connecting tempe

MARCH 10, 2017

THROUGH
PEOPLE,
PARKS &
PROGRAMS



SPRING INTO SOMETHING NEW IN TEMPE!

Spring is swinging back into the desert, and that means it's about that time for spring cleaning, spring training, and yes, spring classes! Decide what you want to spring into this season by exploring the brand new Spring 2017 Tempe Opportunities Brochure. Sign up now for one or more of Tempe's classes, leagues and workshops, and get ready to check "try something new" off your to-do list. Registration is now open for all valley residents and most classes begin the week of March 20.

Not only are Tempe's classes taught by quality instructors, they are offered at convenient times and locations, and are easy on the wallet – helping you make the most of this spring. Here is a snapshot of some of our most exciting new and continuing classes for all ages.



Tots





wonderwander

<u>Kerfluffle</u>, Arizona's first Theatre for the Very Young company, presents a performance that honors the creative interests of young children through moments of surprise, audience participation, whimsical movement and investigation of props. It is highly non-verbal, accompanied by live music, inspired by young dancers.

Storybook Chef with Angie Sams

Listen, learn, play, create... and cook! Join Storybook Chef Angie Sams as she shares her favorite children's books and tasty, healthy, kid-approved recipes. Class activity includes arts and crafts, music-n-motion and thematic games. Choose from different sessions, including *Skippy Jon Jones*, *Little Red Hen Makes a Pizza*, and *How Do Dinosaurs Eat Their Food*?

Sportball; Multi-Sport

Certified Sportball coaches use developmentally appropriate methods to introduce, practice and refine the skills and concepts involved in hockey, soccer, baseball, basketball, volleyball, football and more. The Sportball methodology builds confidence and reinforces the benefits of teamwork in a uniquely fun and creative way.



Youth



Coding Club

Ever wanted to learn how to code? Well, we've got the perfect opportunity and it's free. Students ages 8–16 work on computer games and websites. Experience is not necessary. Code Club meets weekly in the Youth Library.



Youth Sports

Is your child looking to improve their jump shot, fielding or swing? Tempe's Youth Sports program offers quality instruction in fun and safe environments. From Youth Hoops, Flag Football and LadyHawks Softball to Junior Golf and Tennis, we've got your kids covered when it comes to sports in Tempe!



Teens



Rock-Climbing; Climbers Only for Teens

Build self-confidence while enjoying the excitement and challenge of rockclimbing in an indoor, safety-oriented environment. Class includes climbing, bouldering, rappelling, belaying and safety-awareness.

Ceramics Studio - Teen

Build upon the skills gained in Youth Ceramics while focusing on wheelthrowing and glazing techniques. Students will create both functional and decorative works of art through a series of hands-on activities.



Babysitting Class/Childcare CPR

Students will gain the knowledge and skills to confidently care for young children and respond to emergencies and illness with first aid, CPR and other appropriate care. Attend the one-day workshop to become certified in CPR and Babysitting.



Adults 18+



Tempe Boating Programs

Looking for a new adventure? Come join us on Tempe Town Lake. The City's boating program offers lots of different opportunities for all ages and levels. From Rowing and Sculling to Kayaking and Stand-Up Paddleboard, we've got great ways to enjoy the water. Be sure to check out the specialty classes like Erg Fitness, SUP Paddling Fitness, SUP Yoga and more.



Exercise, Fitness & Relaxation

Spring is buzzing with activities. Be sure you are taking a little time for your own health and sanity. Whether it's a weekly class or a drop-in workout, we've got something to fit you and your schedule. Check out Barre Fit, Boot Camp, Boxing Fitness, Cardio, Martial Arts, PiYo, Pilates, Yoga and Yogilates, as well as a variety of Holistic Health and Wellness Workshops.



Start Plants from Seeds

Join Garden Pool for a free class about starting plants from seeds. Why buy starter plants from the nursery when you can successfully grow your own plants for a fraction of the cost of seedlings. We know that many folks struggle to start plants from seed and then grow to harvest, but we have this down to a science.



