

**Registration begins April 23; classes begin June 4 unless noted otherwise within class descriptions.
No class July 4. To view a list of class location abbreviations, see page 2.**

The activities and classes below are designed specifically for Adults (50+ Years). Additional offerings for adults may be viewed in the Adults (18+ Years) section.

Cahill Senior Center

**715 West 5th Street
480-858-2420
www.tempe.gov/cahill**

The Dennis J. Cahill Senior Center offers a fully-equipped fitness room, computers with Internet access, luncheons, classes and special events for adults ages 50+.

Facility Hours:

Monday – Friday, 8:30 a.m.-2:30 p.m.

Facility Closures:

May 28, July 4

Weekly Activities

Exercise Class	M	10:30 a.m.
\$1 Appetizers	M	noon
Bingo*	M	1 p.m.
\$3 Lunch Before Bingo	F	11:30 a.m.
Bingo*	F	1 p.m.

*Card sales begin at 12:30 p.m.

Please refer to the Roadrunner Chronicle newsletter, or call 480-858-2420, for more information. Join the RTA (Retirees of Tempe Advisory Group) for event discounts.

Senior Support Group

Join this open therapy group facilitated by our City of Tempe counselors to discuss what's on your mind, including: grief and loss, isolation and loneliness, financial needs and support, health, social supports and anything else. Fee: None. Please call 480-858-2420 for additional information.

Make a Difference, Volunteer!

www.tempe.gov/Volunteer

Escalante Senior Center

**2150 East Orange Street
480-350-5870
www.tempe.gov/escalante**

The Escalante Senior Center is operated by Tempe Community Action Agency (TCAA) with programming every Tuesday through Friday for Adults 60+. TCAA offers a Health and Wellness program every Tuesday and Thursday which includes information classes by a certified health instructor and exercises classes using a Silver Sneaker trained instructor. Cooking demonstrations including information on good nutrition and physical exercise from Eat Smart/Live Well program are presented on Thursdays each month. We will also be having Water Aerobics on Wednesday mornings in June and July. Other activities include the lunch program, Bingo, Art and Crafts classes, Readers Theater, Field Trips and Seasonal Celebrations. Stop by the center to receive detailed information or call the center to make a lunch reservation and receive detailed information about the programs and registrations. 480-350-5872.

Pick up a newsletter to view upcoming activities or Like us on Facebook: <https://www.facebook.com/TCAASeniorCenters>

Facility Hours

Tuesday-Friday, 8 a.m.-3 p.m.

Facility Closures:

July 4

Weekly Activities:

Health Information Classes	T/Th	9:30 a.m.
Exercise Class	T/Th	10:30 a.m.
Lunch Program	T-F	11:30 a.m.
Bingo	T/Th	12:30 p.m.
Walking Club	W	9 a.m.
Cooking/Nutrition Class	Th	10:45 a.m.
Readers Theater	W	12:30 p.m.
Arts and Crafts	W	12:30 p.m.
Movies	F	Call 480-350-5872
Field Trips	F	Call 480-350-5872

Special Events for Adults 60+

Contact: Tania Valdes 480-350-5872

Fourth of July Event

Join us in celebrating our independence. We will have entertainment, dancing and lots of fun. Lunch to follow. Fee: None. To register, call 480-350-5872.

No Code 60 yrs+ T 6/3 10-12:30 p.m. ESCA

Activities for Adults (50+ Years)

North Tempe Senior Center

1555 North Bridalwreath Street
480-858-6510
www.tempe.gov/northtempe

The North Tempe Senior Center is operated by the Tempe Community Action Agency (TCAA) for adults 60+. The Center offers billiards, books, magazines, TV, playing cards and a collection of board games. Programming includes lunch three days a week, art and crafts, games, special events and chair exercise. Each month there are nutrition, health education and community awareness talks. For more information, stop by the center or call 480-858-6512.

Facility Hours:

Monday – Friday, 8 a.m.-3 p.m.

