortisol

Reduces:

Hippocampal activity
Executive functioning
Sequential memory
Differentiation (reality)
Impulse control



Adrenalin

Increases:

Emotional memory
Sensory memory
Fear, anxiety, depression

Reduces:

Ability to focus
Sleep
Problem solving

Prefrontal Cortex – Executive Functioning

- Logic
- Reasoning
- Perspective
- Future thinking
- Planning
- Organizing
- Impulse control



Stressed Brains



Brain: HOT SYSTEM BEHAVIORS often the result of toxic stress and dysregulation

- Angry
- Defensive
- Distracted
- Fidgety
- Clingy
- Detached
- Irrational



Brain: COOL SYSTEM RESPONSES only possible when you can self-regulate

- Aware of Communication
- Pause before reacting
- Perspective and empathy
- Insight and judgment
- Moral awareness
- Identity



Adaptions/Mitigations

- Drinking alcohol
- Smoking tobacco*
- Sexual promiscuity
- Using drugs*
- Overeating/eating disorders
- Delinquent behavior, violence



*Note: nicotine and methamphetamines

are anti-depressants

Problems = Solutions

- May not be core problem
- They may be coping devices
- A way to feel safe or just better
- Dismissing as "bad habits, poor choices, or self destructive behavior" misses their purpose.

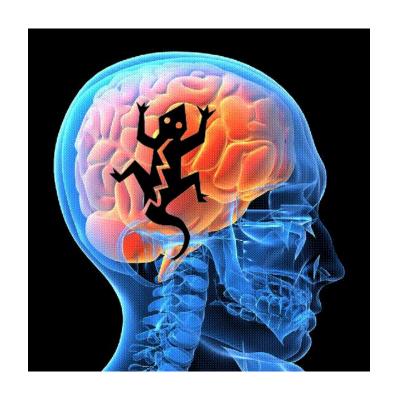


Trauma

is the result of



Toxic Stress Puts Our Survival Brain In Charge



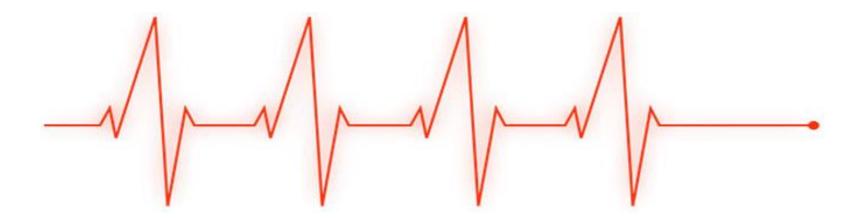






Protective Factor = CONNECTION

Relationships = Vital Sign



What Can I do?

- Safety
- Connection

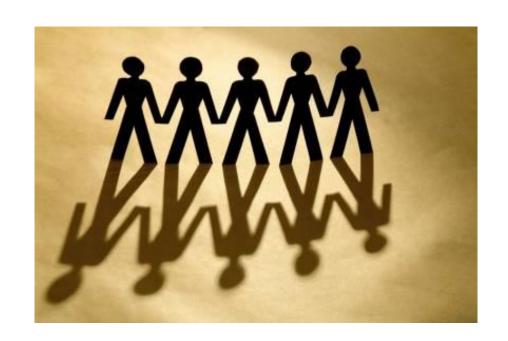


Ask first, what happened to you?

not

What is wrong with you?