Adults 50+



Eat Smart, Live Strong

Taught by Nutrition Education Professionals, this class will include gentle exercise, instruction on

healthy food choices and a cooking demonstration with samples. Each participant will take home recipes and a free gift.

Chinese Calligraphy

Learn the ancient art of Chinese calligraphy and use this brush writing technique on a bookmark which says "Happy Year of the Rooster." Class will be taught by Diana Ho from Phoenix Chinese Week.



Families



Glow Paddles

Grab the family and head over to Tempe Town Lake for the wildest and brightest Glow Paddle on Tempe Town Lake. Join us for a night under the stars while we glow and glide across the water. In addition to all necessary kayaking equipment, participants will receive glow in the dark accessories. Feel free to wear glow in the dark clothing items that you don't mind getting wet. Register early. Events are on select Friday evenings from 7:30-9:30 p.m. More info at www.Tempe.gov/Boating.



Friday

Free Art Friday is a free. interactive art

series that gives preschoolers and their families the opportunity to create art, learn about music and movement and have a great time! The event takes place from 9:30-11:30 a.m. at the Edna Vihel Activities Center, 3340 S. Rural Rd. join us on Friday, March 17 for a Folk Art Fest and again on Friday, April 21 to celebrate Earth Day.



Adapted Recreation

Tempe's Adapted Recreation Program provides a variety of classes, leagues and social events for individuals with intellectual and developmental disabilities.

Team Tempe, Special Olympics

The spring season of Special Olympics offers a variety of sports for individuals ages 8 years and older to participate in. Activities include Kayaking, Powerlifting, Track & Field and Volleyball. Join Team Tempe and meet new friends.



Come out to our monthly, themed dances and boogie-woogie on the dance floor. Dances are held for individuals with disabilities, ages 13 and older.





Aduatics



Swim Lessons

Looking for your baby's first introduction to water, to help your child gain confidence in the water or improve your stroke? Tempe Aquatics offers a variety of swim lessons for all ages and abilities. Most of the programs are 6 classes in length and start at just \$38.

Shallow Water Exercise

Walking, running, jumping and a variety of aerobic movements are performed in the shallow end of the pool to increase heart rate and provide a cardiovascular and strength training workout. A variety of water equipment is used for conditioning and total body toning.



Tennis



Cardio Tennis

This fast-paced tennis aerobics class is full of tennis drills and games set to music. It's a great workout for all ability levels. Class fees are based on the number of classes held during the six-week sessions.

Ready to register? Here's how:

1. Online at www.Tempe.gov/Brochure

For more information, contact Recreation Services Administration at 480-350-5200. 2. In-person at one of the following City of Tempe facilities:

Recreation Administration Office **Edna Vihel Activities Center Escalante Multi-Generational Center** Kiwanis Recreation Center North Tempe Multi-Generational Center Pyle Adult Recreation Center

- **3. Fax** in a registration form with credit card number to 480-350-5058.
- **4. Mail** your registration to: Class Registration 3500 S. Rural Road Suite 201 Tempe, AZ, 85282

SNEAK PEEK! SUMMER CAMPS

Send your kids to camp in Tempe! Check out all of the camps offered this summer – sports, special interest, STEM, arts, adapted rec and more. Tempe summer camps offer fun and active ways for children to spend their summer. With so many to choose from, you're sure to find one for every family member! Registration for most camps begins April 1, 2017.



Adapted Recreation

Camp Challange

Camp Challenge is a summer day camp offered during the months of June and July for individuals ages 5-21 years with developmental disabilities. Campers will enjoy arts & crafts, games, swimming, music, field trips, bowling and more!

Day Camps

Escalante Summer Kamp Kool Program

This eight-week recreational summer day camp is offered through the Escalante Community Center for ages 5-13 years. Participants will enjoy arts and crafts, sports, computers, cooking, science and swimming, as well as enrichment events and guest speakers.

North Tempe Summer Day Camp

This summer-long day camp is offered by <u>The Boys & Girls Clubs of the East Valley</u> and is open to boys and girls ages 5-14 years. Camp includes weekly field trips and five sessions of themed summer activities including computer lab, game room, gymnasium, performing arts, arts & crafts, education area and more.

