

Activities for Adults (18+ Years)

**Registration begins August 13, classes begin September 4 unless noted otherwise within class descriptions.
No class November 12, 22, 23. To view a list of class location abbreviations, see page 2.**

The activities and classes below are designed specifically for Adults (18+ Years). Additional offerings for adults may be viewed in the Adult (50+ Years) section.

Classes - Participants & Observation:

- Childcare is not offered.
- Observers and non-registered individuals, including children, are not permitted in classes or workshops.
- Closed-toe shoes are required for ceramics, pottery and jewelry classes.

Arts & Crafts

To view class materials lists, visit www.tempe.gov/classmaterials or visit the Edna Vihel Activities Center Front Office, 3340 S. Rural Road, Tempe. Students must bring all materials to the first class unless otherwise noted within class description.



Ceramics; Beginning

Your journey in ceramics starts here. Learn age-old techniques of creating beautiful and functional pieces of art. Build a strong ceramics foundation with an introduction to hand-building, throwing, surface design and glazing. Students provide their own Cone 10 clay. Chris. Fee: \$118. 480-350-5287
60282 18 yrs+ T 9/4-10/23 6-8:50 p.m. EDNA

Ceramics; Beginning Throwing

Class is recommended for students who have taken Beginning Ceramics. This is your opportunity to become one with the ceramic wheel through a series of exercises that build up your skills. This class will cover bowls, cups, mugs, plates and other dinnerware type items. Students provide their own Cone 10 clay. Lisa.
*No class 11/12. 480-350-5287
60283 18 yrs+ M 9/10-10/22 6-8:50 p.m. EDNA \$105
60284 18 yrs+ M 11/5-12/10* 6-8:50 p.m. EDNA \$75

Ceramics; Family Ceramics

Learn the basics of hand-building while you create a cookie plate, coco mug and another fun piece. Two classes of building with clay, and on the third class we'll glaze and paint the items. Students provide their own Cone 10 Clay. One bag recommended per family of 4. Registration is required. Younger siblings are not permitted. Fee per participant: \$50. 480-350-5287
60309 8 yrs+ Th 11/1-11/15 6:30-8 p.m. EDNA
60310 8 yrs+ Th 11/29-12/13 6:30-8 p.m. EDNA

Ceramics; Hand-building Studio

Do you want time to experiment and hone your skills? Intermediate and Advanced hand-builders can work freely in this non-instructional setting. Studio space is being provided during our regular throwing classes and space is limited. Students provide their own Cone 10 clay. *No class 11/12 480-350-5287
60286 18 yrs+ W 9/5-10/24 6-8:50 p.m. EDNA \$118
60287 18 yrs+ M 9/10-10/22 6-8:50 p.m. EDNA \$105
60288 18 yrs+ M 11/5-12/10* 6-8:50 p.m. EDNA \$75
60289 18 yrs+ W 11/7-12/12 6-8:50 p.m. EDNA \$90

Ceramics Independent Study

Needing additional time in the ceramics studio to work on your class projects? Find it here. Work independently on your hand-building and throwing projects. Only work created in the studio can be fired and glazed. Previous ceramics experience required. Students provide their own materials. Constance.
*No class 11/24. 480-350-5287
60290 18 yrs+ Sa 9/8-10/27 9 a.m.-noon EDNA \$96
60291 18 yrs+ Sa 9/8-10/27 12:30-3:30 p.m. EDNA \$96
60292 18 yrs+ Sa 11/3-12/8* 9 a.m.-noon EDNA \$72
60293 18 yrs+ Sa 11/3-12/8* 12:30-3:30 p.m. EDNA \$72

Ceramics; Intermediate/Advanced

If you're ready to advance your ceramics skills, this is the class for you. Increase your knowledge as you create advanced projects of your choosing. The instructor will provide building and glaze demonstrations and help guide you through your projects. Prerequisite: Beginning Ceramics or other ceramics experience. Students provide their own materials. Lisa. Fee: \$118. 480-350-5287
60305 18 yrs+ Th 9/6-10/25 6-8:50 p.m. EDNA

Ceramics; Intermediate/Advanced Throwing

This class is recommended for students who have taken Beginning Throwing. Students will cover advanced throwing forms and techniques such as 2-part cylinders, teapots and decorative techniques. You can also work independently on your own wheel-thrown projects. Students provide their own materials. Chris. 480-350-5287
60294 18 yrs+ W 9/5-10/24 6-8:50 p.m. EDNA \$118
60295 18 yrs+ W 11/7-12/12 6-8:50 p.m. EDNA \$90

Ceramics; Pottery Club

This leisurely morning of working in the studio offers students ample time to create functional and sculptural ceramics work. Potters can freely build or work on the wheel. Demonstrations in building and glazing will be provided by instructor. Students provide their own materials, Ceramics. Lisa. Fee: \$160. 480-350-5287
60296 18 yrs+ W 9/5-10/24 9 a.m.-2 p.m. EDNA

Ceramics; Pottery Party

Create gifts for yourself and loved ones out of clay. Instruction will be provided, and you are welcome to bring in ideas. Make sculptural or functional work and glaze it. We will use mid fire cone 5 glazing techniques for brighter and more controlled colors. Previous ceramic experience helpful but not necessary. Students provide their own materials. Lisa. Fee: \$120. 480-350-5287
60306 18 yrs+ W 11/7-12/12 9 a.m.-2 p.m. EDNA

Activities for Adults (18+ Years)

Ceramics; Specialty Surface Decoration

Learn specialty techniques and tips to help you personalize your ceramic artwork. From stamps to wax resist glazing, you'll learn how to use color and texture to your advantage. We'll work on tiles and other projects to expand your knowledge and creativity. All skill levels welcome. Students provide their own materials. Lisa. Fee: \$105. 480-350-5287

60307 18 yrs+ T 9/4-10/23 9 a.m.-noon EDNA

Ceramics; Treasured Trinkets

Interested in making clay ornaments for the holidays? Join us and we'll show you how. Butterflies, icicles, snowflakes and more. We'll cover flat and dimensional ornaments and different decorating techniques. All levels welcome. Students provide their own materials. Bring Cone 10 clay and tools. Lisa. Fee: \$90. 480-350-5287

60308 18 yrs+ T 11/6-12/11 9 a.m.-noon EDNA

Crafternoon

Feeling crafty? Stop by the Library to learn how to make a featured project or bring your own project to work on. Assistance and materials for the featured project will be provided. Register by email: tplprograms@tempe.gov. Include "Crafternoon" in the subject line and your name and phone number in the body. Fee: None. 480-350-5500

No Code 14 yrs+ Sa 9/29 2-3 p.m. LMRB

Festive Glass Fusion

Explore fun and functional glass fusion while making works of art that can be gifted to yourself or those you love. Basic glass included. No class 11/24. Chris. Fee: \$70. 480-350-5287

60435 18 yrs+ Sa 11/3-12/8 10 a.m.-noon EDNA

Fiber Flow

Have the freedom to create your own macramé pieces using desired fibers of your choice. This independent class will offer demonstrations related to current student projects, provide guidance, and encourage students in their design process. Basic macramé experience is recommended. To view recommended materials visit www.tempe.gov/classmaterials. Rachel. Fee: \$40. 480-350-5287

60311 15 yrs+ W 9/5-10/24 6:30-8:30 p.m. EDNA

Glass Fusion

Learn the basics of glass fusion art. Cut and compose colored glass pieces and play with design and color, that will be melted together in a kiln into a solid artwork. Projects include tiles, jewelry, coasters/small plates and bowls. Basic glass included. Chris. Fee: \$70. 480-350-5287

60416 18 yrs+ Sa 9/8-10/13 10 a.m.-noon EDNA

Jewelry; Basics

Join Teaching Artist Carol as she leads students through the basics of jewelry composition and construction. This fall students will create their very own treasure necklaces, Naipaulian Kuchi Beads and woven people pendants. Carol. Fee: \$80. 480-350-5287

60312 18 yrs+ M 9/10-11/5 6-8:30 p.m. PYLE

Jewelry; Kuchi Bead Construction

Join Teaching Artist Carol as she leads students through a one off workshop where students will construct Nepal's Kuchi Beads. Carol. Fee: \$15. 480-350-5287

60417 18 yrs+ W 10/17-10/24 6-8:30 p.m. PYLE

Jewelry; Open Studio

For safety, only experienced jewelry students are eligible. Looking for a space to work on your own jewelry creations? Utilize the time in Open Studio to take your jewelry project from start-to-finish or complete a project that's already in-progress. Instructor will provide guidance as needed, as well as demonstrate jewelry techniques. Carol. Fee: \$80. 480-350-5287

60313 18 yrs+ Th 9/6-11/8 6-8:30 p.m. PYLE

Jewelry; Treasure Necklaces

Join Teaching Artist Carol as she leads students through a one off construction workshop. Create your very own treasure necklaces to keep for yourself or give to another. Carol. Fee: \$15. 480-350-5287

60418 18 yrs+ W 9/5-9/26 6-8:30 p.m. PYLE

Jewelry; Woven People Pendants

Make a one of a kind creation that can remind you of your strengths or be gifted to that special person in your life. Carol. Fee: \$15. 480-350-5287

60419 18 yrs+ W 11/7-11/21 6-8:30 p.m. PYLE

Merry Mosaics

This class will feature small project ideas. Projects may include ornaments, picture frames, candle holders and more. Make a custom art gift for you or that special someone. Learn how to design, assemble and grout mosaic pieces into a finished work of art. Instructor will cover required and optional supplies on first night of class. Chris. No class 11/22. Fee: \$30. 480-350-5287

60314 18 yrs+ Th 11/8-12/6 6-8:50 p.m. EDNA

Mixed-Media Collage

From paper, paint, fabric, pastels, stitching and found objects, mixed-media collage art possibilities are endless. Creativity is explored through a variety of materials and exercises involving line, shape, texture and color. Focus on principles of composition and experiments in figure/ground relationships and visual modes of communication. Constance. Fee: \$36. 480-350-5287