Connection = Safety

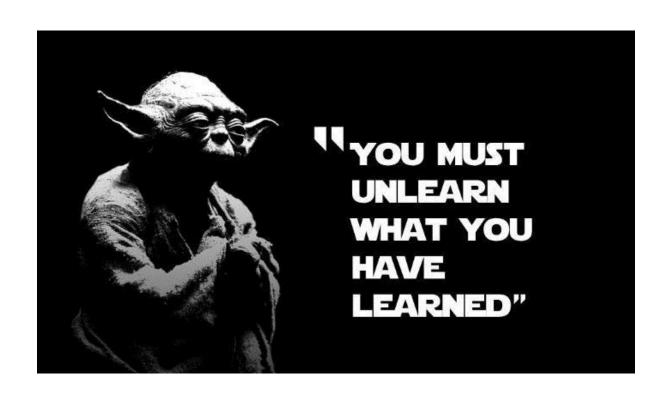


Principles of Trauma-Informed Care

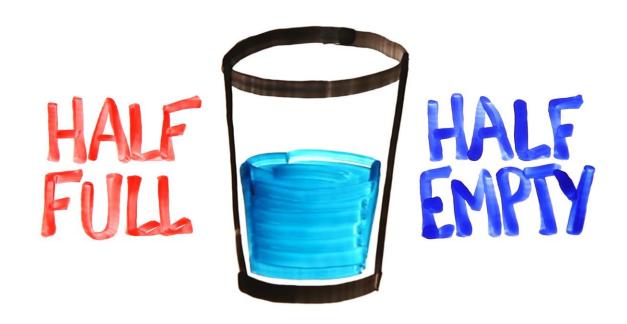
- Safety
- Trustworthiness and transparency
- Peer support and mutual self help
- Collaboration
- Voice and choice
- Cultural competency

Relational Wealth = Efficiency

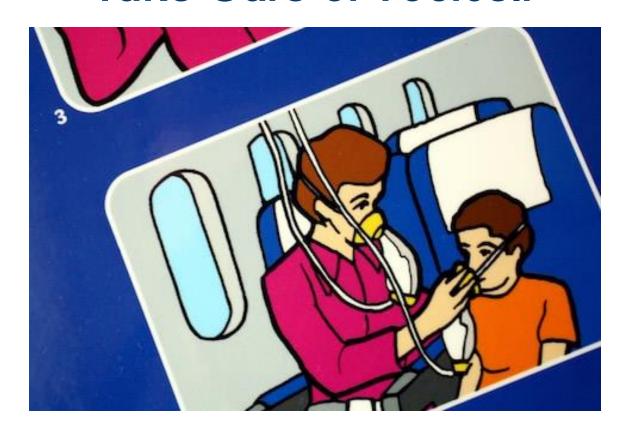




Strengths-Based Approach



Take Care of Yourself



Promoting Resilience

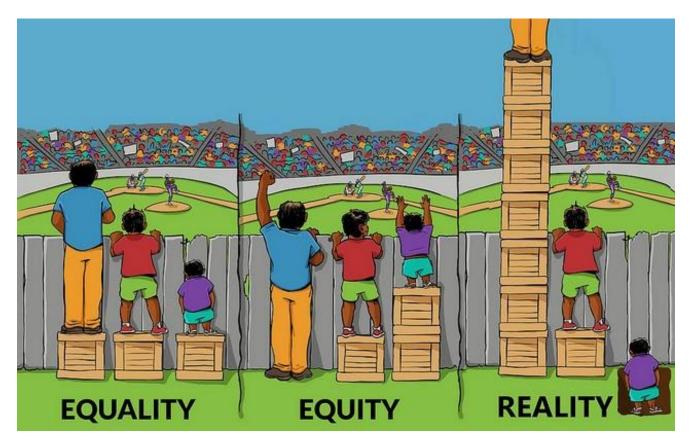
- Emotional Intelligence
- Help-seeking
- Personal Agency
- Optimism
- Humor
- Gratitude
- Relational wealth



Original ACE Study Data

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1 in 14 has heart disease	1 in 7 has heart disease	1 in 6 has heart disease	—
1 in 96 attempts suicide	1 in 10 attempts suicide	1 in 5 attempts suicide	

We choose how to resource our community!



Procedural Memory



The Backwards Brain Bicycle: Smarter Every Day https://video.search.yahoo.com/yhs/search?fr=yhs-itm-001&hsimp=yhs-001&hspart=itm&p=backwards+bicycle#id=1&vid=edef346451c97b78f6083b138866718b&action=click

ACEs can last a lifetime. . . but they don't have to

- Healing can occur
- The cycle can be broken
- Environments and relationships
 that promote safety and trust are
 the first step toward healing.



"I did then what I knew how to do.. Now that I know better, I do better.

-Dr. Maya Angelou





Lori Robinson, MSW

Lori Robinson@tempe.gov

This presentation is made possible through the generous support of the Arizona Criminal Justice Commission and the City of Tempe Human Services Department.



Online Resources



HOME ACES SCIENCE 101 GOT YOUR ACE SCORE? ACES IN ACTION ACES CONNECTION RESEARCH RESOURCES ABOUT

ACEs Connection

A Community-of-Practice Social Network

Join the movement to prevent ACEs, heal trauma & build resilience.