Facility Closures:

May 28, July 4

Weekly Activities

Bingo	M	12:30 p.m.
Walking Club	M-F	7:30 a.m.-9 a.m.
Mahjong, Bunco, Games	M/W/Th	11 a.m.
Chair Exercise	M/W/F	9:30 a.m.
Tai Chi Exercise	T	9:30 a.m.
Art for Beginners	T	10:30 a.m.-noon
TCAA Congregate Lunch	T/W/Th	11:30 a.m.
Chair Exercise	Th	9:30 a.m.
Eat Smart, Live Strong Program	M	9 a.m.

Home Delivered Meal Program

Tempe Community Action Agency (TCAA) at the North Tempe Multi-Generational Center operates the Home Delivered Meal (HDM) program that serves meals to home bound elderly and disabled individuals in Tempe and South Scottsdale. Participants can be referred to the program by the SENIOR HELP LINE@ 602-264-4357. TCAA also offers a private pay option for HDM. Meals are delivered Monday-Friday between 9:30 a.m. and 12:30 p.m. If you would like more information, please call the front desk @ 480-858-6510 or visit TCAA's Website at www.tempeaction.org.

Volunteer Opportunities

TCAA is actively recruiting volunteers to assist with the Home Delivered Meal Program. Contact the front desk for information on how to volunteer. 480-858-6510.

Classes for Adults 60+

American MahJong

This game of skill and chance will improve your memory and spark new friendships. The fundamentals and terminology are taught during practice games. We use a current National MahJong League card. Fee: None. To register, call 480-858-6512.

No Code 60 yrs+ M/T/Th 6/4-9/27 10:30 a.m.-noon NCC

Art for Beginners

Classes will be taught by retired art instructor Doug Trimble. Learn about art and art theory. All levels welcome. Fee: None.

To register, call 480-858-6512.

No Code 60 yrs+ T 6/5-9/25 10:30 a.m.-noon NCC

Eat Smart, Live Strong

Taught by Chef Roy, this class includes exercise, instruction on healthy food choices as well as a cooking demonstration with samples. This is a 6-week alternating class, call for dates.

Fee: None. To register, call 480-858-6512.

No Code 60 yrs+ M 6/4-9/27 9-9:30 a.m. NCC

Taoist Tai Chi Society® - Senior Tai Chi Class

The Taoist Tai Chi Society® internal arts of health incorporate stretching and turning into a sequence of movements that improve the health of body, mind, and spirit. Reduce tension: improve circulation and balance and increase strength and flexibility. Fee: None. To register, call: 480-858-6512.

No Code 60 yrs+ T 6/5-9/25 9:30-10:30 a.m. NCC

Special Events for Adults 60+ Chuck Field, Ventriloquist

Chuck Field and his stage partners, Ziggy, Nick and Dr. Sol will be wowing us with great ventriloquism. We will be having Pizza for lunch. Fee: \$5-includes lunch. To register, call 480-858-6512.

No Code 60 yrs+ W 6/13 10:30 a.m.-noon NCC

Christmas in July

Help us celebrate Christmas in July. We will be hosting a White Elephant Gift Exchange. Bring a gift to participate. Lunch will follow. Fee: None. To register, call 480-858-6512.

No code 60 yrs+ W 7/18 10:30 a.m.-noon NCC

Ice Cream Social

Bring your sweet tooth. Enjoy lunch and then have a sweet cold treat. Fee: \$5-includes lunch. To register, call 480-858-6512.

No Code 60 yrs+ W 8/22 10:30-noon NCC

Pyle Adult Recreation Center

655 East Southern Avenue
SW Corner of Rural and Southern
480-350-5211
www.tempe.gov/pyle

The Pyle Adult Recreation Center is a recreation facility for adults, ages 18 yrs+. Classes and programs for adults are offered through the brochure at this facility. The facility has a multipurpose room, dance room, billiards room, fitness room and six meeting rooms.

