

Photo by Michael Williams

Fall 2024

Clark Park Community Center and Pool

1730 S. Roosevelt St. Tempe, AZ 85281

Contact Information

Front Desk (480) 350-5208

(480) 350-5203

Email: ClarkInfo@Tempe.gov

Facility Hours:

Monday-Thursday 8:30am-9pm Friday & Saturday 8:30am-5pm Sundays—Closed

Holiday Hours

Sept 2 Labor Day Noon to 6pm Oct 14 Indigenous Peoples' Day Closed Nov 11 Veteran's Day Closed Nov 28 Thanksgiving Day Closed Nov 29 Day after Thanksgiving Closed Week of Dec 23 & Dec 30 Close at 5pm

Dec 25 Christmas Day Closed

Jan 1 New Year's Day Closed



Pool Info

Visit us Online! www.tempe.gov/clark

Beat the heat year round at Clark Pool!







Admission Fees (Lap & Open Swim):

Under 2 years: FREE

2-12 years: **\$0.75**

13+ years: **\$1.25**

10 Admissions Membership 13+ years: \$12*

*Good for 30 Consecutive days

Lap & Open Swim (July 29-Dec 7)

Mon./Fri./Sat*.

11:30am-2:30pm

Tues./Thurs.

4:30-7:30pm

*Slide only available on Saturdays

Times subject to change due to Tempe School Events

Drop-in Water Fitness Fees:

30-Day Unlimited Membership: \$46

30-Day 8 Admission Membership: **\$40**

30-Day 4 Admission Membership: \$20

Drop-in Fee: \$7

Valid at Clark & Kiwanis Pools

Water Fitness

Saturdays

10:15-11:15am

Labor Day 9/2 Open 1-5pm

POOL CLOSED THE FOLLOWING DATES

Monday, October 14

Monday, November 11

Thursday, November 28

Friday, November 29

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Facility Rentals

Clark Park Community Center has 4 beautiful classrooms available for your next event.

Baby Showers — Birthday Parties Pool Parties — Community Meetings Graduation Parties — Family Reunions



Room reservation rates start at \$5 per hour for Tempe Residents

Rentals Include:

Tables and Chairs Access to TV Bluetooth Speakers Sink in every room Sliding Glass Doors, with access to park



Visit Tempe.gov/Clark Or call 480-350-5521

Clark Crochet Circle

September 10 - October 8 November 19 - December 10

6:30-8:30pm

Drop-In: \$5 per day

Bring your current crochet project to work on and socialize at the Clark Crochet Circle. Ages 10+ with adult.

Crochet Instructor will be available for questions, but previous crochet experience is recommended.

Arts in the Parks

Clark Park Oct 22 5:30-7:30pm



Photo by Billy Hardiman

For more information please call: 480-350-5287
Tempe.gov/artsintheparks

Sports Equipment







The Clark Park Community Center offers a variety of sports equipment for complementary check out with ID:

Basketballs

Volleyballs

Footballs

Horseshoes

Frisbees

Croquet Set

Spike Ball Set

Soccer Balls

Wiffleballs& Bat

Dodgeballs

Sports equipment for use at Clark Park during business hours.

Toddler Classes at Clark



12:15-12:45 p.m.

Martial Arts; Little Tykes Lim Karate

Fun, physical, structured, positive and disciplined. Benefits include self-confidence, listening and how to follow directions. Self-defense is taught through fun drills and games. Uniform can be purchased from instructor \$60. Shoes required. Bring a water bottle. Email

limkaratefma@gmail.com or call 602-525-8472. Fee: \$70.

81454	3-5 yrs W/Th	9/4-9/26	5-5:30 p.m.
81455	3-5 yrs W/Th	10/2-10/30	5-5:30 p.m.
81456	3-5 yrs W/Th	11/6-11/27	5-5:30 p.m.
81474	3-5 yrs W/Th	12/4-12/12	5-5:30 p.m. (Fee \$35)



Stretch-n-Grow Yoga Stars

Introduce your child to yoga with simple poses, engaging songs, props and stories. Class is designed to help kids develop body awareness, build strength and independence. Kids will increase their endurance, concentration and confidence in a calming environment meant for them to manage stress and hyperactivity. Bring yoga mat. Fee: \$55.

Independent

81115 4-6 yrs F	9/20-11/8	10:15-10:45 a.m
Parent/Child		
81116 2-3 yrs F	9/20-11/8	9:30-10 a.m

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Stretch-n-Grow All Star Sports; Parent/Child

Introduce your child to the world of sports. The class is designed to teach kids confidence, learn the basics of sports and build self-esteem in a team environment. Participants will be introduced to basketball, T-ball, kickball and football in a fun, non-competitive environment with an emphasis on sportsmanship, and developing motor skills. T-Shirts provided. *No class 10/14, 11/11. **No class 10/12, 10/26 Fee: \$58.