HOME / BLOG / DOMESTIC VIOLENCE FORUM ADDRESSES IMPACT OF TRAUMA, ABUSE [KNOX.VILLAGESOUP.COM]

Tag Archives: "domestic violence"

The trauma of domestic violence: reality v. the classroom

NOVEMBER 25, 2013
By Louise
Godbold
in COMMANIY
PREVENTION
PROGRAMS, OUR
STORKES, TRAUMA
Tape "DOMESTIC
VIOLENCE",
VIOLENCE AGAINST
WOMEN, VIOLENCE
AND ASUSE,
WOMEN



"I need to use a phone."

I had just arrived home yesterday and was surprised to find my neighbor — I'll call her Sarah (not her real name) — standing in my drive. Then I realized it was her car that was parked on the other side of the street. She must have been waiting for me.

"Has something happened?" I asked, but not really needing to, given the pallor of her face and the way she staggered as we walked towards my house.

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TWEETS

Building #Community #Resilience #Summit coming to #Virginia acesconnection.com/blog/petersbur... 1 day ago

#Resiliency Rally coming to #KansasCity!
acesconnection.com/blog/2017-resi... 1 day ago

Quit chasing after the drugs, says this addiction doc. Focus on childhood trauma, people can heal. bit.ly/2pajERf 4 days ago

Domestic violence forum addresses impact of trauma, abuse [Knox.VillageSoup.com]

SAMANTHA SANGENITO O 10/21/16 @ 4:00 AM



Post

Add Comment

Manage Blog Post

Online Now

Current Visitors: 610 (15 members, 595

And And

Collections

Resources

> ACEs Science 101

Resources

Academic Pediatric Association

Arizona Trauma Institute

Arizona Youth Survey, ACJC, 2016

Bronfenbrenner Ecological Systems Theory

Center on the Developing Child, Harvard University https://developingchild.harvard.edu/

Childhood Trauma: Changing Minds https://changingmindsnow.org/

Dr. Sandra Bloom. The Sanctuary Model http://www.sanctuaryweb.com/

Dr. Nadine Burke Harris: Ted Talk and her book, The Deepest Well

Felitti, Vincent et al. ACE Study. Journal of American Medicine. 1998

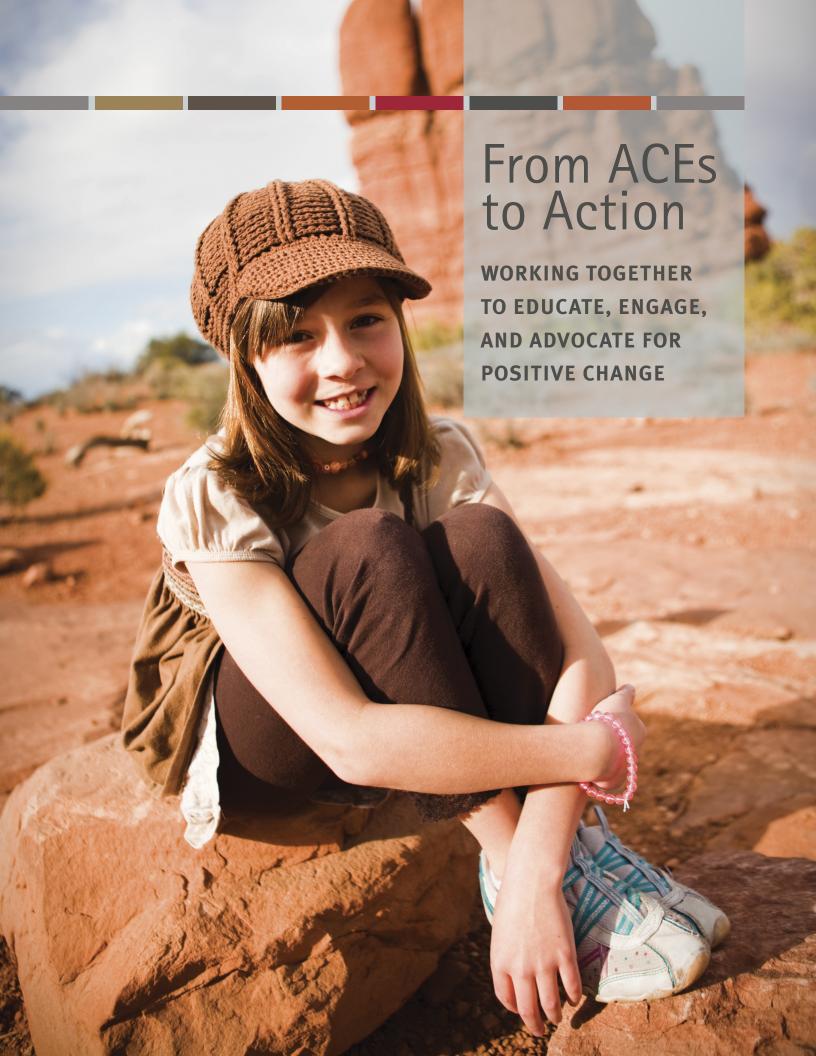
International Association of Trauma Professionals