60315 15 yrs+ W 9/5-10/24 6:30-7 p.m. EDNA

Mixing Methods Workshop: Macramé and Color Dying

In this two-week class, you will experiment dying rope using natural and synthetic dye methods, as well as learning various application techniques. Once color is added, you will learn basic macramé knots combined with additional wood materials to craft a decorative floating shelf. Materials will be provided. Rachel. Fee: \$11. 480-350-5287

60316 15 yrs+ W 11/7-11/14 6-8 p.m. EDNA

Mixing Methods: Macramé & Weaving

Part two. This series of workshops aims to integrate multiple making processes into a single project. In this two-week class, you will combine macramé techniques with elements of weaving using various types of fibers to create a decorative wall hanging. Materials will be provided. Rachel. Fee: \$20. 480-350-5287

60317 15 yrs+ W 11/28-12/5 6-8 p.m. EDNA

Modern Macramé

Knot tying is back, but with a contemporary twist. Learn a variety of knots and patterns with instructor led projects including wall hangings, plant hangers and more. Develop your macramé techniques, and experiment intertwining different types of fibers with various found objects. Materials list can be viewed at www.tempe.gov/classmaterials. Rachel. Fee: \$40. 480-350-5287

60318 15 yrs+ T 9/4-10/23 6-8 p.m. EDNA

Register for Classes Online!

www.tempe.gov/brochure

Activities for Adults (18+ Years)

Mosaics and More

Fascinated by mosaic tile floors or ancient mosaic artworks? Let us show you how to work with ceramic tile, glass beads and recycled materials to enhance projects like flower pots, tabletops and more. Learn the fundamentals of tile placement and grouting. Instructor will cover required and optional supplies on first night of class. Chris. Fee: \$60. 480-350-5287

60319 18 yrs+ Th 9/6-10/25 6-8:50 p.m. EDNA

Oil Painting: Intermediate

For those who have had previous experience with drawing, oil paints and its media but wish to hone their skills further and broaden their techniques. This session will focus on complex subject matter and composition through still life and landscape. Students will look at master painters and study their works as well as studying to see from life. Anne. Fee: \$20. 480-350-5287

60320 15 yrs+ T 9/4-10/23 6:20-8:50 p.m. EDNA

Painting: Figure Painting and Drawing

Students will spend their time learning to paint the human figure in oil paints. Beginners to intermediate students will learn to sketch figures using only oil paints and develop the fundamental skills to control oil paints through exploration of posture and figures. No class 11/12. Tal. Fee: \$24. 480-350-5287

60321 18 yrs+ M 10/29-12/10 6:30-8:30 p.m. EDNA

Painting: Impressionism to Expressionism

In this workshop series students will be introduced to journey through the world of impressionism and abstract expressionism. Students will explore penciled drawing and watercolor painting while creating art works in contemporary styles. Tal. Fee: \$48. 480-350-5287

60322 18 yrs+ M 9/10-10/15 6:30-8:30 p.m. EDNA

Boating

Float Test - Rowing Classes Only

All rowing participants must complete a 10-minute float test and watch a U.S. Rowing Safety Video (does not include paddling classes). If you have rowing experience but are new to the City of Tempe Rowing Program, you must fulfill this requirement. For additional information, please contact the Boating Office at 480-350-8069.

Adult Learn to Row

Designed for first-time rowers, this course will introduce the basics of rowing safety and boat-handling. Proper rowing technique and fitness development are stressed. Participants must pass a 10-minute float test and have a basic level of fitness. The first class will include a float test/safety video. First three classes are mandatory. 480-350-8069

60042	18 yrs+	Sa/Su	9/8-9/30	7-9 a.m.	TTLM	\$96
60043	18 yrs+	Sa/Su	10/6-10/28	7-9 a.m.	TTLM	\$96
60044	18 yrs+	Sa/Su	11/3-11/25	7-9 a.m.	TTLM	\$84
60095	18 yrs+	Sa/Su	12/1-12/16	7-9 a.m.	TTLM	\$72

Adult Learn to Row Workshop

Find out what rowing on Tempe Town Lake is all about. This workshop will introduce you to our rowing program where you will meet coaches and other rowers. Come find out if rowing is for you. No float test required and no experience necessary. Fee \$30. 480-350-8069

60045 18 yrs+ Sa/Su 8/25-8/26 7-9 a.m. TTLM

Adult Open Rowing and Sculling

This session brings experienced rowers together and is designed with athletes in mind. Sweep-rowers and scullers may try either discipline; class utilizes cross-training, video analysis and flexibility and focuses on a high-level of rowing. Prerequisite: Learn to Row or commensurate experience. *No class 9/1. **No class 9/2, 11/18. ***No class 11/22. 480-350-8069

60082	18 yrs+	Sa	8/25-9/29*	6:30-8:30 a.m.		
		Sa	10/6-12/15	7-9 a.m.	TTLM	\$144
60083	18 yrs+	Su	8/26-9/30**	6:30-8:30 a.m.		
		Su	10/7-12/16	7-9 a.m.	TTLM	\$135
60084	18 yrs+	T	8/28-10/30	5:30-7:30 a.m.	TTLM	\$90
60086	18 yrs+	T	9/4-12/11	9-11 a.m.	TTLM	\$135
60080	18 yrs+	T	8/28-12/11	5:45-7:45 p.m.	TTLM	\$144
60085	18 yrs+	Th	8/30-11/1	5:30-7:30 a.m.	TTLM	\$90
60087	18 yrs+	Th	9/6-12/13***	8:30-10:30 a.m.	TTLM	\$126
60081	18 yrs+	Th	8/30-12/13***	5:45-7:45 p.m.	TTLM	\$135

Essentials of Kayak Touring

Developed by ACA-certified kayak instructors, this class will refine your kayak touring skills and is perfect for all levels of experience. Instructors focus on basic and intermediate strokes and maneuvers as well as fitness, boat-handling and rescues in "sit-inside" touring kayaks. All equipment provided. No experience necessary. Register early. Fee \$80. 480-350-8069

60046	18 yrs+	Sa	9/8-9/29	7-9 a.m.	TTLM
60047	18 yrs+	Sa	10/6-10/27	7:30-9:30 a.m.	TTLM

Glow Kayak

The wildest and brightest Glow Paddle on Tempe Town Lake. Join us for a night under the stars while we glow and glide across the water. In addition to all necessary kayaking equipment, participants will receive glow in the dark accessories. Feel free to wear glow in the dark clothing items that you don't mind getting wet. Register early. Adult Fee: \$35; Youth (age 10-17) Fee: \$20. 480-350-8069

60048	10 yrs+	F	9/14	7-9 p.m.	TTLM
60052	10 yrs+	F	9/28	7-9 p.m.	TTLM
60056	10 yrs+	F	10/12	7-9 p.m.	TTLM
60060	10 yrs+	F	10/26	7-9 p.m.	TTLM



**Keep a Good Class Going
Register Early!**

Activities for Adults (18+ Years)

Half-Day Kayaking Trip to Lake Pleasant

Apply what you learned from Kayak Fitness or Essentials of Kayak Touring in this half-day trip to Lake Pleasant. Space is limited and this class will fill up quickly. All necessary boating equipment will be provided. No experience necessary so come one, come all for a great time out on the water. Fee: \$60. 480-350-8069
60064 18 yrs+ Sa 11/17 6:30 a.m.-1 p.m. TTLM

Introduction to Kayaking

Developed by ACA-certified kayak instructors, this is a perfect class for all levels of paddling experience. This class will focus on basic strokes and maneuvers as well as fitness, boat-handling and rescues in "sit-on-top" kayaks. All necessary equipment will be provided. No experience necessary. Fee: \$70. 480-350-8069
60065 18 yrs+ Sa 9/8-9/29 8:30-10:30 a.m. TTLM
60066 18 yrs+ Sa 10/6-10/27 9-11 a.m. TTLM

Introduction to Stand-up Paddling

Join the fastest-growing watersport in the country on Tempe Town Lake. No experience necessary; this class will teach you the basics of Stand-up Paddling. All equipment is provided. Fee \$30. 480-350-8069

60068	18 yrs+	T	8/28	5:30-7 p.m.	TTLM
60076	18 yrs+	T	9/4	5:30-7 p.m.	TTLM
60067	18 yrs+	Sa	9/8	7:30-9 a.m.	TTLM
60077	18 yrs+	T	9/11	5:30-7 p.m.	TTLM
60069	18 yrs+	Sa	9/15	7:30-9 a.m.	TTLM
60070	18 yrs+	Sa	9/22	7:30-9 a.m.	TTLM
60071	18 yrs+	Sa	9/29	7:30-9 a.m.	TTLM
60207	18 yrs+	Sa	10/6	7:30-9 a.m.	TTLM
60072	18 yrs+	Sa	10/13	7:30-9 a.m.	TTLM
60073	18 yrs+	Sa	10/20	7:30-9 a.m.	TTLM
60074	18 yrs+	Sa	10/27	7:30-9 a.m.	TTLM
60075	18 yrs+	Sa	11/3	7:30-9 a.m.	TTLM

Stand-up Paddling Fitness

Once you have learned the basics of SUP, stay in shape by taking SUP Fitness. This class will focus on fitness and advanced paddling technique. Prerequisites: Intro to Stand-Up Paddling or commensurate experience. *No class 11/18. 480-350-8069

60093	18 yrs+	Su	9/9-12/16*	7-8:30 a.m.	TTLM	\$126
60094	18 yrs+	W	9/5-9/26	5:30-7 p.m.	TTLM	\$135
			10/3-12/12	6-7:30 p.m.		