Independent

81659 4-5 yrs M

Parent/Child						
81658	2-3 yrs M	9/16-11/18*	11:30 a.m Noon			
81114	2-3 yrs Sa	9/21-11/9	8:45-9:15 a.m.			
81633	2-3 yrs Sa	9/21-11/23**	2-2:30 p.m.			

9/16-11/18*

Stretch-n-Grow All Star Soccer Parent/Child

Jump into the game of soccer while developing the skills needed to excel in the sport. The class will include running, kicking, warm-up chants, socializing and soccer basics. It will also promote motor skill development and fitness, in a fun setting. T-shirts provided. *No class 10/12, 10/26 Fee: \$58.

81104 2-3 yrs W	9/18-11/6	9:30-10 a.m.
81112 2-3 yrs Sa	9/21-11/9	9:30-10 a.m.
81113 2-3 yrs Sa	9/21-11/9	11:15-11:45 a.m.
81632 2-3 yrs Sa	9/21-11/23*	2:45-3:15 p.m.

Stretch-n-Grow All Star Soccer

Kick-start your child's love of soccer in a non-competitive environment. Learn proper warm-up, stretching and exercises techniques. The class will introduce ball control, dribbling, passing and shooting with an emphasis on teamwork and sportsmanship. Participate in activities that enhance directional sense, spatial awareness and motor skills. T-shirts provided. *No Class 10/12, 10/26. Fee: \$66.

81103	4-5 yrs	W	9/18-11/6	10:15-11 a.m.
81111	4-5 yrs	Sa	9/21-11/9	10:15-11 a.m.
81634	4-5 yrs	Sa	9/21-11/23*	3:30-4:15 p.m.

Youth Classes at Clark



Fall Break Camps

Arizona Science Center®; Delicious Discoveries Camp

Calling all sweet tooths! Curious about the craft behind chocolate and other scrumptious treats? At Camp Innovation's fall break camp, Delicious Discoveries, we will be exploring the science behind chocolate and the art of baking. Grab your aprons and be sure to come hungry as we explore the science stuffed inside your favorite confections. Fee: \$140.

81158 5-7 yrs M-F 9/30-10/4 1-4 p.m

81159 8-12 yrs M-F 10/7-10/11 9 a.m.-noon



Enter the scientific community and learn to view the world around you differently. Together we will explore robots, bridge building, rockets, aerodynamics and soldering, all while building real world engineering skills. At the end of camp, you will battle against your fellow scientists to determine who is the greatest everyday engineer. Fee: \$150.

81160 8-12 yrs M-F 9/30-10/4 9 a.m.-noon

Crochet and Craft Camp

Discover the art of crocheting. Children will be introduced to crochet tools and terms as they learn basic stitches and create a project in camp. Campers will also create a fun arts and crafts project each day. All materials provided. Fee: \$104.

81729 10-14 yrs M-Th 10/7-10/10 1-4 p.m.



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Play-Well TEKnologies® LEGO® Engineering Design Challenge Workshop

Are you ready to up your engineering game? Our instructors will introduce mechanisms to get your gears turning; then, it's your job to take it to the next level! Go head-to-head or work towards a new personal best as we get ready to apply real-world concepts to LEGO® challenges! Fee: \$35.

81154 7-12 yrs Sa 10/19 1-4 p.m.

Play-Well TEKnologies® Animal Adventures using LEGO® Workshop

Let your imagination run wild with tens of thousands of LEGO® parts as we design and build leaping dolphins, buzzing beehives, and towering giraffes. Play, create, and learn in a world inspired by the animal kingdom. Design and build as never before and explore your craziest ideas. Fee: \$35.

81157 5-7 yrs Sa 12/7 1-4 p.m.

Play-Well TEKnologies® Pokémon Engineering using LEGO® Workshop

Calling all Pokémon trainers! With the Pokémon Championship approaching, join our enthusiastic Instructors as we build and catch our favorite Pokémon, rescue Pikachu from Team Rocket, take a ride on the S.S. Anne to uncover rare and mystic Pokémon, and battle to see who will hold the title of Pokémon Master. Come along on our journey to catch 'em all. Fee: \$35.

81155 5-7 yrs Sa 11/16 1-4 p.m.

