

MARCH 3, 2015

SPRING INTO SOMETHING NEW IN TEMPE!

Spring is swinging back into the desert, and that means it's about that time for spring cleaning, spring training, and yes, spring classes! Decide what you want to spring into this season by exploring the brand new Spring 2015 [Tempe Opportunities Brochure](#). Sign up now for one or more of Tempe's classes, leagues and workshops and get ready to check "try something new" off your to-do list. Registration is now open for all valley residents and most classes begin the week of March 16.

Not only are Tempe's classes taught by quality instructors, they are also convenient and easy on the wallet – helping you make the most of this spring. Here is a snapshot of some of our most exciting new and continuing classes for all ages.



Tots

Young Sculptors

Using clay, cardboard, foam and more, young artists ages 3½-5 yrs. are encouraged to create stimulating, 3-D sculptures. Projects may include the creation of worlds, creatures, vehicles and more from each student's imagination.

Footloose and Fun

Move to fun, up-beat music while learning basic dance technique from a variety of styles. Strengthen your body and self-confidence through freestyle dance, as well as choreographed routines. This class is geared towards ages 3½-5 yrs.

Escalante Indoor Tots Soccer Academy

Introduce your child to the joys of the world's most popular sport – soccer! Young kickers ages 3-4 yrs. will learn skills and drills, as well spend time as a group enhancing developmental play.





Youth

Science Art Lab

The science of art can raise many questions: how do we perceive colors the way we do, what is the chemistry behind paint-mixing, or why does clay harden? Creative inquisitors ages 6-9 yrs. will love exploring evaporation, magnetism and how these and other scientific methods apply to art.

Lyrical Dance

This movement-based class allows young dancers ages 9-12 yrs. the chance to interpret music and express emotion through the fusion of ballet and jazz. Lyrical dance allows the dancer to use a range of moves from technical and choreographed to improvised and natural.

Play-Well TEKnologies; LEGO Engineering Mini-Camps



Take a crash course in Demolition Derby, design a Mighty Metropolis, challenge the Battle Track, or build and race a locomotive faster than a speeding Worm Drive. Junior designers and engineers ages 5-12 yrs. are invited to

explore concepts in physics, mechanical engineering, structural engineering and architecture while playing with their favorite LEGO® creations.



Teens

Youth Paddling Expo

Find adventure out on the water at the spring Youth Paddling Expo. Teens ages 10-17 yrs. will have the opportunity to try a variety of boating styles first-hand including kayaking, dragon boats and stand-up paddling.



Flag Football League

Calling all sports lovers in grades 6-8! Prepare for quality and effective hands-on flag football instruction. League covers offensive and defensive fundamentals, proper technique and terminology, while highlighting team strategy and sportsmanship. A potential practice will be held weekday evenings. Games take place on Saturdays.

Gardening

You're never too young to grow a green thumb! Join Master Gardener Doreen Pollack for her *Fruit Tree Care* and *Summer Landscapes* workshops. Budding gardeners ages 15 yrs.+ will learn how to help care for citrus and fruit trees, as well as gain useful tips for tree and garden fertilization, watering, sun protection and pruning in a desert environment.



Adults 18+

Golf 102

This intermediate class is designed for those who have already taken *Golf 101*, or are looking to dust-off their clubs and get back in the game. Class is taught by a PGA professional who will help you gain a better understanding of equipment, how to perfect your golf swing and more.



Yoga

Tempe offers a wide variety of yoga practices to suit every ability and interest. Whether you are new to yoga and just want to learn the fundamentals, or are ready to take your practice to a new level, we've got just the class for you! Ages 16 yrs.+ can choose from *Introduction*, *Healthy Backs*, *Yoga Meditation*, *Nidra*, *Restorative*, *Slow & Gentle Flow*, *Therapeutic*, *Tone & Core* and *Yogilates*.





Adults 50+

Boom SUP (Stand-up Paddling)

Enjoy the unique, relaxing setting of Tempe Town Lake...on a stand-up paddleboard! Tempe's experienced boating staff will tailor the class to your needs and help you enhance your fitness, balance and basic stroke technique.



Cooking with Trena!

For foodies and culinary novices alike! Enjoy practicing basic cooking skills, learning culinary methodology, and getting the scoop on new tips and tricks in our *Jams & Jellies* and *The Crepe Bar* workshops. All recipes are included as part of the class fee and participants will sample every dish.