Stand-Up Paddling Yoga

Enjoy paddling on the lake, anchoring boards and setting yoga breathing. S.U.P. yoga features seated and standing yoga postures, including sun salutations, lunges and downward-facing dog. We will take a few quiet meditation moments before paddling back. Prerequisite: Intro SUP or commensurate experience. Fee: \$35. 480-350-8069

60088	18 yrs+	Sa	9/8	9-10:30 a.m.	TTLM
60089	18 yrs+	Sa	9/29	5-6:30 p.m.	TTLM
60090	18 yrs+	Sa	10/13	4:30-6 p.m.	TTLM
60091	18 yrs+	Sa	11/10	10-11:30 a.m.	TTLM
60092	18 yrs+	Sa	12/8	10-11:30 a.m.	TTLM



Tempe Town Lake Rowing Club

This program is designed for advanced rowers able to row (singles and doubles only) on Tempe Town Lake. Rowers will check-out equipment during Club Rowing times and train on their own. Prerequisites: Coordinator permission and a successful re-entry test on file. Club Fee: \$60/year (year-round program); Rowing Fee: \$20/month. To register call 480-350-8034..
No Code 18 yrs+ T-F 8/24 5:30-7 a.m. TTLM

Books & Reading

Coffee, Tea & Books

Come and discuss recent novels or the occasional nonfiction title. Participants provide their own copy of the book. Volunteers rotate leading the discussion. Third Monday of the month from 6:30-8 p.m. in the Connections Café. Registration is not required. Fee: None. 480-350-5500

No Code	18 yrs+	M	9/17	Hillbilly Elegy by J. D. Vance
No Code	18 yrs+	M	10/15	House of Spirits by Isabel Allende
No Code	18 yrs+	M	11/19	The Curious Charms of Arthur Pepper by Phaedra Patrick

Great Books

The Great Books Foundation promotes reading, thinking and sharing of ideas. Kathy and Don Dietz will lead discussions on the 2nd and 4th Wednesdays from 6-8 p.m. in the Connections Café. Participants provide their own copies of the books. Registration is not required. Fee: None. 480-350-5500

No Code	18 yrs+	W	9/12	Carried Away by Alice Munro
No Code	18 yrs+	W	9/26	The Real Trial of Oscar Wilde A Legal Transcript The Ballad of a Landlord by Langston Hughes The Shooting of John Dillinger by David Wagoner
No Code	18 yrs+	W	10/10	Pinched by Jack London
No Code	18 yrs+	W	10/24	The Letter from a Birmingham Jail by Martin Luther King Jr.
No Code	18 yrs+	W	11/14	A Good Man is Hard to Find by Flannery O'Connor
No Code	18 yrs+	W	11/28	Lady Killers by Julia Reed

Marketing Your Book Made Simple

This program is designed to enhance your current marketing plan for use with your published or non-published book. Local author and publisher Patricia Brooks guarantees you will take away powerful ideas to build a marketing plan for your book focused on your targeted audience. Registration is not required. Fee: None. 480-350-5500

No Code	18 yrs+	Sa	9/15	10 a.m.-noon	LMRA
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Mystery Club

Are you an avid mystery reader? If so, you are invited to meet with other fans to discuss favorite mystery books or authors. Responsibility for leading the discussion rotates around the group. First Saturday of each month from 10 a.m.-noon in the Connections Café. Registration is not required. Fee: None. 480-350-5500

No Code	18 yrs+	Sa	9/1	Monogram Murders by Sophie Hannah
No Code	18 yrs+	Sa	10/6	Mystery Book Round Robin: Bring a favorite title to recommend
No Code	18 yrs+	Sa	11/3	The Wrong Hill to Die On by Donis Casey

**Pick Up the Winter Brochure
December 6!**

Activities for Adults (18+ Years)

NaNoWriMo Write-Ins

Celebrate National Novel Writing Month at the library. The library's write-ins will be held throughout the month of November. Participants will gather to work on their novels. More information about NaNoWriMo can be found on their website: www.nanowrimo.org. Registration is not required. Fee: None.

480-350-5500

No Code	18 yrs+	Su	11/4, 18 & 25	1-4 p.m.	LMRB
No Code	18 yrs+	M	11/5, 19 & 26	6-8 p.m.	LMRB

Non-fiction Read and Tell

Participants discuss non-fiction books they have read and answer questions from the group. Gary Herrick who describes himself as a researcher working for himself will facilitate the book club. Registration is not required. Fee: None.

480-350-5500

No Code	18 yrs+	Sa	9/8	2-3:30 p.m.	LMRB
No Code	18 yrs+	Sa	10/13	2-3:30 p.m.	LMRB
No Code	18 yrs+	Sa	11/10	2-3:30 p.m.	LMRB

Readers Write: Workshop and Open Mic

Celebrate the new PBS series, The Great American Read, with Tempe Public Library and ASU's Virginia G. Piper Center for Creative Writing by participating in a creative writing workshop and competition. Writers will be given prompts based on PBS's list of America's 100 most-loved books. Registration is not required. Fee: None.

480-350-5500

No Code	18 yrs+	Su	10/14	1-4 p.m.	LMRA
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Ready-Set-Write Mini Writing Conference

Writers can prepare for National Novel Writing Month (NaNoWriMo) with this one-day writing conference. Topics include brainstorming, characterization, plotting, and more. Registration is not required. Fee: None.

480-350-5500

No Code	18 yrs+	Sa	10/27	9:30-4:30 p.m.	LMRA
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Tempe Book Festival

The Tempe Book Festival is an annual family friendly event intended to celebrate reading, writing and a love for books. The Festival brings together local authors, publishers, booksellers, and includes presentations, activities for kids and more. Visit www.tempe.gov/BookFestival for more details. Registration is not required. Fee: None.

480-350-5500

No Code	All ages	Sa	11/3	10 a.m.-3 p.m.	LPLAZA
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Tempe Community Writing and Cover Design Contests

Submit your short fiction, creative nonfiction, poetry or cover design to the Tempe Community Writing and Cover Design Contests. Details are available at www.tempe.gov/WritingContest.

Top Editor Tips to Entice Readers Into Your Story

Learn from five-star rated editor, Ann Videan, writing and editing techniques to make stories jump off the page. Ann will cover writing with active voice, leveraging the scene question for successful plotting and tips to use MS Word more effectively for editing. Hands-on exercises included, so please bring paper and pencil. Registration is not required. Fee: None.

480-350-5500

No Code	18 yrs+	Sa	9/22	9:30-11:30 a.m.	LMRB
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Writers Connection

This informal writer's critique group is free and open to aspiring writers to put words to paper and share their work in a non-threatening atmosphere. *Group meets every other Friday. Registration is not required. Fee: None.

480-350-5500

No Code	18 yrs+	F	9/7-11/16*	2-4 p.m.	LMRB
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Writing Studio

In this free informal writing workshop writers come together to do writing exercises and have time to work on their own writing. This workshop is led by local writer Bobbi Illing. *Group meets every other Friday. Registration is not required. Fee: None.

480-350-5500

No Code	18 yrs+	F	9/14-11/30	2-4 p.m.	LMRB
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Writing Workshops with Duane Roen

Registration is not required. Fee: None. 480-350-5500

Getting Started with Family History Research: Tips for Beginners

No Code	18 yrs+	Sa	9/15	10:30 a.m.-noon	LMRB
No Code	18 yrs+	W	9/19	6:30-8 p.m.	LMRA

Writing about Family Members, Places, and Events

No Code	18 yrs+	Sa	10/6	10:30 a.m.-noon	LMRB
No Code	18 yrs+	W	10/17	6:30-8 p.m.	LMRB

Writing Family History for Special Occasions

No Code	18 yrs+	W	11/7	6:30-8 p.m.	LMRB
No Code	18 yrs+	Sa	11/10	10:30 a.m.-noon	LMRB

Business & Computers

Computer Basics 1

Interested in using a computer but don't know where to begin? Learn basic computer terminology, identify the parts of a computer, be able to turn the computer on and off and how to use a mouse. Register in person at the Answers Desk or by email: tplprograms@tempe.gov. Include "Computer Basics 1" in the subject line and your name and phone number in the body.

Fee: None. 480-350-5500

No Code	18 yrs+	Th	9/6	9:30-10:30 a.m.	LCL
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Computer Basics 2

Know the basics of using a computer and mouse but want to expand your knowledge? Learn how to use a keyboard and practice your typing skills. Register in person at the Answers Desk or by email: tplprograms@tempe.gov. Include "Computer Basics 2" in the subject line and your name and phone number in the body. Fee: None.

480-350-5500

No Code	18 yrs+	Th	9/13	9:30-10:30 a.m.	LCL
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DISC Drop in Tech Help

Led by ASU's Department of Information Systems Club (DISC). These classes will cater to a range of ability levels from basic skills to advanced individual questions. Computer questions and help with your laptop or tablet will be available. Registration is not required. Fee: None.

480-350-5500

No Code	18 yrs+	W	9/5-11/28	6:30-7:30 p.m.	LCL
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How to Start a Business From Home

Join local business experts as they offer tips and advice on how to start a home-based business. Various topics such as budgets, credit scores and bank lending will be covered. Registration is not required. Fee: None.

480-350-5500

No Code	18 yrs+	M	10/8	6:30-7:30 p.m.	LBRIC
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One-on-One Tech Help

Need help accessing the library's e-resources? Or maybe you could use some basic computer or tablet guidance. Make an appointment for a 30-minute tech help session with a librarian. Meets every Tuesday and Thursday. Appointments can be made at the library or by visiting www.tempe.gov/learning.

*No class 11/22. Fee: None. 480-350-5500

No Code	18 yrs+	T	9/4-11/27	10 a.m.-noon	LBRIC
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No Code	18 yrs+	Th	9/6-11/29*	2-4 p.m.	LBRIC
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Activities for Adults (18+ Years)

Protect Your Memories

Can't find your digital pictures on your device? This two-part class will give you tips to take your photo mess and turn it into an organized collection. Register by email to: tplprograms@tempe.gov. Include your name and phone number. Required: email address. Optional: Internet capable device with photos.

Fee: None. 480-350-5500

No Code 18 yrs+ T 10/2-10/9 6-7:30 p.m. LCL

Dance, Music & Theater

Belly Dance; Beginning

Come get your shake on and enjoy this beautifully enchanting and energizing art form which includes dance movements from head to toe. It is a fun and fantastic all-over body workout learning muscle control, balance, strength and coordination skills. Youth must be accompanied by a registered adult. Samia.

