# connecting tempe

MARCH 1, 2016

THROUGH
PEOPLE,
PARKS &
PROGRAMS



# SPRING INTO SOMETHING NEW IN TEMPE!

Spring is swinging back into the desert, and that means it's about that time for spring cleaning, spring training, and yes, spring classes! Decide what you want to spring into this season by exploring the brand new Spring 2016 <a href="Tempe Opportunities Brochure">Tempe Opportunities Brochure</a>. Sign up now for one or more of Tempe's classes, leagues and workshops and get ready to check "try something new" off your to-do list. Registration is now open for all valley residents and most classes begin the week of March 14.

Not only are Tempe's classes taught by quality instructors, they are also convenient and easy on the wallet – helping you make the most of this spring. Here is a snapshot of some of our most exciting new and continuing classes for all ages.



**Tots** 

#### **Petite Painters**

Studies show that children who create art read better and get better grades in science and math. Experience the creative process and embrace self-expression while learning basic art concepts in this imaginative program. Various materials and techniques will be used as children explore the great masters and create art in their style.

#### **Toddler Tumbler Bugs**

Does your child love jumping, bouncing and tumbling at home? With their parent's help, toddlers will roll, balance, bounce, hop, jump and enjoy other safe motor development activities such as animal walks and obstacle courses. Parent involvement is required.

#### **Sportball; Multi-Sport**

Certified Sportball coaches use developmentally appropriate methods to introduce, practice and refine the skills and concepts involved in hockey, soccer, baseball, basketball, volleyball, football and more. The Sportball methodology builds confidence and reinforces the benefits of teamwork in a uniquely fun and creative way.







#### **Youth**



#### **Fitness and Dance**

Studies show that physical fitness is a great means to get the brain energized for learning. Our classes teach strong foundations of game play and fitness in an energetic, supportive and noncompetitive environment. The goal for these classes is to give children and positive introduction to fitness. Explore the world of dance while learning a variety of dance styles.

#### **Science Art Lab**

Gain an understanding of concepts that will take you beyond the normal art class. As you paint, learn how we perceive colors the way we do and the chemistry behind paint mixing. Why does clay harden? Discover the answer while making a pinch pot. Explore evaporation, magnetism and how these and other scientific methods can be applied to many areas of art.

#### **LEGO Animation with iPod Touch**

Create amazing movies; the idea will be yours, the sets will be built by you and you will operate the iPod to bring your masterpiece to the big screen. Whether it's a re-creation of an epic pirate battle scene or an adventure in another galaxy, this class is the ultimate opportunity to play with LEGO and bring them to life using the art of Stop-Motion Animation.





#### **Teens**



#### **NEW! Teen Center Garden**

Join the Tempe Mayor's Youth Advisory Commission to plant, seed and transplant sprouts in the Teen Center while learning about urban gardens in the desert. Find out how much food a group of teens can produce in a few months.



### Rock-Climbing; Climbers Only for Teens

Build self-confidence while enjoying the excitement and challenge of rock-climbing in an indoor, safety-oriented environment. Class includes climbing, bouldering, rappelling, belaying and safety-awareness. Participants need to arrive 15 minutes prior to the class start time to be fitted for shoes and to complete a waiver form.

#### **NEW! Ted Talk Shop**

Celebrate Teen Tech Week and kick back after school while we vote on the most inspiring and entertaining Ted Talks. Help us map out a Ted Talk series that will inspire us to do something great in our community. And of course, we will provide food and refreshments. Don't know what a Ted Talk is? Check it out at www.ted.com.



#### Adults 18+

#### NEW! Exercise: Jump Start with Joan

Start your morning with Joan, certified personal trainer extraordinaire. Emphasis is on 'effective form' while building muscle strength. Low intensity cardio with stretching exercises using flex bands, free weights and stability balls. Results include enhanced overall body strength, increased endurance and greater bone density. Suitable for all fitness levels.



#### NEW! Cooking Classes; Chef Monica O'Brien

Monica O'Brien brings 17+ years of industry expertise to Tempe as its new chef. An instructor within the Culinary Arts Department at Scottsdale Community College, Chef O'Brien has also operated a private catering and personal chef business. Sample every dish in these enjoyable and informative classes.



