ARE YOU OR SOMEONE YOU KNOW A VICTIM OF DOMESTIC ABUSE?



Abuse can take many forms

Physical

Being shoved, grabbed, exit blocked

Financial

Funds withheld, spending monitored

Emotional

Being threatened or humiliated, feeling confused

Verbal

Constant criticism, being ridiculed & called names

Sexual

Pressured or forced sex



The City of Tempe's CARE 7 team is here for you today

Safety planning

Shelter information

Connection to community resources

Orders of protection

Assistance with criminal justice process

Counseling & support groups

Emotional Support

Alternative trauma healing services

Yoga, art and music, support groups, family support

Visit: **tempe.gov/CARE7** or call **480-350-8004**





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