Fee: \$30. Drop in fee: \$5. 480-350-5287

60324 8 yrs+ W 9/12-10/24 5:40-6:30 p.m. EDNA

Belly Dance; Intermediate/Advanced

It's time to expand your skills. Middle Eastern dance is a beautiful and vibrant way to express emotion through body movement. Increase your knowledge with new solo and combination movements, layered moves, veil work, floor work, sill rhythms and performance skills. Youth must be accompanied by a registered adult. Samia. Fee: \$30. Drop in fee: \$5. 480-350-5287

60325 13 yrs+ W 9/12-10/24 6:40 -7:30 p.m. EDNA

Dance It Up

Each week students will learn new combinations of movements: jazz, funk, hip-hop and contemporary. This class is great for dancers of all levels and abilities. Aubri. Fee: \$18. 480-350-5287

60326 13 yrs+ Th 9/6-10/25 5:30-6:30 p.m. EDNA

60327 13 yrs+ Th 9/6-10/25 6:45-7:45 p.m. EDNA

Foxtrot; Beginning

Step into the fall and onto the dance floor learning some classic ballroom from the best instructors you can find. In this 4-week program you are sure to make a big bang at the next sock hop with this big band favorite. AZ Ballroom Dance Academy instructors, Tee-Jay and Chelsa. Fee: \$18. Drop in fee: \$5.

480-350-5287

60323 15 yrs+ M 9/10-10/1 6:30-7:30 p.m. EDNA

Line Dance; Beginning/Intermediate

Dancing can help increase memory, balance and improve your cardiovascular endurance. This class starts you out on the right foot as you learn choreographed routines to a wide variety of music genres; Latin to Pop, Celtic to Country and much more. A great way to learn that is suitable for everyone regardless of experience. Fran. Fee: \$35. Drop-in Fee: \$5. 480-350-5287

60328 18 yrs+ T 9/4-10/23 6:30-7:30 p.m. EDNA

Line Dance; Intermediate/Advanced

Take the next step in this class and continue your journey on the dance floor as you join other dancers and learn more patterns and advanced dance steps. The music just gets better and the fun increases. Fran. Fee: \$35. Drop-in Fee: \$5. 480-350-5287

60329 18 yrs+ T 9/4-10/23 7:30-8:30 p.m. EDNA

Swinging Social

Join us for one night of swinging fun as AZ Ballroom Dance Academy teach our community the basics of swing dance and then we open the dance floor for the full community to cut a rug. Tee-Jay and Chelsa. Fee: \$3 in advance, \$5 at the door. 480-350-5287

60420 5 yrs+ Th 11/1 7-8:30 p.m. EDNA

Health & Fitness



Donna Cole is a multi-talented fitness instructor certified in both group fitness and personal training instruction for over 18 years and brings a wealth of experience to the City of Tempe. Donna's undeniable charisma and motivation keeps her students coming back for more. Using the latest techniques and trends, she has successfully taught at multiple studios across the valley specializing in Pilates, yoga, step aerobics and body sculpting. Join Donna as she inspires you to reach your own personal fitness goals.

Exercise; 20/20/20 Fitness Express—burn 400 kcal!

Complete an overall body "Core" training workout which targets the three major components of fitness: 20 minutes of cardio, 20 minutes of strength training followed by 20 minutes of flexibility/stretching. Class taught by a certified fitness trainer. All fitness levels welcome. Donna. No class 11/20. Fee: \$65.

480-350-5200

59566 16 yrs+ T 9/11-12/11 6-7 p.m. PAC

Exercise; Barre Fit

Barre-Fit is one of the most effective ways to change the shape of your body for a total body workout. This sculpting class blends ballet, strength training, yoga and Pilates to create long and lean muscles to reshape your body. Light weights, small ball and small towel (bring own) will be used as props. No experience necessary. Donna. No class 11/21. Fee: \$65. 480-350-5200

59567 16 yrs+ W 9/12-12/12 6-7 p.m. PAC

Exercise; Core Power

A strong core leads to a powerful body that will make you less prone to injury. Join certified personal trainer Joan, who will guide you through exercises using flex bands, free weights and stability balls. Results include enhanced overall body strength, increased balance, stability and greater flexibility. Suitable for all fitness levels. *No class 11/20. 480-350-5200

59584 16 yrs+ T 9/11-10/16 9-10 a.m. KRC \$30

59585 16 yrs+ T 9/11-12/11* 6:15-7:15 p.m. NCC \$59

Exercise; Throwback Thursdays- Step Aerobics

Join Donna for a combo of retro music, step aerobics and strength training using bodyweight exercises and dumbbells. Transport back to a high-energy blend of music from the 70's, 80's, & 90's in this easy-to-follow cardio class. Keep your heart rate up, burn calories and before you know it you'll have the body to show for it. No class 10/18, 11/22. Fee: \$60. 480-350-5200

59568 16 yrs+ Th 9/13-12/13 6-7 p.m. PAC

Exercise; Walk in the Park – burn 200 kcal!

Let's get walking. Join us for one hour of walking, stretching, strengthening and body toning using only the park, our own bodies and gravity. All levels welcome; modify to meet your level of ability. Walk to fitness, weight loss and a healthy lifestyle. Class taught by a Joan Selecky; certified personal fitness trainer.

Fee: \$39. 480-350-5200

59588 16 yrs+ T 10/23-12/11 9-10 a.m. KRC

Activities for Adults (18+ Years)



Sunshine Fekkether is an expert in Muay Thai and boxing. As a professional boxer and Thai boxer, she has traveled around the world to compete in Mexico, Ukraine, Holland and throughout the US winning three world welterweight boxing titles. Sunshine retired from competition in 2004 and is currently a certified personal trainer and coach teaching Muay Thai and boxing locally at www.bestmuaythaiaz.com.

Fit to Fight Circuit Training

Train like the professional fighters. Keep your body guessing in this total body workout that will build your strength and cardiovascular endurance. This no contact circuit training class teaches proper form and modifications using battle ropes, kettlebells, dumbbells, sandbags, bands and medicine balls. All levels welcome. *No class 11/23. **No class 12/24. Fee: \$50. 480-350-5200

59530	16 yrs+	M/W/F	9/5-9/28	5:15-6 p.m.	BMT
59531	16 yrs+	M/W/F	10/1-10/29	5:15-6 p.m.	BMT
59532	16 yrs+	M/W/F	11/2-11/30*	5:15-6 p.m.	BMT
59536	16 yrs+	M/W/F	12/3-12/28**	5:15-6 p.m.	BMT

Intro to Boxing Fitness

Put your gloves on for a great cardio workout. Learn basic techniques; proper stance, footwork, punches, and jabs while using punching and double end bags. Increase your speed, agility and strength with cardio drills, pad and bag work. It's the fastest way to the toned physique you seek. No experience necessary.

No sparring. *No class 11/22. **No class 12/25. Fee: \$50. 480-350-5200

59527	16 yrs+	T/Th	9/4-9/27	5-6 p.m.	BMT
59528	16 yrs+	T/Th	10/2-10/30	5-6 p.m.	BMT
59529	16 yrs+	T/Th	11/1-11/29*	5-6 p.m.	BMT
59537	16 yrs+	T/Th	12/4-12/27**	5-6 p.m.	BMT

Functional Fitness Bootcamp

Class incorporates conditioning, endurance, strength, coordination, balance, agility and flexibility. *No class 12/6. Fee: \$8. 480-350-5800

59820	18 yrs+	T/Th	9/4-9/27	6:30-7:30 p.m.	ESCA
59821	18 yrs+	T/Th	10/2-10/23	6:30-7:30 p.m.	ESCA
59822	18 yrs+	T/Th	10/30-11/20	6:30-7:30 p.m.	ESCA
59823	18 yrs+	T/Th	11/27-12/20*	6:30-7:30 p.m.	ESCA

Holistic Health and Wellness

Holistic wellness is a comprehensive approach to nutrition and health that considers all aspects of a person's life. These classes address a wide-array of subjects from ultimate relaxation to a healthier you. Join Health and Wellness certified coaches Marci Cagen, Veronica Clark and Debi Sparkes as they lead you on your journey towards holistic health and wellness. 480-350-5200



Marci Cagen is a best-selling author, dynamic teacher and gifted spiritual guide. She has a unique ability to transform her own inspirational life story into practical tools and knowledge for others to learn and grow from. Her mission is to empower others to live happy, healthy and love-filled lives through coaching, workshops and retreats. Learn more at www.MarciCagen.com.



Veronica Clark, with extensive training in Yoga and holistic nutrition, helps others to experience the power, vitality and luminosity within themselves. Veronica is inspired by the mind-body connection and strives to maintain a balance between mindful eating, stress management and optimal health. She is passionate about helping others to do the same through nutrition and Yoga practice. Learn more at www.healthynutaz.com.



Debi Sparks, RHD, MaED, holds a master's degree in Contemplative Education from Naropa University and is completing a two-year certification in Mindfulness Meditation through UC Berkely. She is a full-time educator at Mesa Community College, leads meditation sessions for students and facilitates workshops on the topics of mindfulness-based and holistic education nationally.

New Aromatherapy; Essentials for Health & Well-Being

This informative class will introduce you to basic application methods and the top ten essential oils that no home should be without. Each participant will have an opportunity to make and take their own immune-boosting aromatherapy blend. Materials Fee: \$5; due to instructor at the start of class.

www.MarciCagen.com. Fee: \$8. 480-350-5200

60434	18 yrs+	T	11/13	6-8 p.m.	PAC
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New 'Fall' in Love with Aromatherapy

Harness the wisdom of Mother Nature in this fun DIY play-shop. Whether you are interested in oils for emotional, physical or spiritual wellness, you are sure to discover scent-sational recipes created to capture autumn magic. Each participant will have an opportunity to make and take their own essence. Materials Fee: \$5; due to instructor. www.MarciCagen.com. Fee: \$8.