Kid Zone Camps

Kid Zone summer enrichment programs are available for students in Kindergarten – 8th grade. Campers will enjoy age-appropriate curriculum and daily enrichment classes that include Spanish, STEM, nutrition, theater, science, arts and sports activities. Flexible schedules are offered.

Special Interest Camps

Special interest camps offer programs for all areas of interest, including American Sign Language, STEM, Spanish, LEGO Engineering, art, acting, archery, sports and more.





KIWANIS PARK SPLASH PLAYGROUND COMING SUMMER 2018



Beginning in summer 2018, families will have another cool retreat from the heat, thanks to a new splash playground coming to Kiwanis Park.

The splash playground will be located near the north soccer field within Kiwanis Park. In February, the City Council approved \$1.7 million for design and construction of the playground. The site selection criteria included existing parking availability, access to utilities, water and electrical, as well as proximity to existing restrooms and ADA accessibility.

We want to hear from you about how you want to play and keep cool at the future Kiwanis Splash Playground.
Attend the open house from 4–6 p.m. on Monday, March 13 at the Kiwanis Park playground ramada located in the north soccer field (Baseline Rd. and Ash Ave.) to provide input on the proposed splash playground features.

To view the proposed splash playground features and comment online about the project, visit www.tempe.gov/KiwanisSplashPlayground. Public comment closes Tuesday, March 14, 2017.

GEEKS NIGHT OUT RECAP





The 6th annual Geeks Night Out was a success! More than 70 different presentation booths were provided by local schools, colleges and universities, community groups, businesses and City departments at the celebration of Science, Technology, Engineering, Arts, and Math (STEAM) event on Thursday, March 2.

Presented by State Farm, Tempe's Geeks Night Out is an Arizona Sci-Tech Festival signature event.

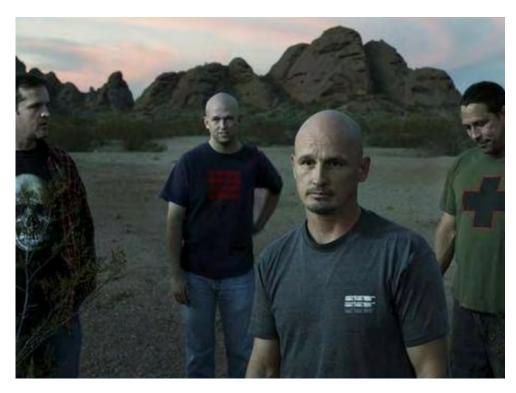
Through hands-on demonstrations, experiments, and programs, students of all ages were able to see, do and learn new and exciting things. The format of the event encourages discussion and interaction, which helps build connections and a stronger community. Be sure to keep an eye out for the 2018 Geeks Night Out this time next year!

LOUD VI MUSIC CELEBRATION ROCKS TEMPE HISTORY MUSEUM

The <u>Tempe History Museum</u> presents a family-friendly event with LOUD music, bold flavors and arts and crafts at the LOUD VI outdoor music concert from 5-8 p.m. on Saturday, March 11.

2017 marks the museum's 6th LOUD celebration. This year we are shifting our concentration from brass bands to a different LOUD genre: rock bands. LOUD VI features performances by Dead Hot Workshop, Japhy's Descent, and Young's Modulus. The concept behind featuring these bands is to showcase a long-time Tempe band (Dead Hot Workshop) and a five-year-old Tempe band (Japhy's Descent) and a new Tempe band (Young's Modulus).

Burgers Amore and Coffee Run will have delicious culinary treats and beverages available for purchase. Additionally, the museum will have arts and crafts projects for young music fans to enjoy.



Tempe History Museum offers free events and programs throughout the year. For details, visit www.Tempe.gov/Museum or call 480-350-5100.



To receive up-to-date information about exciting events and opportunities happening between Connecting Tempe newsletters, become a fan of Tempe Opportunities on <u>Facebook</u>.

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PLAY LEARN LIVE GROW

www.tempe.gov/recreation