Facility Hours

Monday-Thursday	8 a.m.-9 p.m.
Friday	8 a.m.-5 p.m.
Saturday	9 a.m.-4 p.m.
Sunday	Closed

Facility Closures:

May 28, July 4

Retirees of Tempe Advisory (RTA)

The Retirees of Tempe Advisory (RTA) is a group sponsored by the City of Tempe Community Services Department and the Pyle Adult Recreation Center. The RTA advises Pyle staff regarding programs and events for those 50 years and older. RTA membership is \$5 per year and provides members with discounts on lunches and other special events and activities. To become a member, you must apply in person at the Pyle Adult Recreation Center's front desk.

Weekly Activities

Lunch Program	T	11:30 a.m.
Needleworkers	T/Th	9 a.m.-noon
Senior Songbirds (Sept.-May)	W	9:30 a.m.
Looney Tooner Kitchen Band (Sept.-May)	M	9:30 a.m.
Bingo	W	1 p.m.
Bluegrass Jam Session	W	12-2:30 p.m.
Special Events - Call for details	Th	11:30 a.m.
Current Events Discussion Group	Th	1 p.m.
Bluegrass Jam Session	F	9:30 a.m.-noon
Various card groups throughout the week.		Times Vary

Please note: Pyle restrooms will be renovated during July and August resulting in some senior program cancellations. Please call the center to confirm schedule of activities.

Fees for the above programs are minimal and vary by program to cover costs of the program. If you have questions about any of the programs or classes offered for adults 50+ years, call 480-350-5211, or view the Roadrunner Chronicle at www.tempe.gov/pyle.

Classes - Participants & Observation:

- Minimum age requirement for the following activities is 50 years.
- Childcare is not offered.
- Observers and non-registered individuals, including children, are not permitted in classes or workshops.

Arts & Crafts

Acrylic and Oil Painting

Instructed by Donna Levine, this course in Acrylic and Oil Painting includes composition, color theory and basic painting techniques. Class requires additional materials; please bring materials to the first class. For a list of supplies, visit www.tempe.gov/pyle or the Pyle Center Front Desk. *No class 7/9. **No class 7/4, 7/11. ***No class 7/12. 480-350-5211

58211	50 yrs+	M	6/4-7/23*	9 a.m.-noon	\$48	PAC
58212	50 yrs+	W	6/6-7/25**	1-4 p.m.	\$41	PAC
58213	50 yrs+	Th	6/7-7/26***	9 a.m.-noon	\$48	PAC



Drawing; Color/B&W

In this class instructed by Donna Levine, students can explore both black and white, and color media of their choice. Emphasis will be on technique, composition and learning to "see" color. Cost of materials will vary depending on the media you choose. Please bring one drawing medium and appropriate paper to the first class. No class 7/9. 480-350-5211

58216 50 yrs+ M 6/4-7/23 12:30-3:30 p.m. \$48 PAC

Watercolor Painting

Emphasis is on the use of materials as they apply to still life, landscape and portraiture. Class requires additional materials. Approximate cost of materials is \$40-\$45 depending on projects selected. For a list of supplies, visit www.tempe.gov/pyle or the Pyle Center Front Desk. Please bring materials to the first class. No class 7/10. Instructor: Donna Levine. 480-350-5211

58235 50 yrs+ T 6/5-7/24 1-4 p.m. \$48 PAC

Business, Computers & Finance

iPhone/iPad Basics

Learn how Apple devices work and how to use multitouch gestures to operate your device and increase your productivity. This is a great introduction level class for beginners on the iOS operating system. Fee: None. 480-350-5500

59022 50 yrs+ F 6/1 10 a.m.-noon LMRB

iPhone/iPad Settings

Understanding settings is important with any device. In this class we will explain your Apple device settings and how they can be used to meet your specific needs. Learn how to make your device easier to use and more enjoyable. Fee: None. 480-350-5500

59023 50 yrs+ W 6/6 10 a.m.-noon LMRB

Activities for Adults (50+ Years)

iPhone/iPad Tips and Tricks

Do you want to get the most out of your iPhone or iPad? Well this might be the class for you. Bring in your Apple device and learn some tricks and tips to use for your daily tasks. Fee: None. 480-350-5500