480-350-5200

60433	18 yrs+	T	10/9	6-8 p.m.	PAC
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Intro to Mindfulness and Meditation; Tools for Everyday Use

Mindfulness meditation studios are open all over the valley. Class teaches the basics of mindfulness, meditation and offers tools for daily use. Benefits include stress reduction, improved concentration and self-care. Facilitated by Veronica Clark and Debi Sparks; fee includes workbook. Bring blanket or meditation cushion to class. www.TheVeronica.Clark.com. Fee: \$35. 480-350-5200

60424	18 yrs+	T	10/9-10/30	6-7:30 p.m.	PAC
Retreat	18 yrs+	Th	11/1	5:30-8 p.m.	PAC

New Meditation with Aromatherapy; Holiday Essentials

Learn to identify your individual nature (dosha); apply scientific health strategies to help create a new, holistic approach to food choices, diet and weight loss. Explore the 'six tastes of foods' to determine how food impacts the mind & body. Workshop includes recipes and a sampling of Ayurvedic treats (not a cooking class). Materials Fee: \$5; due to instructor. Fee: \$8. 480-350-5200

59210	All Ages	Sa	8/18	10 a.m.-1 p.m.	CSC
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Meditation with Aromatherapy; Relax and Restore

Release stress, nurture the spirit and renew your understanding of self-care. Calm the body and mind while allowing the nervous system to balance, refresh and revive. Class includes a soothing aromatherapy blend to take with you when you leave. Dress comfortably and bring a blanket or yoga mat. Materials Fee: \$5; due to instructor in class. www.MarciCagen.com. Fee: \$8. 480-350-5200

60432	18 yrs+	T	9/11	6-7 p.m.	PAC
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Introduction to Personal Fitness

Create a personalized fitness plan at the Kiwanis Fitness Center. Enjoy 6 sessions with a certified fitness professional in a small group setting. Receive hands-on instruction to help you properly utilize each piece of equipment for maximum mileage toward your goals. *No class 11/22. Fee: \$34. 480-350-5201

60224	16 yrs+	T/Th	9/11-9/27	9-10 a.m.	KRC
60225	16 yrs+	T/Th	10/16-11/1	9-10 a.m.	KRC
60226	16 yrs+	T/Th	11/6-11/27*	9-10 a.m.	KRC

Martial Arts; Goju Shorei Self Defense with Cane

Learn how to use a wooden cane as a legal and practical self-defense weapon. Students will learn basic strikes, blocks and footwork. Prior martial arts experience is recommended but not mandatory. Students may either purchase a cane (\$35) or borrow for use during class. Instructor: Aseem. No class 11/24. Fee: \$70. 480-350-5200

59542	16 yrs+	Sa	9/8-12/15	9:20-10:20 a.m.	CRC
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Martial Arts; Jujutsu

Learn traditional self-defense techniques such as joint locks, throws, chokes, strikes, blocks, ground fighting, pins and pressure point attacks as practiced by the Doshin (Samurai policeman). Ongoing classes taught by licensed instructors of the Otake Han Doshin Ryu system of Jujutsu. All levels welcome; no prior martial arts training required. *No class 11/22. **No class 12/25. 480-350-5200

59538	16 yrs+	T/Th	9/11-9/27	7:45-9 p.m.	CRC \$38
59539	16 yrs+	T/Th	10/2-10/30	7:45-9 p.m.	CRC \$50
59540	16 yrs+	T/Th	11/1-11/29*	7:45-9 p.m.	CRC \$50
59541	16 yrs+	T/Th	12/4-12/27**	7:45-9 p.m.	CRC \$50

Martial Arts; Karate

Join this Kenpo Karate martial arts class for beginning and intermediate students. Classes begin with a light warm-up and stretch followed by basic kick-punch-block drills. Self-defense techniques are taught, as well as forms (katas) and light sparring (optional). Comfortable clothing is recommended. Instructor: Aseem. *No class 11/24. **No class 11/22. 480-350-5200

59543	12 yrs+	Sa	9/8-12/15*	10:35 a.m.-noon	CRC \$70
59544	12 yrs+	Th	9/6-12/20**	7-8:25 p.m.	NCC \$75

Martial Arts; Karate Lim Kenpo

Strengthen family values in this Karate class designed for the whole family. Students will learn self-defense, respect and manners, increased self-confidence and focus. Ongoing, monthly program. Uniform Fee: \$55 (includes Lim's 3 patches). For more info contact Patrice Lim at 602-525-8472, www.limkenpo.net. *No class 11/22. **No class 12/25. ***No class 11/23. Fee: \$55. 480-350-5200

59412	13 yrs+	T/Th	9/4-9/27	7-8 p.m.	KRC
59415	13 yrs+	T/Th	10/2-10/30	7-8 p.m.	KRC
59416	13 yrs+	T/Th	11/1-11/29*	7-8 p.m.	KRC
59513	13 yrs+	T/Th	12/4-12/27**	7-8 p.m.	KRC
59413	13 yrs+	W/F	9/5-9/28	7-8 p.m.	CRC
59414	13 yrs+	W/F	10/3-10/26	7-8 p.m.	CRC
59417	13 yrs+	W/F	11/2-11/30***	7-8 p.m.	CRC
59517	13 yrs+	W/F	12/5-12/28	7-8 p.m.	CRC

Martial Arts; Self-Defense for Adults

Learn easy but highly effective strikes; punches and kicks so you can properly defend yourself. Topics include; avoiding conflict, verbal tactics and vulnerable points of the body. It is better to know self-defense and not need it, than to need self-defense and not know it. Simulated drills partnered with both men and women. Sensei John Rich. No class 10/20. Fee: \$20. 480-350-5200

59555	16 yrs+	Sa	10/6-11/3	1-2 p.m.	PAC
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Martial Arts; Tai Chi - Beginning Level I

Tai Chi has been likened to moving meditation. Experience relaxation and rejuvenation as you exercise in slow, gentle movements. This introductory class in the Guang Ping Yang style of Tai Chi will help you gain balance and flexibility, while improving breathing and posture. Peggi. No class 11/24. Fee: \$65. 480-350-5200

59548	16 yrs+	Sa	9/8-12/8	7-8 a.m.	CRC
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Martial Arts; Tai Chi - Beginning Level II

Class builds upon the 12 movements learned in Tai Chi Beginner Level I. Emphasis on gaining strength, flexibility and synchronizing breath with movement. Prerequisite: Tai Chi-Beginning Level I. Level II is for returning students or anyone familiar with Guang Ping Yang style of Tai Chi through at least the first 12 of 64 movements. Peggi. No class 11/24. Fee: \$65. 480-350-5200

59549	16 yrs+	Sa	9/8-12/8	8-9 a.m.	CRC
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Martial Arts; Wing Chun Self-Defense

Wing Chun is a Chinese martial art that uses the principals of physics and natural body mechanics to defend against larger and stronger opponents. Students will learn Chi-sau and other training methods to develop power, positioning, timing and striking/kicking techniques. Class focus is on practical self-defense applications. Norm. *No class 11/25. 480-350-5200

59550	16 yrs+	Su	9/9-10/21	9-10:30 a.m.	CRC \$35
59551	16 yrs+	Su	10/28-12/9*	9-10:30 a.m.	CRC \$30

Pilates: Intro

Pilates is an exercise system that strengthens and tones your core, enhances balance and improves posture. Learn the concepts and fundamentals of the Pilates techniques while getting a full body workout. Class starts with a gentle warm-up, evolves into a challenging Pilates mat workout and finishes with a series of stretches. Pippa. No class 11/12. Fee: \$70. 480-350-5200.

59571	16 yrs+	M	9/10-12/10	5:30-6:30 p.m.	KRC
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Pilates & Stretch

Join us for this multi-level class that combines Pilates exercises with effective stretching techniques to increase strength and flexibility for your entire body. Major areas of focus are the core, stability work, coordination, breathing and relaxation. No experience necessary. All levels welcome. Pippa. No class 11/12. Fee: \$70. 480-350-5200

59570	16 yrs+	M	9/10-12/10	6:30-7:30 p.m.	KRC
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Yoga; ABC's of Yoga

Take the mystery out of yoga and learn the basic fundamentals in this easy-to-follow class. Yoga doesn't have to be complicated; get the tools you need to find your inner yogi. Instructor will guide you through the most common poses and how to use equipment for optimal self-care. Come as you are and just bring a positive attitude. Samantha. Fee: \$45. 480-350-5200

59579	16 yrs+	T	9/11-11/13	4:50-5:50 p.m.	PAC
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Activities for Adults (18+ Years)

Yoga; Core Strength

Join Samantha, as she helps you strengthen your core muscles to improve your body alignment and flexibility. Focus will be on toning your core using poses, stretching and breathing techniques that will enhance your stability, balance and body fluidity. A strong core leads to a powerful body that will make you less prone to injury. No class 10/18, 11/22. Fee: \$55. 480-350-5200
59589 16 yrs+ Th 9/13-12/6 4:50-5:50 p.m. PAC

Yoga; Ease Your Pain

Join Carol Ann in this functional self-care class designed to develop your muscles to make it easier to perform everyday activities, prevent injury and reduce daily aches and pains. Learn breathing techniques and yoga poses to stabilize your core. You will have all the tools you need to begin your journey of self-care. Beginners and advanced levels welcome. Fee: \$59. 480-350-5200
59592 16 yrs+ W 9/12-12/5 5:30-6:30 p.m. KRC

Yoga; Engage your Senses

Join Janelle as she engages your senses in a holistic way. Essential oils will be woven into this gentle yoga class to help clear your mind, relax your body and soul. Find yourself in a deeper meditative state, flowing more freely while alleviating stress from your life. Oils introduced aromatically and topically as desired. Bring your own yoga mat. Fee: \$30. 480-350-5200
59595 16 yrs+ W 9/12-10/17 4:45-5:50 p.m. PAC

Yoga; Evening Wind Down

Let go of your day, calm your mind and body. Class is a wonderful and relaxing way to end the day by combining gentle movement using poses to calm nerves and prepare your body for a good night's sleep. Release tension with simple techniques including breathing, meditation and stretching. Suitable for all levels. Bring your own yoga mat. Caroline. Fee: \$75. 480-350-5200
59557 16 yrs+ T 9/11-12/11 7:30-8:45 p.m. MUS

Yoga; Healthy Backs (All Levels)

Healthy Backs Yoga is a therapeutic class designed for participants with chronic neck and back pain. Focus on balancing strength and flexibility in the upper back, shoulder blades, neck and lower back. Practice is slow, gentle and suited for all skill levels. No experience necessary. Bring your own yoga mat. Tammy. No class 11/21. Fee: \$65. 480-350-5200
59572 16 yrs+ W 9/12-12/12 7:10-8:25 p.m. PAC

Yoga; Level Up

Take your yoga practice to the next level. Build upon your yoga foundation by perfecting; breathing, poses and alignment to make your movements more fluid while improving your practice. Gain more flexibility, improve your balance and increase your energy. Everyone works to his or her own ability and comfort level. Carol Ann. Fee: \$65. 480-350-5200
59593 16 yrs+ W 9/12-12/5 6:45-8 p.m. KRC

Yoga; Nightcap Nidra

Yoga Nidra induces complete physical, mental and emotional relaxation. Practice consists of breathing exercises and guided meditation while reclining in a restorative position. Release 3 kinds of tension: muscular, emotional and mental. Experience meditative state said to be 5 times more restorative than sleep. www.eighthlimb.com Tammy. No class 10/18, 11/22. Fee: \$55. 480-350-5200
59573 16 yrs+ Th 9/13-12/6 7:10-8:10 p.m. PAC

Yoga; Parent & Preschooler

Please see page 9 for a complete description and class times.