Families

Master your talents with Martial Arts

Tempe's Martial Arts programs are perfect for families, individuals, novices and those looking to enhance their skills. Practicing this sport allows you to develop discipline, gain self-defense skills, get exercise, build self-confidence and more! Try Karate Lim Kenpo for ages 4 yrs.+, Peaceful Warrior for ages 6 yrs.+, Aikido for ages 7 yrs.+, or Karate for ages 12 yrs.+. Students ages 16 yrs.+ can enjoy Goju Shorei Self Defense with Cane, Jujutsu, Tai Chi and Wing Chun Self-Defense.

Exercise; Family Yogis at Play!

This special yoga class is designed with the entire family in mind. Parents and kids (ages 7 yrs.+) will find joy in this active class using partner yoga, pop culture music & games. Yoga helps to improve strength, flexibility, concentration and coordination.



Adapted Recreation

Tempe's Adapted Recreation Program provides a variety of classes, leagues and social events for individuals with intellectual and developmental disabilities.

Zumba

This high-energy, cardio workout incorporates unique moves with upbeat Latin and international music. This class is designed for all experience levels and helps participants ages 13 yrs.+ reach healthy goals by using easy-to-follow dance steps in a fun environment! Individuals must be independently mobile to participate. Those needing extra supervision must provide their own aide.

Special Olympics

Athletes ages 8 yrs.+ of all skill levels are invited to join Special Olympics Arizona to learn sportsmanship and teamwork while achieving their personal goals. Areas of competition include: Special Olympics Kayaking, Special Olympics Powerlifting, Special Olympics Track & Field and Special Olympics Volleyball.



Aquatics

Aquatics High Intensity Interval Training (H.I.I.T.)

Having fun in the water can also mean getting fit at the same time! H.I.I.T. provides a high cardiovascular workout with low impact on joints for ages 15 yrs.+. We'll show you how to use land-based exercises like plyometric squats, round house kicks and speed bag punches in the pool to achieve an effective and satisfying workout.



Tennis

Cardio Tennis

This is a fast-paced tennis aerobics class for ages 18 yrs.+. You'll experience an exciting compilation of tennis drills and games set to music. This is the perfect workout for all ability levels.

Ready to register? Here's how:

1. Online at www.Tempe.gov/Brochure
2. In-person at one of the following City of Tempe facilities:

[Recreation Administration Office](#)
[Edna Vihel Activities Center](#)
[Pyle Adult Recreation Center](#)
[Kiwanis Recreation Center](#)
[Escalante Multi-Generational Center](#)
[North Tempe Multi-Generational Center](#)

3. Fax in a registration form with credit card number to 480-350-5058.
4. Mail your registration to:
Class Registration, 3500 S. Rural Road
Tempe, AZ, 85282.

For more information, contact Recreation Services Administration at 480-350-5200.

DISCOVER THE SCIENCE AT GEEKS' NIGHT OUT

The City of Tempe has partnered with the Arizona SciTech Festival to present the 4th annual Geeks' Night Out from 4-7 p.m. on Thursday, March 5 at [Tempe City Hall](#), 31 E. 5th St.

This fusion of Science, Technology, Engineering, Arts and Mathematics (STEAM) is an experience not to be missed. Enthusiasts and geeks of all ages are invited to *Discover the Science* at this free, family-friendly event.

Enjoy a variety of interactive STEAM displays and hands-on activities hosted by students from local Tempe elementary, middle and high schools, colleges and universities, as well as representatives from community organizations and businesses.

There will be music and entertainment, as well as the annual [Phoenix Comicon](#) costume parade and contest.

[Click here](#) for a sneak peak of *Science the Tempe Way*, a compilation of what's to come at the 2015 Geeks' Night Out.

Find out more about Geeks' Night Out at www.Tempe.gov/Geeks or visit our [Facebook page](#).



SWING INTO SPRING TRAINING AT TEMPE DIABLO STADIUM

Are you ready to tear into a bag of peanuts and put on your favorite baseball cap? It's almost time for Cactus League Spring Training! Hear the crack of a bat, smell the fresh-cut grass and enjoy watching America's favorite pastime as the [Los Angeles Angels](#) return to their spring home in Tempe. The Angels will host the Milwaukee Brewers at [Tempe Diablo Stadium](#) for their spring training home opener on Thursday, Mar. 5. The season will run through Mar. 31.