59024 50 yrs+ W 6/20-6/27 10-11:30 a.m. LMRB

My Favorite Mobile Apps

Learn where to find and how to download apps to your Apple or Android device. We'll tell you what to look for and share some of our favorite apps. Have a favorite app you found? Tell us and share with the class. Fee: None. 480-350-5500

59025 50 yrs+ Th 7/12-7/19 10-11:30 a.m. LMRB

Dance, Music & Theater

Line Dance; Beginning

A perfect class for the beginner who would like to learn the fun and easier dances at a slower pace. Focus is on form, technique and terminology in a fun and friendly environment. No partner necessary. No class 7/10. Instructor: Fran Dewar. 480-350-5211

58218 50 yrs+ T 6/5-7/24 1:30-2:30 p.m. \$28 PAC

Line Dance; Intermediate

A continuing class for those who feel they have mastered the basics and want more of a challenge. Focus is on rhythms, patterns and styles as you move to the music. No class 7/10.

Instructor: Fran Dewar. 480-350-5211

58219 50 yrs+ T 6/5-7/24 2:30-3:30 p.m. \$28 PAC

Tap Dance; Beginning

This beginning level class will teach you the basic Tap steps as you put them together to create a fun dance routine. Lots of fun and great exercise. Drop-in available: \$5. No class 7/9, 7/12.

Instructor: Jana Moore. 480-350-5211

58229 50 yrs+ M/Th 6/4-7/26 \$42 PAC

M 10:30-11:25 a.m.

Th 11:15 a.m.-12:10 p.m.

Tap Dance; Intermediate

Get fit while having fun. Learn fundamental Tap technique and steps, and then choreograph them for muscle memory. Start tapping your way to fitness. No class 7/10, 7/12.

Instructor: Jana Moore. 480-350-5211

58230 50 yrs+ T/Th 6/5-7/26 9:10-10:05 a.m. \$42 PAC

Tap Dance; Performance

Take the fundamental Tap dance technique and steps that you've learned, and now focus on formations and polishing-up routines for performances. Must come prepared to have fun. No class 7/10, 7/12. Instructor: Jana Moore. 480-350-5211

58231 50 yrs+ T/Th 6/5-7/26 10:10-11:05 a.m. \$42 PAC



Health & Fitness

Adult Fitness

Step away from the stress in your life and come workout for 1 hour at Escalante Community Center. Workouts will occur in a small group setting. Participants may receive individual instruction. *No class 7/4. Fee: None. 480-350-5800

58772 50 yrs+ M 6/4-7/23 noon-1 p.m. ESCA

58773 50 yrs+ T 6/5-7/24 noon-1 p.m. ESCA

58774 50 yrs+ W 6/6-7/25* noon-1 p.m. ESCA

58775 50 yrs+ Th 6/7-7/26 noon-1 p.m. ESCA

Banner Brain Health Program

Banner Alzheimer's Institute and Banner Sun Health Research Institute have designed a program to boost brain health. This free 2.5-hour Brain Health Boot Camp reviews lifestyle factors related to brain health and teaches a variety of methods to exercise various cognitive domains of the brain. Limited to 20 people and requires pre-registration by calling 602-839-6850. Fee: None.

No Code 50 yrs+ W 8/29 9:30 a.m.-noon CSC

Bones & Balance

This is a great way to get started in exercise. You will work on coordination, agility, balance and your core. Stand or sit for gentle exercises and stretching to maintain, or help regain, balance.

Instructor: Fran Dewar. 480-350-5211

58224 50 yrs+ T 6/5-7/3 10:30-11:15 a.m. \$13 PAC

58226 50 yrs+ F 6/8-7/6 10:30-11:15 a.m. \$13 PAC

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www.facebook.com/TempeFun

Activities for Adults (50+ Years)

Bones & Balance II: Functional Fitness

This gives you a bit more than Bones & Balance. Performed in a chair or standing. Uses resistance bands and other equipment to help maintain movements for everyday life. Instructor: Fran Dewar. 480-350-5211

58233 50 yrs+ M 6/4-7/2 10:30-11:15 a.m. \$13 PAC
58225 50 yrs+ W 6/6-6/27 10:30-11:15 a.m. \$ 11 PAC

Chair Fit and Fabulous

All levels welcome in this exercise class. Exercise at your own pace and comfort level, using a chair or standing. Fee: None.