Yoga; Parent & Toddler

Please see page 9 for a complete description and class times.



Yoga; Pelvis & Lower Back Pain

If you suffer from lower back pain, pelvic pain, incontinence, pelvic organ prolapse or want to prevent piriformis or sciatic nerve pain, then this class is for you. Learn how yoga poses and stretching exercises can increase circulation, build stamina and balance the pelvic floor to alleviate pain. Fee: \$69. 480-350-5200
59586 16 yrs+ Su 9/9-12/9 9:15-10:15 a.m. KRC

Yoga; Restorative with Guided Meditation

Restorative Yoga is a soothing, gentle class where both restorative and yin poses are utilized to remove deep-seated tension. Class culminates in the profound meditative experience of yoga nidra; restful and effortless guided relaxation. Participants will leave class feeling calm and refreshed. Bring your own yoga mat. Caroline. Fee: \$75. 480-350-5200
59556 16 yrs+ M 9/10-12/10 7:30-8:45 p.m. MUS

Yoga; Restorative with Reiki

Join Tammy, a certified Reiki Master, to heal the body, renew the mind and refresh the soul. Experience deep relaxation with restorative poses and reiki healing energy to reduce stress and fatigue. Yoga props will be used to hold the body in position. Open to all fitness levels. No class 11/20. Fee: \$59. 480-350-5200
59574 16 yrs+ T 9/11-12/4 7:15-8:30 p.m. PAC

Yoga; Slow Flow

This all-levels flow practice mindfully builds strength and flexibility, improves posture and concentration. Breath, mindful movement and posture alignment are integrated. Move in and out of poses in a slow, breath-centric rhythm, using focused transitions. Get a total-body workout at a slow flow pace. Bring your own yoga mat. Caroline. Fee: \$75. 480-350-5200
59558 16 yrs+ M 9/10-12/10 6-7:30 p.m. MUS

Yoga; Slow & Gentle

Perfect for beginners and those wanting a slow, meditative and gentle yoga class. Increase flexibility, joint mobility and agility. Incorporate breathing exercises along with visualization techniques for stress reduction. Poses are modified and may be done with props. Bring your own yoga mat. No class 11/12. Fee: \$70. 480-350-5200
59575 16 yrs+ M 9/10-12/10 10:30 a.m.-noon KRC

Yoga; Soothing Spine

Unwind and realign your spine with nurturing yoga poses to eliminate shoulder tension, neck and back pain. Focus on preserving the curve in your spine with stretching, breathing and alignment techniques using yoga poses and props. Move pain free and relax while gaining more flexibility and balance. Practice is slow and soothing. All levels. No class 11/24. Fee: \$49. 480-350-5200
59590 16 yrs+ Sa 9/22-12/1 9:15-10:30 a.m. KRC

Yoga; Stress Release

Increase your range of motion and flexibility while managing pain and stress. Yoga designed to release physical and emotional trauma and activate the body's self-healing potential. Especially effective for those suffering from anxiety, PTSD and panic attacks. Instructor trained in Core Stress Release Healing Emphasis yoga. No class 11/12, 11/19. Fee: \$59. 480-350-5200.

59576 16 yrs+ M 9/10-12/10 4:15-5:15 p.m. PAC

Yoga; Stretch and Relaxation

A total-body, mat-based, stretching class with guided meditation. Stretch your body from head-to-toe using a variety of safe exercises. Increase your range of motion and flexibility, reduce back pain and improve posture. Positively transform the way your body looks, feels and performs. All levels welcome.

Bring a yoga mat to class. No class 11/22. Fee: \$65. 480-350-5200

59587 16 yrs+ Th 9/13-12/13 9-10 a.m. KRC

Yoga; Therapeutic

Learn to move with grace and ease while using basic breathing exercises and simple yoga poses to help relax your head, neck, shoulders and back. This class will flow at a slower pace and students of all experiences and backgrounds are welcome to attend. Bring your own yoga mat. Kim.

*No class 11/12, 11/19.

**No class 11/21. 480-350-5200

59562 16 yrs+ M 9/10-12/10* 4:45-5:50 p.m. PAC \$60

59561 16 yrs+ W 9/12-12/12** 6:15-7:15 p.m. NCC \$65

Yoga; Tone and Core

A perfect way to refine your body from the inside-out. Emphasis will be on strengthening the body from the deep center by using a variety of yoga postures as a guide. Target and challenge the muscles of the back, abdominals, hips and glutes. Bring your own yoga mat. Caroline. Fee: \$75. 480-350-5200

59559 16 yrs+ T 9/11-12/11 6-7:30 p.m. MUS

Yoga; Unwind

Leave your worries at the door and step into a safe place where you can let it all go. Release your stress in this mellow, slow and gentle class. Slower paced movements will be used to achieve ultimate relaxation using a combination of lying down, seated and standing poses. Unwind and improve circulation, balance and flexibility. No class 10/31, 11/21. Fee: \$30. 480-350-5200

59596 16 yrs+ W 10/24-12/12 4:45-5:50 p.m. PAC

Yoga; Yin and Meditation

Yin Yoga is a soothing and relaxing form of yoga which allows participants to move deeply into various postures and hold the poses for a longer period of time. End with 20 minutes of Nidra meditation. Students will be coached on how to meditate properly and comfortably. Bring your own yoga mat.

www.eighthlimb.com. Tammy. No class 11/23. Fee: \$55. 480-350-5200

59577 16 yrs+ F 9/21-12/7 5:30-6:45 p.m. KRC

Yin & Restorative (All Levels)

Practice gentle, graceful, meditative Yin Yoga designed to alleviate stress and tension in the connective tissue of the hips, pelvis and spine. Transition to nurturing, restorative poses that bring balance to the nervous system and allow for deep rest. Experience balance and healing in a setting where you can relax and let go. Janelle. No class 11/12, 11/19. Fee: \$59. 480-350-5200

59578 16 yrs+ M 9/10-12/10 7-8:15 p.m. PAC

Yogilates

Yogilates combines Yoga and Pilates practices offering the best of both worlds. Exercises will cultivate proper breath use, strength, stamina, stability and flexibility while also emphasizing the deep muscles of the core. No experience necessary. Class taught by certified Yoga/Pilates instructor. Bring your own yoga mat. Diane. No class 11/12, 11/19. Fee: \$59. 480-350-5200

59564 16 yrs+ M 9/10-12/10 6-7 p.m. PAC

Drop-In Fitness Classes

Are you too busy to make a 4 to 12-week fitness commitment? How about fitness when you want it? Introducing a convenient payment method: drop-in fitness classes. Now you have the choice to make a commitment to register for a full session of classes or commit to participate only when you have the time. If you choose to drop-in, please arrive 10 minutes early to register for your class. You will need to show your receipt to the instructor in order to validate payment of class.

Exercise; Building Better Bones with Pippa Frame

Stop bone loss and restore bone mass. Pilates-based exercises to strengthen muscles, increase flexibility and improve balance. Focus on reversal of bone loss, injury prevention and functional fitness to help avoid falls, alleviate pain and maintain independence. Fee: \$74. Drop-in Fee: \$7 per class. 480-350-5200

59569 16 yrs+ W 9/12-12/12 9:30-10:30 a.m. KRC

Exercise; MixedFit® (All Levels)

Get your groove back and dance your way to a leaner, slimmer physique with this latest fitness trend. MixedFit® incorporates boot-camp toning with easy-to-follow dance routines. Dynamic full-body cardio workout combining explosive dance moves to your favorite hip-hop and pop music. No class 10/20, 11/24. Fee: \$59. Drop-in fee \$7 per class. 480-350-5200.

59582 16 yrs+ Sa 9/8-12/8 9:15-10:15 a.m. PAC

Exercise; Zumba® Fitness - burn 300 kcal!

Zumba is a high-energy cardio workout that incorporates unique moves with sizzling Latin dance music. Zumba maximizes caloric output with fat-burning movements and easy-to-follow dance steps. All levels welcome. No class 11/12, 11/19. Fee: \$46. Drop-in Fee: \$4. 480-350-5200

59565 16 yrs+ M 9/10-12/10 6-6:50 p.m. PAC



Activities for Adults (18+ Years)

Special Interest

Armchair Travel

Want to get away but don't have the time or money? Join Tempe resident and world traveler Melissa Hahn as she shares personal adventures, stories and photos of her travels in China. Registration is not required. Fee: None.

480-350-5500

No Code 18 yrs+ M 10/22 1-2:30 p.m. LMRA

Citizenship Class

Come join us to practice for the U.S. Citizenship test. Here you will learn about local resources, discuss interview tips and more. This four-part course meets through the month of October. Over the course of the month we'll be covering all 100 of the history and civics questions asked on the Naturalization exam.

Registration is not required. Fee: None. 480-350-5500

No Code 18 yrs+ Th 10/4-10/25 2-3 p.m. LMRB

Diversity Dialogue

A series of meetings to foster community dialogue about diversity topics, cultural acceptance and inclusion. Cultivate a better understanding of self, community and ways to improve the climate for diversity in Tempe. Pizza provided at each session. Register at www.tempe.gov/DiversityDialogue. No class 10/8. Fee: None.