Tickets are available [online](#) and at the Tempe Diablo Stadium Ticket Window.

Fans can park and get a free ride to the stadium with the return of the [Spring Training Trolleys](#). Game attendees are encouraged to park at one of four Downtown Tempe [Park-It](#) locations, board the trolley and let someone else do the driving. The trolley will circulate between the Mill Avenue District and Tempe Diablo Stadium every 20 minutes beginning two hours before game time, until 30 minutes after the game ends on all home game days. Taking the Spring Training Trolley also allows fans to spend time in the Mill Avenue District before and after the game. Instead of sitting in event traffic, spend your time enjoying a

nice lunch, dinner, drinks or even some shopping at more than [100 restaurants, bars and shops](#). The trolley stop is located at 5th St. and Mill Ave., within two blocks from the Mill Avenue [Light Rail Station](#).



SHOW TEMPE HOW MUCH YOU CARE

Each year, [Tempe Cares](#) focuses on a different need within the community. Established in 1991 and organized by the Tempe Cares Committee of Tempe Leadership, the Tempe Cares day brings together resources and volunteers to transform the appearance of Tempe's neighborhood and community spaces, helping to improve the quality of life for everyone in Tempe.



The 2015 Tempe Cares project will return to its roots of supporting neighborhood revitalization by assisting homeowners located within the Escalante/Victory Gardens area starting at 8 a.m. on Saturday, March 7. Volunteers will help begin or complete projects for homeowners in the area including painting homes, cleaning alleys, covering graffiti, cleaning/painting projects in Escalante Park and more.

This one-day event is a great way to get involved and make a difference in our community. If you are interested in participating, call 480-736-4281 or email TempeCares@gmail.com.

Tempe Cares is also currently looking for owner-occupied homes for additional projects, volunteers and sponsors. If you are interested, please email Committee Chair Bill Blair at bblair@totaltransit.com.

DRIBBLE...DRIBBLE...SHOOT AND SWISH WITH TEMPE'S SPRING HOOPS CLINIC

Young male and female basketball players in kindergarten through eighth grades can continue developing basketball fundamentals while receiving in-depth game scenarios and strategy at Tempe's Spring Hoops Clinic. The clinic will be held from 9-11 a.m. on Saturday, March 14 and 21 at the [Escalante Multi-Generational Community Center](#), 2150 E. Orange St. Tempe.

Hoopers will learn proper shooting form and get comfortable with a 2-3 zone defense to help them dribble circles around the competition. The grade-based, two-hour clinic will introduce newcomers to the wonderful sport of basketball, or prepare returning players for their upcoming game season. Station drills are carefully tailored to fit each grade level.

The clinic registration fee is \$36 and includes a T-shirt. Registration can be completed online at www.Tempe.gov/Brochure or in person at a City of Tempe Community Center. Community Services

Scholarships are available. Contact Keyon Cornejo with questions at 480-350-5222 or Keyon_Cornejo@tempe.gov.



TEMPE'S AARP EXPERIENCE CORPS SEEKS VOLUNTEERS

Thousands of experienced adults across the country are working to make a difference in their communities through the [AARP Experience Corps](#) program. If you are an adult age 50 or older, learn how you can join them! Attend a Tempe AARP Experience Corps information session at the [Tempe Public Library](#), 3500 S. Rural Rd., at 10 a.m. on one of the following dates: Wednesday, March 18 and Thursday, May 7.

Tempe has 84 Experience Corps volunteers working in nine local elementary schools, providing

one-on-one early literacy tutoring to children in first through third grade. Volunteers do not need any special skills, just a willingness to share their experience, time and patience. Comprehensive training, excellent support services and orientation will be provided.

For details about the Volunteer Information Sessions or Tempe's AARP Experience Corps program, visit www.Tempe.gov/ExperienceCorps or contact Rebecca Bond at 480-858-2464 or Rebecca_Bond@tempe.gov.