Youth/Teen Classes at Clark



Martial Arts; Karate Lim Kenpo

Fun, physical, structured, positive and disciplined. Benefits include self-confidence, listening and learning to follow directions. Self-defense is taught through fun drills and games. Shoes required. Bring a water bottle. Email:

limkaratelfma@gmail.com or 602-525-8472. Uniform can be purchased from instructor; \$60. Fee: \$70.

81451 6-12 yrs W/Th 9/4-9/26 5:30-6:30 p.m.

81452 6-12 yrs W/Th 10/2-10/30 5:30-6:30 p.m.

81453 6-12 yrs W/Th 11/6-11/27 5:30-6:30 p.m.

81476 6-12 yrs W/Th 12/4-12/12 5:30-6:30 p.m. (\$35)



Beginning Crochet 101; Parent and Child

Learn to crochet with your parent or grandparent. Learn about yarns, hook types and sizes, the most common stitches and making a beginner project. We will also talk about color combinations. You will need to work on your project outside of class. All supplies provided. Christy. Register child only. Supply Fee: \$20. Fee: \$48.

81436 8 yrs+ T 10/15-11/12 6-7:30 p.m

Dungeons & Dragons; Choose your own Adventure

Prepare to go on an adventure with an experienced D&D Master in a magical land. This structured, role-playing game will present age-appropriate challenges while adventurers travel through mystical lands, fight monsters and expand their creative minds. All experience levels are welcome. Cienna, Fee \$65

81477 9-16 yrs Th 9/5-9/26 4:30-7:30 p.m. 81478 9-16 yrs Th 10/3-10/24 4:30-7:30 p.m. 81479* 9-16 yrs Th 11/7-11/21 4:30-7:30 p.m. (*\$48 fee)

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Launch It

Rocketeers will design and build a rocket that will keep their "eggstronaut" from cracking as it makes its way back to earth with a sunny side up landing. We will use STEAM skills to design, create and test their space craft. We will have a blast. Fee: \$33.

81480 8-13 yrs Sa 9/28 2-4 p.m. 81481 8-13 yrs Sa 11/23 2-4 p.m.

LEGO® Roboteering

Roboteers will build and program Classic LEGO® Mindstorm NXT Robots. Roboteers will program their robots to tackle fun, motor-churning challenges. We will put our heads together with a world-class roboteer and have fun while we explore and learn the ABC's of NXT coding. Challenges change every class. Fee: \$42.

81441	9-14 yrs	Sa	9/7	2-4 p.m.
81482	9-14 yrs	Sa	10/26	2-4 p.m.
81483	9-14 yrs	Sa	11/9	2-4 p.m.
81484	9-14 yrs	Sa	12/14	2-4 p.m.

Stark Solder Scientist

Become one of the circuit culprits and learn how to thwart your siblings and friends with an alarm that will go off whenever they open a drawer or door. Keep your things safe and secure, and while you're at it learn the basics of soldering and circuitry. Fee: \$42.

81457 8-14 yrs Sa 10/5 2-4 p.m. 81485 8-14 yrs Sa 12/7 2-4 p.m.



Adult Classes at Clark



Crochet 101

Learn the foundations of crochet; whether you are new or need a refresher. You will be introduced to crochet tools and terms such as: hook sizes, types/sizes of yarn and the importance of tension. Learn basic stitches and you will create a scarf in class. Small class size, with individual instruction available. Supply list will print on receipt. Fee: \$66.

81435 16 yrs+ M 9/9-10/7 6:30-8:30 p.m.

Crochet 201

Create a special project to showcase your skill. An intermediate level class, participants need to complete Crochet 101 or have previous crochet experience. Small class size, with individual instruction available. Supply list will print on receipt. Fee: \$66. No class 11/11.

81156 16 yrs+ M 10/21-11/25 6:30-8:30 p.m.

Spanish; Passport to Spanish

An interactive introduction to Spanish. Learn basics of reading, speaking and writing. Prepare for travels as you build your vocabulary through pronunciation and reading. Required Book: "Complete Spanish Step-By-Step," by Barbara Bregstein. ISBN-13: 978-1260463132. Instruction by Mi Escuela Spanish Academy. Fee: \$85.

81147 14 yrs+ W 9/25-11/13 5:30-6:45 p.m.

Spanish; Level 2

Build on the fundamentals learned in Passport to Spanish with every day, informal conversation. Move beyond basics to explore verb conjugation, tenses, vocabulary and improve your reading and speaking skills. Required Book: "Complete Spanish Step-By-Step," by Barbara Bregstein. ISBN-13: 978-1260463132. Fee: \$85.

81148 14 yrs+ W 9/25-11/13 7-8:15 p.m.