National Child Traumatic Stress Network – <u>www.nctsnet.org</u>

National Survey of Children's Health

Robert F. Anda www.RobertAndaMD.com

SAMSHA- Trauma Informed Approach and Systems https://www.samhsa.gov/nctic/trauma-interventions









Arizona's future prosperity begins with recognizing that our youngest residents must get what they need today to become the adults who will strengthen our communities and build our economy tomorrow.

Recent advances in the science of early childhood development offer a blueprint for ensuring kids get what they need for healthy development. We now know that the early years are a time when the brain is building itself from the ground up, and that stable, responsive relationships with caring adults at home and in the community are the building blocks needed for a solid foundation.

Unfortunately, not all children enjoy the kinds of experiences that most benefit their development. Many encounter what are known as ACEs, or Adverse Childhood Experiences. These can include things like physical and emotional abuse, neglect, caregiver mental illness, and household violence that can damage the brain's developing architecture and change the way a child learns, solves problems, and relates to others—putting Arizona's future well-being at risk.

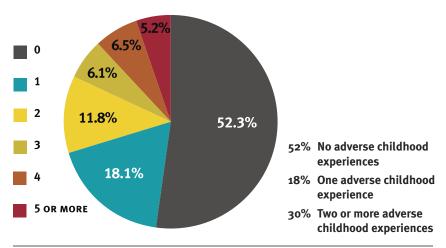
The impact of ACEs is serious and costly. The more ACEs a child experiences, the more likely he or she is to suffer from conditions like depression, heart disease and diabetes, poor academic achievement, and substance abuse later in life. ACEs happen to kids of all backgrounds, ethnicities, and races. They occur at all income and social levels and can affect anyone and happen anywhere.

ACEs in Arizona

ACEs are common in Arizona. In fact, 48%—nearly half—of Arizona's children have experienced at least one ACE. And 18%—nearly one out of five—have experienced three or more.

Children with special health care needs experience more ACEs: 64% of children with special health care needs have experienced at least one ACE by the time they turn 18 compared to 44% of children without special health care needs.

Co-Occurrences of ACEs Among Arizona's Children

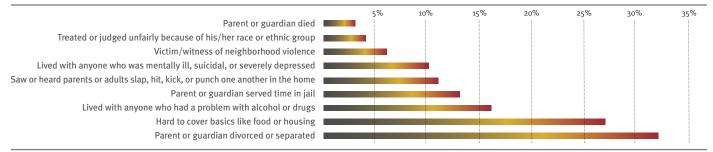


Arizona Department of Health Services. Adverse Childhood Experiences (ACEs) in Arizona. September 2018.

Data source: 2016 National Survey for Children's Health. Data Resource Center for Child and Adolescent Health.

According to recent findings, Arizona ranks *last* in the country as the state with the highest proportion of children ages 0-17 who have experienced two or more ACEs. Parental separation or divorce and economic hardship are the most common ACEs reported in Arizona.

Prevalence of ACEs Among Arizona's Children



Arizona Department of Health Services. Adverse Childhood Experiences (ACEs) in Arizona. September 2018. Data source: 2016 National Survey for Children's Health. Data Resource Center for Child and Adolescent Health.

Building Community Resilience

Assuring safe, stable, nurturing relationships and environments for all children is essential for Arizona's future prosperity. That is why it is key to improve the health and well-being of children, families, and communities across the state by working to address the interconnectedness of adversity within a family and within a community.

Think of a developing child like a tree and the environment in which he or she is raised like soil. When a tree is planted in poor soil, it is starved of the nutrients necessary for it to thrive. Adverse community attributes such as a lack of safe and affordable housing, community violence, systemic discrimination, and limited access to social and economic mobility compound one another, creating an adverse environment and negative cycle of worsening soil that results in withered leaves. The leaves on the tree are similar to the "symptoms" of ACEs.

When childhood adversity occurs in a context of an adverse community environment, these stressors can concentrate and become even more toxic to a child's development and long-term health. That's why community resilience is an essential factor in improving health outcomes.