58877 50 yrs+ M 6/4-6/25 10:30-11:30 a.m. CSC
58878 50 yrs+ M 7/2-7/30 10:30-11:30 a.m. CSC
58879 50 yrs+ M 8/6-8/27 10:30-11:30 a.m. CSC

Chair Yoga

Unable to get up and down from the floor? You can still do Yoga. Learn to breathe slower and deeper, increase flexibility and strength, improve your memory, sleep better and boost your immune system. Some poses may be done either seated or standing with wall or chair as support. Instructor: Rebecca Auernheimer. 480-350-5211

58214 50 yrs+ W 6/6-6/27 9-10 a.m. \$12 PAC
58215 50 yrs+ F 6/8-7/6 9-10 a.m. \$15 PAC

Eat Smart, Live Strong

Taught by Nutrition Education Professionals, this four-week class will include gentle exercise, instruction on healthy food choices and a cooking demonstration with samples. Each participant will take home recipes and a free gift for attending. Fee: None. 480-858-2420.

59238 50 yrs+ T 7/10-7/31 9:30-10:30 a.m. PAC

Gentle Joint Cardio

Get up and go with this aerobics class that is safe, heart healthy and gentle on the joints. Emphasis on alignment, posture, strength training with light hand held weights with stretching exercises to energize your active lifestyle. Chair used during cool down, no floor work. Instructor: Kim. No class 7/4, 7/11. Fee: \$36. 480-350-5200

58123 50 yrs+ W 6/6-8/15 10:30-11:30 a.m. PAC

Gentle Yoga

This class will focus on breathing and relaxation techniques that will quiet the mind and relax the body. Students will practice the basic hatha yoga poses, focusing on those that stretch the muscles and improve balance and strength. Instructor: Kim Killingsworth. 480-350-5211

58217 50 yrs+ T 6/12-7/3 12:15-1:15 p.m. \$16 PAC

North Tempe Walking Club

Join the North Tempe Walking Club with two great options: join us Monday through Friday at Vista Del Camino Park at 7 a.m. and walk 3 to 6 miles or come to the North Tempe Multi-Generational Center and walk in the gym at your own pace. All Levels welcome. Fee: None. 480-858-6512.

No Code 50 yrs+ M-F 5/29-8/3 7-9 a.m. NCC

Seated Strength Training

Learn about things you can do with weights and bands while sitting to increase your strength. Instructor: Kim Killingsworth.

480-350-5211

58221 50 yrs+ M 6/11-7/2 9-9:45 a.m. \$12 PAC

58222 50 yrs+ Th 6/14-7/5 10:15-11 a.m. \$12 PAC

North Tempe Chair Exercise Program

North Tempe offers a senior based exercise program in partnership with the Tempe Community Action Agency. Both classes are taught at the North Tempe gymnasium by TCAA staff. Call 480-858-6510 for more information.

Circuit Class

The circuit class uses hand-held weights, strength bands and balls to engage each participant in low impact aerobic exercises as well as stretching relaxation exercises. Registration is not required.

Fee: None.

No Code 50 yrs+ M Ongoing 9:30-10:30 a.m. NCC

Classic Class

The Classic class is designed to increase muscular strength, range of movement and activities for daily living. Registration is not required. Fee: None.

No Code 50 yrs+ W/F Ongoing 9:30-10:30 a.m. NCC

Tai Chi / Body Balance I

Use basic Tai Chi movements and Qigong breathing exercises to gently relax and exercise the body. Emphasis is on balance and stability, but students will also learn basic stretching exercises to improve flexibility and strength. A basic Tai Chi Short Form that uses five major movements to exercise the body will be learned.