Mandala Meditation

Discover the art of mindfulness in the mandala meditation class, suitable for all skill levels. Participants will engage in a guided mandala experience, blending the therapeutic practice of breathwork with the creation of mandalas using paper and ink. Join us as the simple act of drawing becomes a tool for cultivating mindfulness and inner peace. Supply Fee: \$3. Fee: \$14.

81442 18 yrs+ Sa 9/7 1-3 p.m. 81470 18 yrs+ Sa 10/5 1-3 p.m. 81471 18 yrs+ Sa 11/2 1-3 p.m. 81472 18 yrs+ Sa 12/7 1-3 p.m.

Adult CPR/AED with Basic First Aid

Learn the basics needed to help save a life. Discern between heart attacks, strokes and airway obstruction. Learn to care for burns, cuts, injuries and more. Training meets OSHA Guidelines for First Aid Programs and combines lecture, interactive video demonstrations and hands-on training. Students will earn a combo certificate for CPR/AED and Basic FA. Fee: \$52.

81098 16 yrs+ Sa 10/12 11 a.m-2:30 p.m.

DSLR Photography

You will never shoot in auto again after learning how to best use concepts like Aperture, Speed and ISO and exploring your camera's buttons and settings. Mix-in discussions about composition and photo reviews and you'll leave with a renewed confidence in your photography. Bring DSLR camera and manual to class. Fee: \$48. 480-350-5208

81156 14 yrs+ Sa 10/5-11/9 9:15-10:45 a.m.

New! Retirement Planning; Beyond Finances

While financial planning is a critical component of retirement planning, equally important is planning for how you will spend your time. Creating a retirement plan based on clarity of values, intentions and the legacy you hope to leave, can help you retire "to" something, rather than "from" something. Please bring notebook and pen. Fee: \$24. 480-350-5208

81473 18 yrs+ Sa 11/9 11 a.m.-2 p.m.

Martial Arts: Goju Shorei Self Defense with Cane

Learn how to use a wooden cane as a legal and practical self-defense weapon. Students will learn basic strikes, blocks and footwork. Prior martial arts experience is recommended but not mandatory. Students may either purchase a cane (\$35) or borrow for use during class. Instructor: Kumar. No class 11/30. Fee: \$83. 480-350-5208

81443 16 yrs+ Sa 8/31-12/14 9-10 a.m.

Martial Arts: Jujitsu

Learn traditional self-defense techniques such as joint locks, throws, chokes, strikes, blocks, ground fighting, pins and pressure point attacks as practiced by the Doshin (Samurai policeman). Taught by licensed instructors of the Otake Han Doshin Ryu system of Jujutsu. All levels. Prior martial arts training is not required.

81444	16 yrs+	T/Th	9/3-9/26	7:45-9 p.m.	\$55
81445	16 yrs+	T/Th	10/1-10/29	7:45-9 p.m.	\$55
81446	16 yrs+	T/Th	11/5-11/26	7:45-9 p.m.	\$55
81463	16 vrs+	T/Th	12/3-12/12	7:45-9 p.m.	\$28

Martial Arts: Karate

Join this Kenpo Karate martial arts class for beginning and intermediate students. Classes begin with a light warm-up and stretch followed by basic kick-punch-block drills. Self-defense techniques are taught, as well as forms (katas) and light sparring (optional). Comfortable clothing is recommended. Kumar. *No class 11/30. Fee: \$90.

81447 12 yrs+ Sa 8/31-12/14* 10:15-11:40 a.m.

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Adult Classes at Clark



Self Defense Clinic

self-defense class. This class will focus on mindset and situational awareness. We will also explore how to avoid being a victim by using physical tactics to defend yourself if attacked. Wear comfortable shoes and clothing. Information: Patrice 602-525-8472. Fee: None. 81464 13 yrs+ F 9/27 1-3 p.m.

Martial Arts; Karate Lim Kenpo

Learn self-defense through effective techniques, awareness and prevention. Benefits include self-confidence and improved physical fitness. Uniforms can be purchased through instructor for \$60. For more information contact limkaratelfma@gmail.com or call 602-525-8472.

81448	13 yrs+	W/Th	9/4-9/26	6:30-7:30 p.m.	\$70
81449	13 yrs+	W/Th	10/2-10/30	6:30-7:30 p.m.	\$70
81450	13 yrs+	W/Th	11/6-11/27	6:30-7:30 p.m.	\$70
81475	13 yrs+	W/Th	12/4-12/12	6:30-7:30 p.m.	\$35

Exercise; Barre Fit*

Barre Fit is one of the most effective ways to change the shape of your body for a total body workout. It blends ballet, strength training, yoga and Pilates to create long and lean muscles to reshape your body. Light weights, small ball and floor glides will be used as props. Donna. *No class 10/14, 11/11

81462 16 yrs+ 9/9-12/9* M 6-7 p.m. \$66

Exercise: Core Power-Virtual

Increase your core body strength to enhance your balance, stability, flexibility and overall health. Certified personal trainer, Joan, will guide you through standing, seated and floor based functional strength exercises using light hand weights, a small exercise ball and your own body weight. All levels. *No class 10/14, 11/11.