#### Adults 50+

#### **Eat Smart, Live Strong**

Taught by Nutrition
Education Professionals,
this class will include
gentle exercise,
instruction on healthy
food choices and a
cooking demonstration
with samples. Each
participant will take home
recipes and a free gift.



### NEW! Internet, Email Scams and Security

Internet and email provide convenient and powerful communication tools. Unfortunately, they also give scammers an easy means for luring potential victims. To protect yourself from scams, you should understand what they are, what they look like and what you can do to avoid becoming a victim.



#### **Families**

#### **Free Art Friday**

This family-friendly event gives the opportunity to create art, learn about music and movements and have a great time! This program features different art projects each month that explore various themes. It is not necessary to register for these free, leisurely mornings of activities; light refreshments included. Each event takes place at the Edna Vihel Activities Center.



#### March 18

The Green and the Gold 9:30–11:30 a.m.

#### **April 15**

Everything with Wings 9:30–11:30 a.m.

#### May 20

Making Music 9:30–11:30 a.m.



#### **Adapted Recreation**

Tempe's Adapted
Recreation Program
provides a variety of
classes, leagues and social
events for individuals with
intellectual and
developmental disabilities.

#### **Special Olympics Volleyball**

A great sport for all ability and skill levels. Practices will focus on athletes learning the fundamental skills of volleyball and in turn, using those learned techniques in scrimmages and matches. Practices held at Aspire Volleyball Gym, 8350 S. Kyrene Rd. #107.



#### **Karaoke and Game Night**

Come and sing your favorite songs at karaoke, play pool in the billiards room or play ping pong. We have a wide variety of karaoke music to choose from, or you can bring your own music on a CD or mp3 player. Those requiring assistance must come with his/her own aide.



#### **Aquatics**



### Aquatics High Intensity Interval Training (H.I.I.T.)

All levels High Intensity Interval Training class providing a high cardiovascular workout with low impact on joints. It's the ideal way to cross-train from your high impact/hard-hitting land workouts and still get a great cardio and strength session. Push through the water and not just float your way through it. Come out and try some plyometric squats, round house kicks and speed bag punches. If you can't stay afloat, use a noodle for support behind your back.



#### <u>Tennis</u>



#### **Cardio Tennis**

This fast-paced tennis aerobics class is full of tennis drills and games set to music. It's a great workout or all ability levels. Class fees are based on the number of classes held during the six-week sessions.

#### Ready to register? Here's how:

- 1. Online at www.Tempe.gov/Brochure
- 2. In-person at one of the following City of Tempe facilities:

Recreation Administration Office
Edna Vihel Activities Center
Pyle Adult Recreation Center
Kiwanis Recreation Center
Escalante Multi-Generational Center
North Tempe Multi-Generational Center

4. Mail your registration to: Class Registration, 3500 S. Rural Road, Tempe, AZ, 85282.

For more information, contact Recreation Services Administration at 480-350-5200.

### DISCOVER THE SCIENCE AT GEEKS NIGHT OUT

The City of Tempe has partnered with the Google, Downtown Tempe and PCL Construction to present the 5th annual Geeks Night Out from 4:30–7:30 p.m. on Thursday, March 3 at Tempe City Hall, 31 E. 5th St.



This fusion of Science, Technology, Engineering, Arts and Mathematics (STEAM) is an experience not to be missed. Enthusiasts and geeks of all ages are invited to Discover the Science at the free, family-friendly event. Tempe Geeks Night Out is an Arizona SciTech signature event featuring a variety of interactive STEAM displays and hands-on activities hosted by students from local Tempe elementary, middle and high schools, colleges and universities, as well as representatives from community organizations, City departments and local businesses.

There will be music and entertainment, as well as the annual <u>Phoenix Comicon</u> costume parade and contest.

Click <u>here</u> for a sneak peak of Science the Tempe Way, a compilation of what's to come at the 2016 Geeks Night Out.

Find out more about Geeks Night Out at <a href="https://www.Tempe.gov/Geeks">www.Tempe.gov/Geeks</a> or visit our <a href="https://www.Tempe.gov/Geeks">Facebook page</a>.





### SWING INTO SPRING TRAINING AT TEMPE DIABLO STADIUM

Nothing can beat a nice afternoon outdoors watching baseball, rooting for your favorite spring training team... except for the feeling of helping a great organization while you're cheering on those Angels!