480-350-2905

No Code 14 yrs+ M 9/17-10/29 6-8 p.m. LMRA

ESL Table Talk

Do you want to improve your English? Attend one or both sessions to learn and improve common vocabulary, phrasing and discuss American culture. Basic English reading, writing and speaking skills are required. Registration is not required. *No class 11/12. Fee: None. 480-350-5500

No Code 18 yrs+ M 9/10-11/19* 1-2 p.m. LMRB

No Code 18 yrs+ W 9/12-11/21 10-11 a.m. LMRB

The Giving Tree: Caring for Our Young and Old Growth Trees

Learn best practices for tree care from a Certified Arborist. Topics will include care of new trees as well as proper maintenance of established, old growth trees. Trees provide so many benefits, from cleaning our air to keeping us cool. Protect our leafy friends by learning about proper selection, planting and maintenance.

Registration is not required. Fee: None. 480-350-5500

No Code 18 yrs+ Sa 10/20 11 a.m.-1 p.m. LMRA

No Code 18 yrs+ Sa 11/17 noon-2 p.m. LMRA

Growing Edibles in the Low Desert

Learn how to grow edibles, such as herbs and vegetables, from a Certified Master Gardener. Because there are two growing seasons, the low desert is great for water-wise gardening year-round. This class will cover soil preparation, plant selection and plant care. Now you can grow your veggies and eat them too.

Registration is not required. Fee: None. 480-350-5500

No Code 18 yrs+ Sa 11/17 10 a.m.-noon LMRA

JuggleMania!

Please see page 14 for a complete description and class times.

Landscape Watering by the Numbers

Join us to learn how long and how often to water your plants to support a healthy and beautiful landscape. Each participant will receive a copy of the book *Landscape Watering by the Numbers*, as well as a landscape watering card.

Registration is not required. Fee: None. 480-350-5500

No Code 18 yrs+ Sa 10/20 10-11 a.m. LMRA

Dog Parks



Tempe offers recreation for your canine companions. Visit one or all of our off-leash activity areas!

To view information about Basic Dog Obedience classes, see the Activities for Adults (18+ Years)

Clark Park

19th St. & Roosevelt St.

Creamery Park

8th Street and Una Avenue

Jaycee Park

5th Street and Hardy Drive

Mitchell Park

9th Street and Mitchell Drive

Papago Park

Curry Road and College Avenue

Tempe Sports Complex

Carver Road and Hardy Drive



Activities for Adults (18+ Years)

Lifefolio Organizational Seminar

Learn new ideas for organizing your financial, health and personal documents. Do you have children going off to college soon and need to find tax documents for financial aid? Do you or a loved one know where your important documents are in case of emergency? Join us for a seminar on organizing your most important documents. Registration is not required. Fee: None. 480-350-5500
No Code 18 yrs+ W 9/12 6-7:30 p.m. LBRIC

One-on-One Job Help

Receive personal assistance in creating resumes, searching for and applying for jobs online and with other individual employment needs. Assistance is limited to 30-minute sessions. Meets every Tuesday. Appointments can be made at the library or by visiting www.tempe.gov/library/joblink. Fee: None. 480-350-5500
No Code 18 yrs+ T 9/4-11/27 2-4 p.m. LBRIC

Pets; Basic Dog Obedience (6 mos+)

Teach your dog how to follow basic commands. Class focuses on socialization, working with distractions and addresses nuisance behaviors like barking and jumping. No dogs week one; first class includes paperwork, vaccination verification and Q & As. Training is by Perfect Pooch, www.perfectpoochaz.com. Instructor Fee: \$80; due at first class. Fee: \$25. 480-350-5200

60451 16 yrs+ T 9/18-10/23 7-8 p.m. PDP
60450 16 yrs+ T 11/6-12/11 6-7 p.m. TSC

Pets; Intermediate Dog Obedience (6 mos+)

Gain control of your dog in this class designed to take basic obedience to the next level. Work with the heel command, urgent come and long stay with distractions. Your dog will socialize, learn pack management skills and play structured games. No dogs week one. www.perfectpoochaz.com. Prerequisite: Basic Obedience. Instructor Fee: \$80; due at first class. Fee: \$25. 480-350-5200
60452 16 yrs+ Th 10/11-11/15 7-8 p.m. TSC

Pets; Advanced Dog Obedience (6 mos+)

This is a class all about tricks. Get introduced to the clicker and learn to teach your dog how to shake paws, army crawl, jump through a hoop, 'touch' things with their nose, and more. Class is interactive and filled with challenging activities. No dogs week one. www.perfectpoochaz.com. Prerequisite: Basic Obedience. Instructor Fee: \$80; due at first class. Fee: \$25. 480-350-5200
60453 16 yrs+ W 11/14-12/19 6-7 p.m. PDP

Sewing Classes

A sewing machine is encouraged for the classes below. If you don't have a machine, the City has a limited amount available for use; machines may not be removed from classrooms and are only available for use during classroom hours. All students must bring required materials to the first class. To view a list of materials, as well as supply vendors, visit www.tempe.gov/classmaterials.

Sewing; Alterations Workshop

Learn how to repair a variety of clothing items from dresses to skirts, to pants and men's jackets. Workshop includes tapering and hemming. Bring fitted garments to workshop that are the correct length and may be used as baselines to hem other projects. Basic sewing supplies are needed. Kathleen. Fee: \$25. 480-350-5200

60274 8 yrs+ Sa 12/8-12/15 9 a.m.-noon PAC

Sewing; Intro to Quilting

Whether you are looking to create one-of-a-kind décor or an heirloom piece, learn how to manipulate and preserve old clothing and fabrics to showcase in a personalized quilt. Explore layouts and use your imagination to design personalized quilt squares bursting with color and full of texture and flair. Kathleen. 480-350-5200

60275 8 yrs+ M 10/15-10/22 5:30-8:30 p.m. PAC

Sewing; Open Studio

A self-paced class for those who are looking to complete an existing project or may need guidance beginning a new project. Studio class is open to all sewing students with a working knowledge of basic skills and techniques. An experienced instructor will be available to help with your projects; bring your patterns and materials to class. Kathleen. Fee: \$25. 480-350-5200
60272 8 yrs+ Th 10/25-11/1 5:30-8:30 p.m. PAC
60273 8 yrs+ Sa 12/8-12/15 noon-3 p.m. PAC

Sewing; Parent/Child

Please see page 15 for a complete description and class times.

Sewing; Sewing 101 – Beginner

Learn to hand-sew and use your machine. You will be introduced to three basic hand-sewing stitches and machine techniques while creating custom projects. Bring basic sewing supplies and a sewing machine. Taught by a professional seamstress/evening wear designer. For a list of materials, visit www.tempe.gov/classmaterials. Kathleen. Fee: \$45. 480-350-5200
60266 14 yrs+ M 9/10-10/8 6-8:30 p.m. PAC

Sewing; Sewing 102 – Intermediate

Mastered the basics of Sewing? Enhance your skills; sew from a pattern. Sewing from a pattern will provide you with many options for creating garments, costumes, soft furnishings, toys and other items. Learn about sizing, alterations, seams, grain lines, button markings and more. Bring a pattern, tracing wheel and paper. Kathleen. No class 11/12, 11/19. Fee: \$45. 480-350-5200
60267 14 yrs+ M 10/29-12/10 6-8:30 p.m. PAC

Spanish Classes

All Spanish students must bring the appropriate required book to the first class. To view a complete list of class materials, as well as a list of supply vendors, visit www.tempe.gov/classmaterials. 480-350-5200

Passport to Spanish

A casual, interactive introduction to Spanish. Learn the basics of reading, speaking and writing. Prepare for travels as you build your vocabulary through pronunciation, and reading. Required Book: "Easy Spanish Step-By-Step," by Barbara Bregstein. ISBN-13: 978-0071463386. Instruction by Mi Escuela Spanish Academy, www.Facebook.com/MiEscuelaSpanishAcademy. Fee: \$45. 480-350-5200

60261 15 yrs+ W 9/26-11/14 5:30-6:45 p.m. PAC

Conversational Spanish

Build upon the fundamentals learned in Passport to Spanish with in-depth, every day, informal conversation. Move beyond the basics to explore verb conjugation, tenses, vocabulary and improve your reading and speaking skills. Required Book: "Advanced Spanish Step-By-Step," by Barbara Bregstein. ISBN-13: 978-0071768733. www.Facebook.com/MiEscuelaSpanishAcademy. Fee: \$45. 480-350-5200

60449 15 yrs+ W 9/26-11/14 7-8:15 p.m. PAC

Make a Difference, Volunteer!

www.tempe.gov/volunteer

Activities for Adults (18+ Years)



809 E. Southern Avenue
480-350-5100

All programs are free and open to the public.

Saturday, 7/28; 3 p.m. - PERFORMANCES at the MUSEUM Azure Family Concert with Tetra String Quartet

Presented by the Tetra String Quartet, Azure Concerts are engaging performances tailored to children and young adults who are on the autism spectrum or have similar challenges. Azure concerts are approximately one hour in length. Family members and caregivers of all ages are welcome to attend. The performance will be followed by an instrument petting zoo. Free tickets are available at www.tetraquartet.org/azure.

Saturday, 8/11; 7 p.m. - PERFORMANCES at the MUSEUM Digital EP Release Party with Dave Vito and the Volunteers

"Unplugged" Acoustic, with special guest Joe Vito. Hear Dave Vitagliano's new Digital EP with its guitar driven, melodic and driving Americana rock. This will be a full band show featuring a lineup of familiar local musicians. This show will be something special. Download cards will be for sale.

Thursday, 9/20; 7 p.m. - THIRD THURSDAY at the MUSEUM An evening with Steve Wargo and Tony Topaz - The Art of G.F.D: Screening, Seminar and QnA Session

Join us for quality desserts, coffee and an event that is part artist portrait, part history lesson, part community forum and part creative experience. This seminar will cover: the necessary survival tools for the independent filmmaker, how to self-distribute, what it takes to get your film on Amazon, Prime Net flicks and other on-line formats, what's the best camera to use and great filmmaking tips. Steve Wargo and Tony Topaz are two filmmakers who have done everything from script to screen, and everything in between to produce and sell their films. If you are a filmmaker looking for answers this free seminar is a must.