81438 16 yrs+ 9/9-12/9* 9-10 a.m. Virtual \$66 M 81439 16 yrs+ W 9/4-12/11 9-10 a.m. Virtual \$83

Exercise: Functional Fitness-Virtual

Complete a total body workout which targets the three major components of fitness: cardio, strength and flexibility. Results include improved endurance, overall body strength, increased balance, stability and greater flexibility. Joan. All levels. Fee: \$83.

81440 16 yrs+ T 9/3-12/10 9-10 a.m. Virtual

Exercise: pyroPILATES*

This Pilates based, low impact class combines core strengthening exercises along with challenging High Intensity Interval Training (HIIT) for an intense, fun workout that increases strength, stamina, and flexibility. Despite the name, this is a non-heated class and offers the option for additional hand weights. Medium intensity class. No class 10/2, 11/27. Fee: \$72.

81594 16yrs+ W 9/4-12/11 6-7 p.m.

New! Yoga; Deep Dive*

Experience yoga as it is meant to be practiced: build strength and suppleness in the body, rest, develop interest in the breath and energy system and practice loving attention to the mind and greater confidence in how we use it. Caroline. Fee: \$98.

81460 16 yrs+ T 9/3-12/10 9-10:30 a.m.

Yoga; Light and Balanced*

Join instructor Patrice Lim, 9th degree Grandmaster, for an interactive Unwind, refresh, and start your weekend with a positive feeling in body and mind. Practice both nurturing and rejuvenating yoga poses to release tension and restore your natural abundant flow of energy. Enjoy a practice that encourages physical and mental stability and flexibility. All levels. Caroline. No class 11/30. Fee: \$72.

> 81487 16 yrs+ Sa 9/21-12/14 9:15-10:30 a.m.

New! Yoga; Mindful Movement*

This class is designed to help you unwind, reduce stress and rejuvenate your body and mind. Through Hatha-style yoga sequences that synchronize breath with movement, you will experience intentional poses, deep breathing exercises and calming meditation. Suitable for all levels, this practice restores energy and enhances well-being.

81467 16 yrs+ T 9/3-10/15 6-7 p.m. \$39 81468 16 yrs+ T 10/22-12/10 6-7 p.m. \$44

New! Yin Yoga*

Yin yoga is a slow, mindful practice of longer holds mostly done from seated or lying down. It releases the web of connective tissue in the body, soothing the nervous system and aiding the immune system. It calms the mind and opens an experience of deep inner awareness. You will leave feeling lighter and easier in your body and mind. All levels. Caroline. Fee: \$83.

81469 16 yrs+ W 9/4-12/11 1:30-2:30 p.m.

Yoga; Stretch and Relaxation-Virtual

A total-body, mat-based, stretching class with guided meditation. Stretch your body from head to toe using a variety of safe exercises. Increase your range of motion and flexibility, reduce back pain and improve posture. Positively transform the way your body looks, feels and performs. All levels. Joan. No class 11/28. Fee: \$77.

81461 16 yrs+ Th 9/5-12/12 Virtual 9-10 a.m.

New! Well-Being Retreat; Explore Inner and Outer Beauty

Enjoy a day of deep self-care where we explore ways to feel good and radiate goodness. Attend to your health, well-being and joyfulness. Honor your natural beauty. We use the tools of yoga, gigong and other traditions to care for ourselves lovingly and gently, paying particular attention to the skin and lymphatic systems. Caroline. Supply Fee: \$13. Fee: \$42.

81465 18 yrs+ Sa 9/14 10 a.m.-4 p.m.

Workshop; The Science of Yoga, Parts III & IV

Yoga is an ancient science rooted in deep insights into the body and mind that light a path to the highest possible experience of being human. This class introduces core concepts and ways to use yoga to live a life beyond the ordinary. We will look at how we practice yoga effectively and efficiently through use of the Eight Limbs. Caroline. Fee: \$19.

Part III

81458 16 yrs+ Sa 1-3:30 p.m. Part IV

81459 16 yrs+ Sa 10/26 1-3:30 p.m.

*Drop-in fitness classes for \$7 per class