What We Can Do

We know that resilience—or the ability to move forward in the face of adversity—can protect an individual from the accumulation of stress due to adverse childhood experiences. The question is whether we will approach our challenges with a "can do," rather than a "can't do," attitude.

These strategies can make a difference in Arizona:

- Prevent ACEs by reducing sources of stress in people's lives. This can happen by helping to meet families' basic needs or providing other services.
- Foster strong and responsive relationships between children and caregivers.
- Help children and adults build core life skills to help buffer the effects of toxic stress.
- Strengthen family economic security and make high-quality health care, child care, behavioral health care, and education available to children in need.
- Provide the kinds of experiences in early care, education, and family support settings that will help parents and provide sturdy foundations for children's development.
- Invest in and support programs that provide the resources and support shown to prevent or ameliorate conditions known to produce toxic stress.
- Share information about ACEs with friends, family, teachers, physicians, and state and national leaders.









The Arizona ACE Consortium

The Arizona ACE Consortium is working to raise awareness about the lifelong impacts of ACEs and to support initiatives aimed at preventing or mitigating their impact. Founded in 2007, the Consortium has grown into a network of more than 2,000 individuals and organizations and more than a dozen Consortium work groups. Their efforts include:

- Training tens of thousands of people across the state on ACEs, toxic stress, and ways to promote resilience.
- Growing the Arizona Trauma-Informed Faith Community Network into more than 800 passionate individuals and organizations. In February 2018, the Resilient Church conference held in Glendale, Arizona, was the first faith-based conference focused on ACEs and trauma-informed care.
- Creating trauma-sensitive Arizona schools.
- Creating a trauma-informed community through the Southern Arizona Trauma Informed Network.
- Including ACE education and trauma-informed practice requirements in state contracts with providers.

The Consortium promotes ideas, policies, and practices that reduce and prevent childhood adversity in order to create a strong and productive Arizona, where good health is available to all.

For More Information

- ACEs Connection: acesconnection.com
- Arizona ACEs in Action: acesconnection.com/q/arizona-aces-in-action
- A National Agenda to Address Adverse Childhood Experiences: cahmi.org/wp-content/uploads/2017/10/aces_agenda.pdf

The Arizona ACE Consortium is a collaboration of these community partners, committed to making sure that all families have the opportunity to raise healthy children from the start, so that every child has the opportunity to thrive.











































































































































Injury Prevention Center, Strong Families

Phoenix Children's Hospital

1919 E. Thomas Road, East Building, Room 1617 | Phoenix, AZ 85016 Office: 602.933.3342 | Fax: 602.933.3356 | phoenixchildrens.org Follow us on twitter at twitter.com/kidsstaysafe

FJC Power & Duties:	Accomplishment title (what):		
Training	3.2 Outreach and Training for Justice, Health Community, and Public Officials		
Intent (why): To become a Trauma Informed City	Start Date: October 2019 End Date: December 2019		
Implementation steps (how)	Who	When	Where
Identify people or organizations within each targeted group (justice, health community, public officials) for outreach and training.	O'Grady/Oliver with input from FJC and City staff	November 2018	Provide proposed list to staff for input and discuss proposed list at Nov. FJC meeting
 Determine dates and times and proposed locations for trainings; develop list with addresses and names of invitees based on list developed under #1 above. POTENTIAL LIST: A. Justice Tempe Municipal Court Kevin Kane, Presiding Judge 		January 2019	Report to FJC at January meeting
104 E. Fifth Street Tempe, AZ 85281 Notes: According 2018 Report, the Court has 3 judges, 2 commissioners and 35 staff.			

	l I	
Tempe City Prosecutors Office		
140 E. 5 th Street, Suite 303		
Tempe, AZ 85281		
480-350-8280		
Tempe Victim's Services (Care 7)		
University Lakes Justice Court		
University Lakes Justice Court 201 E. Chicago St.		
Chandler, AZ 85225		
602-372-3400		
Judge Tyler Kissell		
Constable Karyn Lathan		
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		
Kyrene Justice Court		
201 East Chicago St.		
Chandler, AZ 85225		
602-372-3400		
Judge Sharron Sauls		
Constable Kent Rini		
Other: county prosecutors, superior court, probation, defense bar?		
Ddi f		
B. Health		
Di Ticulti		
Tempe St Luke's Hospital		
1500 S. Mill Avenue		
	L L	