Drop-in available: \$5. Instructor: Barbara Orr. 480-350-5211

58227 50 yrs+ M 6/4-7/2 11:45 a.m.-12:45 p.m. \$22 PAC

Tai Chi / Body Balance II

This is an introductory class in the Guang Ping Yang style of Tai Chi and will concentrate more on learning Tai Chi moves that will help you to gain balance and flexibility, while improving breathing and posture. Preferred prerequisite: Tai Chi/Body Balance I.

Instructor: Barbara Orr. 480-350-5211

58228 50 yrs+ M 6/4-7/2 12:50-1:50 p.m. \$22 PAC

Activities for Adults (50+)



Zumba for 50+

A fun workout that incorporates unique, Latin dance moves with up-beat Latin music. Zumba maximizes caloric output with fat-burning movements and adapts to your ability level with easy-to-follow dance steps so that you can have fun. Drop-in available:

\$5. Instructor: Jana Moore. 480-350-5211

58239	50 yrs+	T	6/5-7/3	11:10 a.m.-12:05 p.m.	\$20	PAC
58240	50 yrs+	F	6/8-7/6	10:35-11:30 a.m.	\$20	PAC

Zumba Toning

This Zumba class adds resistance by using lightweight maraca-like Toning Sticks which enhance a sense of rhythm and coordination, while toning target zones including arms, core and lower body.

Drop-in available: \$5. Instructor: Jana Moore. 480-350-5211

58241	50 yrs+	M	6/4-7/2	8:05-9 a.m.	\$20	PAC
58242	50 yrs+	W	6/6-6/27	8:05-9 a.m.	\$16	PAC
58243	50 yrs+	F	6/8-7/6	8:05-9 a.m.	\$20	PAC

Toners & Shapers

This class is designed to strengthen and tone muscles and to increase flexibility. Class consists of a warm-up and stretch, strength-training exercise and a cool-down stretch and relaxation. Participants are encouraged to work at their own level and to provide their own weights upon instructor recommendation.

Instructor: Fran Dewar. 480-350-5211

58232	50 yrs+	M	6/4-7/2	9:15-10:15 a.m.	\$15	PAC
58233	50 yrs+	W	6/6-6/27	9:15-10:15 a.m.	\$12	PAC
58234	50 yrs+	F	6/8-7/6	9:15-10:15 a.m.	\$18	PAC

Yin Yoga

Increase range of motion by sitting in gentle, passive yoga poses for several minutes each. This allows you to create space in the fascia (connective tissue which runs throughout the body), thereby releasing restriction. Suitable for beginners. Drop-in available: \$5. Instructor: Rebecca Auernheimer. 480-350-5211

58237	50 yrs+	T	6/5-7/3	8:05-9 a.m.	\$18	PAC
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Yoga Nidra

Guided meditation received while reclining comfortably. Release stress and tension, calm the nervous system, rest deeply, and effortlessly float beyond the busy chattering mind. Helps to reach restorative levels of relaxation and find more ease in our daily lives. Suitable for beginners. Drop-in available: \$5.

Instructor: Rebecca Auernheimer. 480-350-5211

58238	50 yrs+	Th	6/7-7/5	8:05-9 a.m.	\$18	PAC
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Social Activities

For additional information on the following Cahill Senior Center special events and menus, please refer to the monthly Roadrunner Chronicle, or call 480-858-2420.

\$1 Appetizers

Join us for an appetizer before we play bingo at 1 p.m. Please call for weekly menu. Register by the Thursday before each event.