The Angels' 2016 spring training home opener will be played at 1:10 p.m. on Thursday, March 3 against the Oakland A's.

Join the Tempe Diablos for their annual charity game at 1:10 p.m. on Monday, March 7 when the Los Angeles Angels of Anaheim take on the Chicago White Sox. All proceeds from ticket sales, parking, concessions and merchandise from the game will go directly to the

Tempe Diablos local charities. For more information on the Tempe Diablos Organization, visit <a href="https://www.tempediablos.org">www.tempediablos.org</a>.

Tickets are on sale now at <a href="www.ticketmaster.com">www.ticketmaster.com</a> or you can purchase them at the Tempe Diablo Stadium Ticket Window beginning Feb. 20. Tempe Diablo Stadium is located at 2200 W. Alameda Drive. Visit <a href="www.tempe.gov/diablo">www.tempe.gov/diablo</a> for information on games, tickets, stadium hours, directions and parking.

Fans can park and get a free ride to the stadium with the return of the Spring Training Trollies. Game attendees are encouraged to park at one of four Downtown Tempe Park-It locations, board the trolley and let someone else

do the driving. The trolley will circulate between the Mill Avenue District and Tempe Diablo Stadium every 20 minutes beginning two hours before game time, until 30 minutes after the game ends on all home game days. Taking the Spring Training Trolley also allows fans to spend time in the Mill Avenue District before and after the game. Instead of sitting in event traffic, spend your time enjoying a nice lunch, dinner, drinks or even some shopping at more than 100 restaurants, bars and shops. The trolley stop is located at 5th St. and Mill Avenue Light Rail Station.



### **LOUD V**

Before PA systems existed, outdoor concerts relied heavily on brass instruments. This Saturday, March 5 from 5-8 p.m., we're going old school for the LOUD V Concert. Join us at the <a href="Tempe">Tempe</a> History Museum for the celebration of the big, bold sound of brass music.

The annual free, family-friendly outdoor concert will feature performances by the Salt River Brass Quintet, Phoenix Trombones and Village Blasting Club. Additionally, there will be a variety of Food Trucks with delicious food and beverages available for purchase, as well as arts and craft projects for the little ones to enjoy.

Tempe History Museum offers free events and programs throughout the year. Be sure to visit <u>Tempe</u>. gov/Museum to learn more.



### **SHOW TEMPE HOW MUCH YOU CARE**

Each year, Tempe Cares focuses on a different need within the community. Established in 1991 and organized by the Tempe Cares Committee of Tempe Leadership, the Tempe Cares day brings together resources and volunteers to transform the appearance of Tempe's neighborhood and community spaces, helping to improve the quality of life for everyone in Tempe.

The 2016 Tempe Cares project will return to its roots of supporting neighborhood revitalization by assisting homeowners located within the Escalante/Victory Gardens area starting at 8 a.m. on Saturday, March 5. Volunteers will help begin or complete projects for homeowners in the area including painting homes, cleaning alleys, covering graffiti, cleaning/painting projects in Escalante Park and more.

This one-day event is a great way to get involved and make a difference in our community. If you are interested in participating, call 480-736-4281 or email <a href="mailto:TempeCares@gmail.com">TempeCares@gmail.com</a>.

Tempe Cares is also currently looking for owner-occupied homes for additional projects, volunteers and sponsors. If you are interested, please email Committee Chair Bill Blair at <a href="mailto:bblair@totaltransit.com">bblair@totaltransit.com</a>.





### TEMPE'S AARP EXPERIENCE CORPS SEEKS VOLUNTEERS

Thousands of experienced adults across the country are working to make a difference in their communities through the **AARP Experience Corps** program. If you are an adult age 50 or older, learn how you can join them! Attend a Tempe AARP Experience Corps information session from 10-11 a.m. on one of the following dates:

Wed., March 30, Tempe Public Library, 3500 S. Rural Rd.

Tues., April 19, Westside Multigenerational Center, 715 W. 5th St.

Tues., May 17, Tempe Public Library, 3500 S. Rural Rd.

Tues., June 14, Tempe Public Library, 3500 S. Rural Rd.