Tempe, AZ 85281 480-784-5500 Jim Flinn, CEO ASU Health Services P.O. Box 872104 Tempe, AZ 85287-2104 480-965-3349 Stefanie Schroeder, Medical Director/Chief of Clinical Staff Mountain Park Health Center 1840 East Broadway Road Tempe, AZ 85282	
480-927-1046 Contact? C. Public officials Members of City Council (and key staff?)	
County Supervisor for Tempe area? Rep. Isela Blanc (Legislative District 26) Arizona House of Representatives 1700 West Washington Pheonix, AZ 85012 iblanc@azleg.gov	
Rep. Athena Salman (legislative district 26) 1700 West Washington Phoenix, AZ 85012 asalman@azleg.gov 602-926-4858	
Sen. Juan Mendez (LD26)	

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<u>imendez@azleg.gov</u>			
602-926-4124			
Rep. Mitzi Epstein (legislative district 18)			
1700 West Washington			
Phoenix, AZ 85012			
mepstein@azleg.gov			
602-926-4870			
002 320 1070			
Rep. Jennifer Jermaine (legislative district 18)			
1700 West Washington			
Phoenix, AZ 85012			
jjermaine@azleg.gov			
602-926-3199			
Sen. Sean Bowie (LD18)			
sbowie@azleg.gov			
602-926-3004			
D. Education	Ÿ		
Tempe Elementary School District Governing Board			
Patrick Morales			
Patrick.morales@tempeschool.org			
480-730-7439			
Monica Trejo			
Monica.trejo@tempeschools.org			
480-730-7437			
100 / 30 / 13/			
Teresa Devine			
Teresa.devine@tempeschools.org			
480-7830-7438			
400-7030-7430	1		

Rochelle Wells Rochelle.wells@tempeschools.org 480-730-7440 **Charlotte Winsor** Charlotte.winsor@tempeschools.org 480-730-7436 Tempe Union High School District Governing Board Governing Board Contact: June Reppe: jreppe@tempeunion.org; 480-839-0292 X 11010 **Board Members** Berdetta Hodge bhodge@tempeunion.org Brian Garcia bgarcia@tempeunion.org Andres Barraza abarraza@tempeunion.org Michelle Helm mhelm@tempeunion.org Sandy Lowe slowe@tempeunion.org Kyrene School District Governing Board Michael Myrick

mmyrick@kyrene.org Kevin Walsh kwalsh@kyrene.org John King johnking@kyrene.org Michelle Fahy mfahy@kyrene.org Margaret Pratt mpratt@kyrene.org **Charter Schools in Tempe? Arizona State University** Target specific colleges: MLF Teachers College, School of Transformation and Social Work And target staff: Advisement, retention ASU Police-- Patrick Other? Tempe Chamber of Commerce? People serving on City boards and commissions (Library board) POTENTIAL DATES, TIMES, LOCATIONS OF TRAININGS?

 Specific dates, times and locations to be determined with groups interested in training; preferably training will be on-site at the participating group. all training and outreach to be done in coordination with Care 7. Note that Care 7 already has strong contacts with K-12 schools in Tempe and with Mountain Park Health Center. Also already works closely with Tempe Municipal Court. 			
3. Send letter from chair of FJC (?) or email to people and	City staff	February 2019	Report to FJC at February
organizations inviting them to training programs.		-	meeting
CRIMINAL JUSTICE DRAFT letters (could use separate letters to each recipient)			
Individual letters to Justices of the Peace, constables, Maricopa County Attorney's office (need appropriate department head), superior court presiding criminal, presiding juvenile, adult probation, juvenile probation?			
Dear :			
This letter is to inform you of the work that the City of Tempe and Tempe's Family Justice Commission are doing to serve victims of domestic and sexual violence and to encourage your organization to take advantage of opportunities for training on trauma-informed care.			

Tempe is fortunate to have the CARE 7 Crisis Response Team, a group of dedicated and professionally trained staff and community volunteers who provide 24-hour, on-scene, crisis intervention services in Tempe. CARE 7 also educates individuals and organizations on practices that are critical to assisting victims of trauma.

CARE 7 is one important participant of the Tempe
Family Justice Commission whose mandate from the Tempe City
Council includes assisting the City with training opportunities for
criminal justice personnel and health care providers. The Family
Justice Commission includes representatives from the ASU
faculty, non-profits, health care providers, the legal community,
the Tempe police department, private citizens, as well as Care 7.
The Commission's priorities include supporting efforts to
provide more outreach and education so Tempe becomes a
"Trauma Informed City." Related to this, the Commission hopes
to work toward reducing the fear associated with reporting
crimes of domestic and sexual violence so there is more
reporting and victims receive the assistance they need.