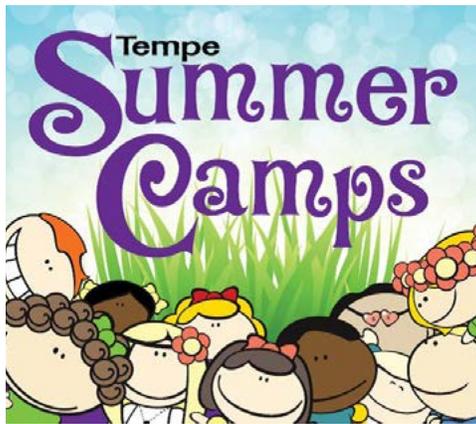
CATCH SOME FUN AT 2015 KIDS FISHING EXPO

Enjoy the beautiful weather and bring the whole family out to [Kiwanis Park](#) from 7 a.m.–1 p.m. on Saturday, March 21 for the 24th Annual [Just for Kids Fishing Festival!](#) This free event, hosted by [Anglers United](#) in partnership with the City of Tempe and

the [Arizona Game and Fish Department](#), will be held around Kiwanis Lake.

Youth in kindergarten through eighth grade are invited to learn basic fishing techniques and test their fishing skills.

Registration for the event will take place on-site; fishing licenses are not required. Free loaner fishing equipment will be available. Each child will receive a free lunch, goodie bag and chance to win a fabulous prize.



SEND YOUR KIDS TO SUMMER CAMP IN TEMPE

It's about that time to start making summer plans for your kids to ensure they stay active and engaged between school sessions. Tempe offers fantastic summer camps in a wide variety of subjects and convenient time-frames so you're sure to find something that's a perfect fit for your child. Registration for most camps begins April 1. Check-out the new [Spring 2015 Tempe Opportunities Brochure](#) and the [Summer Camps web page](#) for a preview of Summer Camps.



SPLASH INTO SPRING AT THE KIWANIS WAVE POOL

This spring the fun comes in waves at the Kiwanis Recreation Center's (KRC) indoor, heated wave pool, 6111 S. All-America Way, Tempe. Join us as we release the waves and usher in pool season from 1-5 p.m. on Saturday, March 21 and 28.

Beginning in April, the waves will run on weekends through the month of May. Families are invited to come down and make a splash from 1-5 p.m. on Saturdays and Sundays.

Admission for visitors 13 years and older is \$7 and all swimmers from ages 2-12 are just \$5. Get all the details at [www.Tempe.gov/Waves!](http://www.Tempe.gov/Waves)

HELP SCULPT THE FUTURE OF ART IN TEMPE

The City of Tempe needs your help in planning for the future of the arts in our community. We've extended the Tempe Arts Plan survey deadline to March 8 and we'd like your feedback regarding the areas of performing art, visual art, public

art and writing, as well as the types of events that should be featured at the Tempe Center for the Arts. Visit www.Tempe.gov/TempeArtsPlan to take the survey today!



SAVE THE DATE

Thursday, March 5

Geek's Night Out

4-7 p.m.; [Tempe City Hall](#)

Thursday, March 5

Spring Training Home

Opener - Angels vs. Brewers

1:10 p.m.; [Tempe Diablo Stadium](#)

Saturday, March 7

Tempe Cares Day

Tuesday, March 10

Spring Training Charity

Game - Angels vs. Rangers

1:10 p.m.; [Tempe Diablo Stadium](#)

Friday, March 13

Fabulous Friday Night Dance

6:30-9 p.m.; [Edna Vihel Activities Center](#)

Monday, March 16

Spring 2015 Classes Begin

Tuesday, March 18

Experience Corps Volunteer Information Session

10 a.m.; [Tempe Public Library](#)

Friday, March 20

Free Art Friday

9:30-11:30 a.m.; [Edna Vihel Activities Center](#)

Saturday, March 21 & 28

Spring Waves

1-5 p.m.; [Kiwanis Recreation Center](#)

Saturday, March 21

Just for Kids Fishing Festival

7 a.m.-1 p.m.; [Kiwanis Park](#)

Saturday, March 28

College Connect Workshop

10 a.m.; [Tempe Public Library](#)



To receive up-to-date information about exciting events and opportunities happening between Connecting Tempe newsletters, become a fan of Tempe Opportunities on [Facebook](#).



PLAY LEARN LIVE GROW

www.tempe.gov/recreation