Thursday, 10/4 through Sunday, 11/4 - Lobby Exhibit Haunted Time Warp

A lobby portal transports guests to a dimension where a mix of Museum images, artifacts and hauntingly fun hands-on manipulations provide a truly spooktacular Halloween experience.

Wednesday, 10/10; 11:30 a.m. - Tempe Historical Society Lunch Talks Father and Son with Kyle Mitchell

Kyle Mitchell is a Diné (Navajo) Native American. He grew up on the reservation with his grandparents, where he learned the family's work ethic along with oral tradition. After graduating high school, he enlisted in the Army where he served two tours – one in Iraq and one in Afghanistan. After his discharge, he decided to pursue a degree in accounting. While taking a mythology course at South Mountain Community College with Liz Warren, he was introduced to the storytelling community. Now, he shares oral traditions through stories that are contemporary and informative. Kyle is currently the American Indian Outreach Coordinator and adjunct faculty member of the Storytelling Institute at South Mountain Community College. Coffee and light refreshments provided.

Friday, 10/12; 7 p.m. - PERFORMANCES at the MUSEUM Kabarett; A Strange Show for Strange Times

Come along for a twisted evening of peculiar music and warped visuals showcasing German Theatre songs, classic film scores, offbeat pop songs and original music in all new arrangements. All performed by a live music ensemble in a custom stage setting.

Thursday, 10/18; 7 p.m. - THIRD THURSDAY at the MUSEUM An Evening with Author Heidi J. Osselaer - "Arizona's Deadliest Gunfight"

Join author Heidi Osselaer as she discusses the research for this book and the documents she found in local, state and federal archives. She also will detail her trip into the Galiuro Mountains (with bears and ornery mules.) This gunfight was generally believed to be caused by a feud, but her research demonstrates that hysteria during WWI was the true culprit. After a break for great coffee and dessert, she will open the floor for audience discussion because invariably folks with some connection to the story will be in attendance. Enjoy the best local dessert and coffee and an event that is part artist portrait, part history lesson, part community forum and part creative event. Open to the public; donations welcome.

Saturday, 10/20; 7 p.m. - PERFORMANCES at the MUSEUM The Cabinet of Dr. Caligari with Tetra String Quartet

The Cabinet of Dr. Caligari is a 1920 German silent horror film - considered the quintessential work of German Expressionist cinema. It tells the story of an insane hypnotist who uses a somnambulist to commit murders. The film features a dark and twisted visual style, with sharp-pointed forms, oblique and curving lines and structures and landscapes that lean and twist in unusual angles. Tetra String Quartet will play the score that concert pianist Stephen Prutsman wrote for this silent film. It is all very spooky and perfect for the Halloween season.

Saturday, 11/10; 7 p.m. - PERFORMANCES at the MUSEUM There is Danger

There Is Danger is an Americana-dream-pop outfit from the southwestern desert. Their songs are best described as lush, bedroom-pop heartbreakers full of wanderlust suitable for your next 4 a.m. drive out of town.

Wednesday, 11/14; 11:30 a.m. - Tempe Historical Society Lunch Talks

Piloting Air Force One with Colonel (retired) Scott Turner
An assignment to pilot Air Force One gives a pilot many challenges. Prior to his retirement in 2014, Colonel Scott M. Turner served as the Commander of the Presidential Airlift Group located at Andrews Air Force Base, MD. He joined the Presidential unit in 1998 and served the administrations of Presidents Bill Clinton, George W. Bush and Barack Obama. His assignments over his career focused on flying large Air Force airplanes. At the time of his retirement, his 10,500 flight hours were the highest in the Active Duty Air Force. Col. Turner will talk about his experiences flying three Presidents, including the challenges he faced in safely transporting them to dangerous locations. Admission is free, with coffee and light refreshments provided.

Thursday, 11/15; 7 p.m. - THIRD THURSDAY at the MUSEUM The Show presented by Niamey Thomas & Life of a Young Realist

Join us each Third Thursday for quality desserts, coffee and an event that is part artist portrait, part history lesson, part community forum and part creative experience. On Nov. 15, "The Show" presented by Niamey Thomas & Life of a Young Realist will explore inter-generational trauma in families of color through dance, film and poetry. The purpose is to expose the silenced trauma that happens within family dynamics and encourage the audience to search within and seek their own rehabilitation.

Saturday, 12/1; 7 p.m. - PERFORMANCES at the MUSEUM Nina Curri and Mary Hoffman

Join us as two singer/songwriters fill the room with original and cover tunes. Think of some poignant questions for them as we will meet them in a Q & A session after their sets.

Activities for Adults (18+ Years)

Christmas at the Petersen House

Saturday: 12/1, 12/8 and 12/15
Sunday: 12/2, 12/9 and 12/16
Open from 10 a.m. to 2 p.m.

Experience a Tempe Christmas tradition by visiting the Petersen House Museum this holiday season. Celebrating turn-of-the-century style with a Danish flair in honor of Niels Petersen, the house will be festively decorated for the season. Enjoy refreshments and activities on the grounds, and learn about the history as you tour the house. This is sure to create lasting memories with your family and friends during Tempe's Christmas at the Petersen House, 1414 W. Southern Ave.

Sports

Adult Sports Leagues Organization Meetings

Basketball 11/6 7 p.m. PAC

Registration

Basketball 12/5 8 a.m. REC/online

Archery Classes

Please see page 16 for a complete description and class times.

Basketball; Adult Open Gym Basketball

Come play indoors. Court will be available for open play. Players must have a free facility membership and a valid fitness pass. A registration form and photo ID are required on the first visit. Fee: \$1. (3-month pass \$10, annual pass \$25). 480-350-5800

No Code 18 yrs+ T Ongoing 6:30-9 p.m. ESCA
 No Code 18 yrs+ Su Ongoing 3:30-6 p.m. ESCA

Basketball; Women's Fall League

Registration: 7/30, 8 a.m. Teams must register in person at Escalante.

Date: League begins 9/10

Team Fee: \$300

Individual Fee: \$50

Individual Code: 60443

Contact: Jennifer Gall, 480-350-5805

Golf; Golf 101 - Beginner

Have you always wanted to learn how to play golf but never made the time? Come learn the fundamentals of golf from a PGA professional. Students will learn the rules, proper etiquette of golf, stance, grip and swing technique. Participants are encouraged to bring their own clubs; clubs may also be borrowed from the instructor. Meet in Clubhouse. *No class 11/24. Fee: \$50. 480-350-5200

60255 18 yrs+ Sa 9/8-9/29 9-10 a.m. KMGC
 60257 18 yrs+ Sa 10/6-10/27 9-10 a.m. RHGC
 60256 18 yrs+ Sa 11/3-12/1* 9-10 a.m. KMGC

Golf; Golf 102 - Intermediate

Designed for those who have already taken Golf 101 or need to dust-off their clubs and get back in the game. Class is taught by a PGA professional who will help you gain a better understanding of equipment, how to perfect your golf swing, as well as on-course management. Students are encouraged to bring their own clubs. Meet in Clubhouse. *No class 11/25. Fee: \$50. 480-350-5200

60258 18 yrs+ Su 9/9-9/30 9-10 a.m. RHGC
 60260 18 yrs+ Su 10/7-10/28 9-10 a.m. KMGC
 60259 18 yrs+ Su 11/4-12/2* 9-10 a.m. RHGC

Pickleball; Drop-In, North Tempe/Escalante Community Centers

There are two courts at each location that are open for drop-in recreational games. All players must have a free facility membership and a valid fitness pass. Fitness pass cost: \$1. (3-month pass \$10, annual pass \$25).

NCC 480-858-6500 ESCA 480-350-5800

No Code 18 yrs+ T Ongoing 6-9 p.m. NCC
 No Code 18 yrs+ Th Ongoing 9 a.m.-noon NCC
 No Code 18 yrs+ T 8/7-5/21 8:30 a.m.- 1:30 p.m. ESCA

Rock-Climbing; Rock-Climbing and Rappelling

Basic instruction of the fundamentals and techniques of rock-climbing, as well as knot-tying and methods of belaying. Class participants need to arrive 15 minutes prior to the start of class to be fitted for shoes and to complete a waiver form.

Fee: \$48. 480-350-5200

60166 16 yrs+ W 10/10-10/24 6:30-9:30 p.m. ROC
 60167 16 yrs+ W 11/28-12/12 6:30-9:30 p.m. ROC

Volleyball; Drop-In, Escalante Community Center

Bring your friends for a fun game of volleyball. Players of all levels are welcome. Players must have a free facility membership and a valid fitness pass. A registration form and photo ID are required on the first visit. Fee: \$1.

(3-month pass \$10, annual pass \$25). 480-350-5800

No Code 16 yrs+ Th Ongoing 7:30-9 p.m. ESCA
 No Code 16 yrs+ Su Ongoing 1-4 p.m. ESCA

Volleyball; Drop-In, Kiwanis Recreation Center.

The Kiwanis Recreation Center offers coed drop-in volleyball for ages 16 yrs+. Teams are formed on-site; learn rules at sign-up. Fee: \$4. 480-350-5201

No Code 16 yrs+ Su 9/2-11/4 11 a.m.-2:30 p.m. KRC

Volleyball; Drop-in, North Tempe Multi-Generational Center

The North Tempe Multi-Generational Center offers coed drop-in volleyball for ages 16 yrs+. Teams are formed on-site; one court is available for all levels of play. All players must have a free facility membership and a valid fitness pass. Fee: \$1 (3-month pass \$10, annual pass \$25). 480-858-6500

No Code 16 yrs+ W Ongoing 6-9 p.m. NCC

Volleyball League Information www.tempe.gov/kiwanis

League Registration Dates

Resident Teams: 8/13-8/24
 Non-Residents Teams: 8/16-8/24
 League Dates (T/W): 9/4-10/17
 Tournament Dates: 10/23-11/7*
 *No play on 10/31

Women's A: 59825
Co-Rec B: 59826
Cost: \$325/team

No individual registration will be taken. For more information, contact Carrie Reither, carrie_reither@tempe.gov

Go Outside and Play!!!

www.tempe.gov/parks