Because your organization is a critical part of the criminal justice community in Tempe, we encourage you to take advantage of the training opportunities available to make sure victims receive the support they need and to learn more about the services available in Tempe. Please call _______ to discuss a training that would meet your organization's needs or to learn more about the services that Care7 provides to victims.

We look forward to collaborating with you on these important issues. HEALTH CARE -- DRAFT letters to Tempe St. Luke's and ASU Health Services (could use separate letters to each) Tempe St Luke's Hospital 1500 S. Mill Avenue Tempe, AZ 85281 480-784-5500 Jim Flinn, CEO **ASU Health Services** P.O. Box 872104 Tempe, AZ 85287-2104 480-965-3349 Stefanie Schroeder, Medical Director/Chief of Clinical Staff Dear This letter is to inform you of the work that the City of Tempe and Tempe's Family Justice Commission are doing to serve victims of domestic and sexual violence and to encourage your organization to take advantage of opportunities for training on trauma-informed care. Tempe is fortunate to have the CARE 7 Crisis Response Team, a group of dedicated and professionally trained staff and community volunteers who provide 24-hour, on-scene, crisis intervention services in Tempe. CARE 7 also educates

individuals and organizations on practices that are critical to assisting victims of trauma. CARE 7 is one important participant of the Tempe Family Justice Commission whose mandate from the Tempe City Council includes assisting the City with training opportunities for criminal justice personnel and health care providers. The Family Justice Commission includes representatives from the ASU faculty, non-profits, health care providers, the legal community, the Tempe police department, private citizens, as well as Care 7. The Commission's priorities include supporting efforts to provide more outreach and education so Tempe becomes a "Trauma Informed City." Related to this, the Commission hopes to work toward reducing the fear associated with reporting crimes of domestic and sexual violence so there is more reporting and victims receive the assistance they need. Because your organization is a critical part of the Tempe health care community, we encourage you to take advantage of the training opportunities available to make sure victims receive the support they need and to learn more about the services available in Tempe. Please call to discuss a training that would meet your organization's needs or to learn more about the services that Care7 provides to victims. We look forward to collaborating with you on these important issues.

PUBLIC OFFICIALS -- DRAFT letters

Joint letter to all legislators serving Tempe (coordinate with Tempe intergov relations)?

Dear

This letter is to inform you of the work that the City of Tempe and Tempe's Family Justice Commission are doing to serve victims of domestic and sexual violence and to encourage your organization to take advantage of opportunities for training on trauma-informed care.

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Justice Commission includes representatives from the ASU
faculty, non-profits, health care providers, the legal community,
the Tempe police department, private citizens, as well as Care 7.
The Commission's priorities include supporting efforts to
provide more outreach and education so Tempe becomes a

	FJC		staff and Care 7
4. Conduct two training programs to targeted groups	Care 7 w/support of	June 2019	Locations determined by City
We look forward to collaborating with you on these important issues.			
we can schedule another time that is convenient for you.			
at. Please RSVP by contacting If this date and time don't work for you but you are interested in learning more,			
Tempe Family Justice Commission on Friday			
attending a meeting with representatives of Care 7 and the			
the related training and services available in Tempe by			
encourage you to learn more about trauma-informed care and			
Because of your work as a state legislator, we			
reporting and victims receive the assistance they need.			
crimes of domestic and sexual violence so there is more			
to work toward reducing the fear associated with reporting			

5. Report on response to	outreach letters and participation in	O'Grady/Oliver with	August 2019	Complete draft report by		
training programs	training programs		training programs			August 1, 2019; review at the
		7 and City staff		following FJC meeting.		
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6. Determine additional ad	ction based on results from outreach	FJC	September 2019	At September FJC meeting		
and training so far.			FJC meeting			
Coordinator:	Collaborators or partners	Evaluation measures	Budget	Next meeting date		
Team Members: Jill Oliver Mary O'Grady	Care 7; FJC; others to be identified as part of Step 1above	Number of participants in training programs; number other responses to outreach letter; number of people reached through outreach letters.				