Fee: \$1. 480-858-2420

58860	50 yrs+	M	6/4	noon-12:30 p.m.	CSC
58848	50 yrs+	M	6/11	noon-12:30 p.m.	CSC
58849	50 yrs+	M	6/18	noon-12:30 p.m.	CSC
58850	50 yrs+	M	6/25	noon-12:30 p.m.	CSC
58851	50 yrs+	M	7/2	noon-12:30 p.m.	CSC
58852	50 yrs+	M	7/9	noon-12:30 p.m.	CSC
58853	50 yrs+	M	7/16	noon-12:30 p.m.	CSC
58854	50 yrs+	M	7/23	noon-12:30 p.m.	CSC
58855	50 yrs+	M	7/30	noon-12:30 p.m.	CSC
58856	50 yrs+	M	8/6	noon-12:30 p.m.	CSC
58857	50 yrs+	M	8/13	noon-12:30 p.m.	CSC
58858	50 yrs+	M	8/20	noon-12:30 p.m.	CSC
58859	50 yrs+	M	8/27	noon-12:30 p.m.	CSC

Birthday Bingo

Bring your lunch and join us as we celebrate the month's birthdays. Cake and Ice Cream will be provided. Play Bingo for grocery prizes. Fee: \$1 for RTA members, \$2 for non-members. 480-858-2420

58861	50 yrs+	Th	6/14	11:30-1 p.m.	CSC
58862	50 yrs+	Th	7/12	11:30-1 p.m.	CSC
58863	50 yrs+	Th	8/9	11:30-1 p.m.	CSC

Register for Classes Online!

www.tempe.gov/Brochure

Activities for Adults (50+ Years)

Brunch & Bunco

Join us for a delicious brunch and a game of Bunco with prizes. Register by the Monday before each date. Fee: \$4 for RTA members; \$5 for non-members. 480-858-2420

58845	50 yrs+	W	6/13	10-11:30 a.m.	CSC
58846	50 yrs+	W	7/11	10-11:30 a.m.	CSC
58847	50 yrs+	W	8/8	10-11:30 a.m.	CSC

Fabulous Friday's \$3 Homemade Lunch

Join us for fresh and delicious Friday Lunches at the Cahill Senior Center. Please call for weekly menu. Register by the Wednesday before each event. Fee: \$3. 480-858-2420

58969	50 yrs+	F	6/1	11:30-12:30 p.m.	CSC
58864	50 yrs+	F	6/8	11:30-12:30 p.m.	CSC
58865	50 yrs+	F	6/22	11:30-12:30 p.m.	CSC
58866	50 yrs+	F	6/29	11:30-12:30 p.m.	CSC
58867	50 yrs+	F	7/6	11:30-12:30 p.m.	CSC
58868	50 yrs+	F	7/13	11:30-12:30 p.m.	CSC
58869	50 yrs+	F	7/20	11:30-12:30 p.m.	CSC
58870	50 yrs+	F	8/3	11:30-12:30 p.m.	CSC
58871	50 yrs+	F	8/10	11:30-12:30 p.m.	CSC
58872	50 yrs+	F	8/17	11:30-12:30 p.m.	CSC
58873	50 yrs+	F	8/24	11:30-12:30 p.m.	CSC

Pokeno and Bagels

Pokeno is a game that is a combination of poker and keno, though it is pretty much like playing Bingo with standard playing cards. Join us for a morning of fun games, prizes and refreshments. Fee: \$2. 480-858-2420

58883	50 yrs+	W	6/6	10-11 a.m.	CSC
58885	50 yrs+	W	8/1	10-11 a.m.	CSC

Special Interest

Special Event Luncheons

Join us for a home cooked meal, entertainment and good company. Themes for each month will be announced in the Roadrunner Chronicle Newsletter or visit www.tempe.gov/cahill for more information. Fee: \$5 for RTA members; \$6 for non-members. 480-858-2420

58874	50 yrs+	F	6/15	11-12:30 p.m.	CSC
58875	50 yrs+	F	7/27	11-12:30 p.m.	CSC
58876	50 yrs+	F	8/31	11-12:30 p.m.	CSC

Check Out Upcoming Events!

www.facebook.com/FamilyFun

Counseling Services



**Individual, Marital/Couple,
Child and Family**

Westside Multigenerational Center
715 W. 5th St., Tempe

480-350-5400 www.tempe.gov/counseling

Tempe Town Lake BOATING

**Youth Boating • Adult Boating
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