Experience Corps volunteers work in 10 Tempe Elementary School District schools and the Boys & Girls Club's Ladmo Branch, providing one-on-one early literacy tutoring to young students. Volunteers do not need any special skills, just a willingness to share their experience, time and patience. Comprehensive training, excellent support services and orientation will be provided.

For details about the Volunteer Information Sessions or Tempe's AARP Experience Corps program, visit www.Tempe.gov/ExperienceCorps or contact Rebecca Bond at 480-858-2464 or Rebecca Bond@tempe.gov.



## **SUMMER CAMP IN TEMPE**

It's about that time to start making summer plans for your kids to ensure they stay active and engaged between school sessions. Tempe offers fantastic summer camps in a wide variety of subjects and convenient time-frames so you're sure to find something that's a perfect fit for your child. Registration for most camps begin April 1.

Check-out the new <a>Spring</a> 2016</a> <a>Tempe</a> Opportunities Brochure and the Summer Camps web page for a preview of Summer Camps.



### SEND YOUR KIDS TO HOP OVER TO THE ANNUAL **EASTER EGG HUNT**

Children ages 10 and under are invited to join in the fun at the 7th annual Tempe Community Easter Egg Hunt on Saturday, March 26 at Kiwanis Park, on the north soccer field. There will be two hunts — one for ages 5 years and under and another for ages 6-10 years. Children must be accompanied by an adult and are encouraged to bring their own basket or sacks to collect the eggs, which will be redeemed for prizes. Each child will receive a prize.

Additional activities, such as face painting, games and arts and crafts will start at 8 a.m. The Easter Egg Hunt begins promptly at 9 a.m. Participants are encouraged to arrive early and be ready when the start is announced. A special visit from the Easter Bunny is also likely!

The free, family-friendly event is produced by the Kiwanis Club of Tempe, with the assistance of the Tempe High School Key Club and ASU CKI Club. For additional information, please visit\_ www.kcot.org.



### EARNED INCOME TAX CREDIT AWARENESS DAY

Tempe's free tax preparation service helps qualified taxpayers put money back in their pockets with earned Income Tax Credit. The Volunteer Income Assistance program, coordinated by the Tempe Community Council, is a service available to individuals and families who made less than \$54,000 in 2015, seniors and persons with disabilities

Starting Saturday, Jan. 30, IRS-certified VITA tax preparer volunteers are available on a first-come, first-serve basis at Gracie Village, 1540 E. Apache Blvd. on

Saturdays, 9 a.m. – noon; Wednesdays and Thursdays, 5–7 p.m. through April 9; with a closure March 5–12 for spring break.

Participants must be prepared with all documents for review when they show up. A list of what to bring is available online at: <a href="https://www.tempecommunitycouncil.org">www.tempecommunitycouncil.org</a>. For those without access to a computer, Tempe Public Library has a bank of public computers with librarians to assist in accessing the TCC website.

Contact Cindy Kominska at <a href="mailto:cindy-kominska@tempe.gov">cindy-kominska@tempe.gov</a> or 602-803-2016 with any questions or concerns.





To receive up-to-date information about exciting events and opportunities happening between Connecting Tempe newsletters, become a fan of Tempe Opportunities on Facebook.

### **SAVE THE DATE**

Thursday, March 3

**Geek's Night Out** 

4-7 p.m.; Tempe City Hall

Thursday, March 3

Tempe Diablos Spring Training Home

Opener - Angels vs. Oakland A's

1:10 p.m.; Tempe Diablo Stadium

Saturday, March 5

**Tempe Cares Day** 

Saturday, March 5

**LOUD V** 

5-8 p.m.; Tempe History Museum

Monday, March 7

**Spring Training Charity Game - Angels vs. White Sox** 

1:10 p.m.; Tempe Diablo Stadium

Monday, March 14

**Spring 2015 Classes Begin** 

Friday, March 18

**Free Art Friday** 

9:30-1:30 a.m.; Edna Vihel Activities Center

Wednesday, March 30

**Experience Corps Volunteer Information Session** 

10 a.m.; Tempe Public Library

Saturday, April 9

Military and Veteran Women's Expo

9 a.m.; Tempe Public Library

City of Tempe
PLAY LEARN LIVE GROW

www.tempe.gov/recreation