F	IC Power & Duties:	Accomplishment title (v	what):	
E	ducation & Opportunity	4.3 Identify Populations that are Vulnerable to Being Victim		rable to Being Victims
		of Domestic Violence	, Dating Violence	, Sexual Assault,
		Stalking and Sex Traf	ficking, Including	Offenders, and
		Develop Strategies to	Engage with The	em
In	tent (why):	Start Date: November 2018		
To	have less fear and more reporting	End Date: September 2019		
Im	plementation steps (how)	Who	When	Where
1.	Develop a comprehensive list of populations that are	O'Grady with input from	November 2018	Submit draft list to staff
	vulnerable of being victims of the offenses within the	FJC and staff		for discussion at
	mission of the FJC and identify those particularly at risk of			November FJC
	not reporting;			meeting
2.	Develop a list of public or private organizations and	O'Grady with input from	January 2019	Submit list to staff for
	programs within Tempe that (1) provide services to the	FJC and staff		discussion at
	identified populations; (2) are likely to have contact with a			November FJC
	significant number of people within the identified			meeting
	populations; (3) may be helpful in engaging with people			
	within the identified groups.			
Vu	Inerable Populations			

Women		
LGBTQ		
Undocumented Immigrants		
Mentally ill		
Young people		
Homeless people		
Non-English speakers		
People at Risk of Not Reporting		
Same as above		
Women who don't work outside the home/people financially dependent on abuser		
People who know the abuser(?)		
Public and Private Organizations that (1) provide services to the vulnerable populations and people at risk of not reporting; (2) are likely to have contact with significant number of people within the identified populations; and (3) may be helpful in engaging with people within the identified		
groups.		
Schools – all levels, public and private		
Tempe Community Action Agency – variety of social services		

Youth sports leagues not affiliated with schools — Little League? YMCA? Tempe Parks & Recreation? Club leagues?	
After school programs (Kidzone, YMCA, other private providers?)	
Parent associations at schools	
Student associations/clubs/sororities and fraternities – all levels of education	
Boy scouts, girl scouts and similar organizations	
Government agencies – DCS, DES, probation	
Religious organizations	
Medical providers	

3.	Develop a proposed stra	ategy for engaging vulnerable	O'Grady with input from	May 2019	Submit draft to staff for
	populations to promote safety and increase reporting that		FJC and City staff		discussion at May FJC
	includes at least (1) social media and the internet; (2) a				meeting.
	media strategy that inclu	ides at least one news article and			
	one television news stor	y; (3) at least 2 in-person programs			
	annually at public schoo	ls in Tempe; (4) at least 1 in-			
	person program at anoth	ner organization; (5) at least 1			
	collaborative program be	etween Tempe and ASU.			
4.	Consider strategies to m	nake it easier for victims to report	FJC	June 2019	June FJC meeting
	and access services.				
5.	Approve strategies for e	ngaging with vulnerable	FJC	August 2019	August FJC meeting
	populations and making it easier for victims to report and				
	access services.				
Co	ordinator:	Collaborators or partners	Evaluation measures	Budget	Next meeting date
Te	am Members:		Adoption of a strategy	•	
			for engaging vulnerable		
			populations that can be		
			implemented in 2020.		

Trauma Informed / focused Resources in Tempe area

Resources	Address	Phone Number
Care 7	City Hall, 31 E. 5 th St Tempe, AZ 85281	(480)350-4311
Crisis Preparation & Recovery	2120 S McClintock Dr #105 Tempe, AZ 85282	(480)804-0326
Find Your Shine	4700 S Mill Ave Tempe, AZ 85282	(480)815-3211
One n Ten	1101 N Central Ave #202 Phoenix, AZ 85004	(602)400-2601
ASU STIR Office	Socialwork.asu.edu/stir	
EMPACT THS	914 S 52 nd St Tempe, AZ 85281	(480)736-4949
Dragon Fly International Therapy	3231 South Country Club Way Suite 111, Tempe, AZ 85282	(480)370-7630
Rosewood Intensive Outpatient	950 W Elliot Rd Suite 201 Tempe, AZ 85284	(480)303-0844
The Heart of the Matter	2885 N Price Rd Chandler, AZ 85224	(602) 750-2215

EMPACT-SPC Crisis & Trauma Healing Services

Crisis Hotline 480-784-1500 1-855-785-1500

Sexual Assault Hotline 480-736-4949 1-866-205-5229

Rally Point 24-Hour Hotline for Veterans & Active Duty Military

Through Phoenix Vet Court

Navigator Crisis Transition

Trauma Healing: Crisis Team; Counseling; Groups; EMDR; Yoga training

Supportive Housing

HOME – Housing Opportunities & Meaningful Employment (SMI)