<u>CO-ED T-BALL</u>: Ages 5-7. **<u>COACH PITCH</u>: Ages 7-9.**
6p-7:30p on Wednesday's and 9a-10:30a on Saturday's.

We work on the basics such as throwing, catching, base running and hitting. Equipment needed is a glove, activity clothes and shoes and a water bottle. Bats and helmets are supplied, but you may bring your own. Jersey and hat/visor included. Coach Pitch we try to work on more game situations.

<u>MINORS</u>: Ages 9-11.
6p-7:30p on Tuesday's and Thursday's

This is when the girls start to pitch and catch. We will not only work on pitching, but also sharpen their skills in throwing, catching, base running and hitting. You will need a glove, cleats and water bottle. Bats and helmets are supplied, but you may bring your own. Jersey and hat/visor included.

<u>12U COMMUNITY</u>: Ages 10-12. **<u>14U COMMUNITY</u>: Ages 12-14.**
6p &/or 7:30p Monday's and Wednesday's
12U with possible 8a &/or 9:30a Saturday's

Community level is for girls who have never played, have rarely played or have played before, but not wanting to play club. We welcome all! We will place you on a team. We work on sharpening all skills. This is when you start to find what positions your really want to play and master. You will need a glove, cleats and water bottle. Bats, helmets and catchers gear are supplied, but you may bring your own. Jersey included.

<u>12U CLUB & 14U CLUB</u>
6p &/or 7:30p Tuesday's and Thursday's

Club level is for girls who play on teams year round. They do tournaments on weekends and sometimes during the week. They travel all over the country to play ball. They register as a team and provide their own equipment. Trying out for their teams is out of LadyHawks' hands and would be between parents and coaches.